



*Empowering Females
with Asperger Syndrome*

Aspergirls

RUDY SIMONE

Rudy Simone

Aspergirls: Empowering Females with Asperger Syndrome



[continue reading](#)

The image of coping well offered by AS females of any age group can often mask difficulties, deficits, problems, and loneliness.*Gold Medal Winner in the Sexuality / Relationships Category of the 2011 IPPY Awards** Honorary Mention in the 2010 BOTYA Awards Women's Issues Category *Ladies with Asperger's Syndrome are less frequently diagnosed than males, and even once symptoms have been recognised, help is often not readily available. Because they recount their stories, anecdotes, and wisdom, she highlights how variations between males and females on the spectrum are mostly a matter of perception, rejecting negative sights of Aspergirls and empowering them to lead happy and fulfilled lives. Rudy Simone guides you through every part of both personal and professional lifestyle, from early recollections of blame, guilt, and savant skills, to friendships, romance and marriage. Employment, career, rituals and routines are also protected, along with depressive disorder, meltdowns and getting misunderstood. Like the reflections of over thirty-five women diagnosed as on the spectrum, in addition to some partners and parents, Rudy identifies recurring struggles and areas where Aspergirls want validation, information and tips. This is a must-have handbook written by an Aspergirl for Aspergirls, young and old. This book will be essential reading for females of any age identified as having AS, and the ones who think they could be on the spectrum. It will be of curiosity to partners and loved ones of Aspergirls, and anybody interested either professionally or academically in Asperger's Syndrome.



[continue reading](#)

. Furthermore, I've male close friends with a far more "female" Aspie display profile. If I had been diagnosed through the DSM-IV era, the diagnosis would have been Asperger's. I was identified as having Autism Spectrum Disorder following the DSM-V came out. For full disclosure, I'm a long-time neurodiversity advocate and an autistic adult female (26 years old). I simply didn't. I am struggling to describe my diagnosis and how it impacts me to parents and friends, and I saw that this book was strongly suggested so I thought I'd test it out for. But I take advantage of it to grow and become an improved person (and, with regards to as an aspiring artist/article writer/poet, I've learned to *thrive* on criticism, as without it I would never be able to improve my art! Really I would say the only audience that might reap the benefits of reading this book will be recently diagnosed 11- to 13-year-old young ladies and their parents. Here are some of my problems with the book:- It really is written in an exceedingly childlike voice, in very easy terms. This is best for people with an elementary/middle school reading level. Gift Gift Proud mom of an incredible child who is an Aspie and proud. Instead I get a book filled up with generalizations/stereotypes and observations performed by one person (the author) with a small sample size of ladies via cherry-picked quotes. I would never give this publication to my mom to read because the "Advice to Parents" sections are sometimes written in the same sort of condescending/coddling tone, and does not address neurotypical parents in ways that are more available to them *as neurotypicals*--which I believe is really very important to books like this." Somebody who spends lots of time learning and self-reflecting can in fact have a *better* handle on themselves and their issues than others perform. Also no indication that encounters of gender, including gender nonconformity, exist..?- At some point it posits that folks with Asperger's may be psychic. It also espouses reiki, chi, and other similar New Age beliefs, including a section that discusses Aspergirls as being gifts from God. The book will not market itself as being religious or New Age, but this is essential to say, as readers might not possess these same beliefs.- The author tends to generalize her own experience to all or any Aspies and, despite input from a number of different autistic women, fails to acknowledge the variations in presentation along the entirety of the autism spectrum. Or do she have someone coddle her and hold her hands through the entire task and say that each phrase she wrote was gold?" Perhaps she was emotionally immature, but I don't think that is an required aspect of the autistic condition. I've actually had my neurotypical mother tell me things such as, "you're a lot more emotionally mature at 26 than I was. The complete point, I thought, would be to bridge the gap between those on the autism spectrum and the ones who aren't. That doesn't make the social skills deficits go away--in truth, it can in fact cast them in sharpened relief. The book fails to really address the root causes of social skills deficits, etc., that is unfortunate. Another example is certainly her insistence that ladies on the spectrum struggle with selective mutism. That has never been a issue of mine, altho' I have struggled with slurred speech and stuttering, a thing that she relegates to the man side of the spectrum.- Further to that..this book includes a very small and limited target audience I actually really wanted to like this book. while I definitely agree that men and women on the spectrum typically within vastly different ways, she fails to correctly acknowledge the overlap between so-called "male" and "woman" presentations of autism--actually, come to think of it, she fails to really explore this topic at ALL, other than a bit in the appendices.). at a certain point the writer says something to the result of, it is important to under no circumstances criticize an Aspergirl. I was ready to like it. What I'd have liked to observe is for her to have completed a far more thorough compare-and-contrast between your different gendered presentations, with an acknowledgement of the overlaps aswell, rather than relegating all of that to the back of the publication.- Actually, guess what happens, in general the

writer has some extremely sadly stereotypical sights of men and women. I was surprised at just how much of it resonated with me...- The book does not acknowledge that some Aspergirls may not be straight. Some women may not desire to romance a guy! This reserve was published this year 2010. It really ought to know better than this.- The personal anecdotes were a good touch but I think they were managed poorly. They appeared at random and the quotes were sometimes very starkly divorced from their initial context. I'd have liked to start to see the text message arranged better. I also believe the author could have used some more hard data to back up her statements sometimes.- Another thing.I wanted a book based on scientific evidence comparing man/female brains with aspergers and autism. I understand what it's prefer to be super delicate and consider criticism very difficult. But I am not really susceptible to crying meltdowns, and I do stutter. Condition was much better than expected Great addition to my office collection! EVERYONE, autistic, neurotypical, and everything in-between, must be taught how to accept constructive criticism and use it to grow and better themselves. People also have to learn how to graciously deal with negative criticism--how to grow a thicker pores and skin and filter haters and trolls and bullies when they do back their ugly heads.. This book did not clearly communicate its target audience, therefore i thought that it would appeal to both teen women and adult women on the spectrum. I really do believe that my social skills are better generally than that of my autistic man peers because I was groomed and educated to become more social by culture, since women are said to be the social ones. Many thanks Rudy Simone I bought this book a couple weeks ago and read it with a highlighter at hand. Did she possess an editor help her slice things out, enhance the initial few drafts, make it better? For instance, she perseverates on her behalf assertion that Aspies are "emotionally immature. I would hope it had been the former. That's what writers need to be remembered as better writers. I think telling parents to shield their children from criticism is very dangerous advice. (Of course, it is important for parents not to become judgmental and crucial toward their children, which is a different idea altogether from never offering any constructive critique or guidance. Essential read for parents, and Aspergirls just about everywhere! *Unless* you're a middle-school woman (or the mother or father of a middle-school young lady) who was Simply diagnosed and knows NOTHING about autism, and who believes or is open to spiritual/New Age group stuff, and who is completely right and believes in gender functions, then you will want to skip out on this book for certain. and while We definitely have a "silly switch" I've felt just like a 35 season old since We was 15 I'm a young woman on the autism spectrum and I strongly agree with the negative assessments of the existing top reviews. The author believes that her very own highly personal encounters as a woman on the spectrum are universal features of "aspergirls", espouses unscientific and new-agey non-sense, and draws false boundaries between "masculine" and "feminine" autistic traits. That can be very dangerous to a great many other aspies that go through this and feel they cannot relate. Must Browse! I'm a sensitive person and have a tendency to take people literally, but I'm also properly capable of accepting criticism in addition to looking critically at other folks and enforcing my own boundaries. One size will not fit all. Empowering Indeed! Every single line references finding a man/hubby/boyfriend (and yes, I am engaged to a woman).. Given the large overlap between the autism and transgender communities this sensed especially tone-deaf.This book seems to have been one of the earliest books on the knowledge of autistic women, which explains the high ratings, but I would absolutely pass on this one. The tone was completely different but alternatively suggestion I enjoy Neurotribes for a deep, coherent, and delicate exploration of autism. I question the type of constructive feedback Simone had on this book which writing project. She does not issue society's division of characteristics into "masculine"

and "feminine" and does not acknowledge that stereotypes are stereotypes, but instead treats them like rules or laws of character. I have not been diagnosed with Aspergers but have already been suspecting for the last few years that I would become on the spectrum. Very helpful, well-written, easy to follow and enlightening. Obsessive and a picky eater. Very informative. I found reading this publication to become a very emotional knowledge, as it raised so many thoughts of difficult encounters I have been through. But I also experienced almost overwhelmed with relief, as I feel like I am finally determining who I am. Today I have ordered one of Rudy Simone's other books, and placed a few by other authors on my desire list. I am very thankful to the author because this publication has made me feel better about things. Author is well known for supporting pseudo-science I don't see how anyone of scientific mindset could tolerate this reserve. Amazing book and offer! Reading a few of this made me feel even more alienated because I seemed to be actually weirder than some of the generalizations/stereotypes in this novel. There have been parts of this book I identified with, mostly anecdotes smattered throughout, but as a whole I felt alienated. As a 52 yr old simply discovering I'm an Aspergirl, this reserve gave me thus many aha moments and explanations of my behavior, I feel like I can today embrace my differentness without breaking my back again to try and be considered a chameleon.. Sometimes it comes across as condescending. It is not really geared toward an audience of highly smart and verbal autistic youthful adults--which is ironic, because a good part of the book discusses how motivated and smart Aspies are generally. Nice to read about the perspective of people with autism, and there's some great suggestions to both parents and Aspies. The reserve is just a little outdated and some of the "science" isn't fact-based. I was hoping for information about developmental phases, and how exactly to support development of my daughter's executive functioning. I didn't find that, but I would recommend the book for an improved understanding of the knowledge of an autistic woman. I believe that is terrible tips. The author does not acknowledge that not many people are straight, which felt ridiculous given that this was published in 2010 and there was a whole chapter on romantic relationships. It just reads as a feel-good book for people that want to feel self-righteous. Just what a relief! I would recommend this publication to Aspergirls, parents, family members and friends. I go through it in 2 days. I've always been socially awkward and shy; "Aspergirls" were described as being very naive and childlike throughout, even though I certainly have a "silly switch" I've felt just like a 35 year aged since I was 15. Wonderful resource.) This review gets really long thus I'm gonna lower it off here. There exists a huge hunk of pseudo science, and Simone herself even said in recent blogposts that she healed her aspergers with adjustments in diet, blah blah etc. I was satisfied overall with everything Informative. Wonderful book. Helping me understand my wife so much better. Five Stars Great book. Offers you good info from different factors of perspectives. I have known for a few years that the health problems I have (digestive issues, gluten intolerance, gentle epilepsy, sensitive pores and skin) are common to people on the spectrum, however in this book I identified myself in so a great many other areas as well.



[continue reading](#)

download Aspergirls: Empowering Females with Asperger Syndrome pdf

download free Aspergirls: Empowering Females with Asperger Syndrome fb2

[download free 22 Things a Woman Must Know If She Loves a Man with Asperger's Syndrome txt](#)

[download Art as an Early Intervention Tool for Children with Autism mobi](#)

[download free Islands of Genius: The Bountiful Mind of the Autistic, Acquired, and Sudden Savant epub](#)