



SISTERHOOD of the SPECTRUM

An Asperger Chick's Guide to Life

Jennifer Cook O'Toole

author of
The Asperkid's (Secret)
Book of Social Rules

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Sisterhood of the Spectrum: An Asperger Chick's Guide to Life



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Aspie-in-the-know, Jennifer Make O'Toole provides just that with her inspirational guideline alive for teenage girls with Asperger syndrome. Search no further! Spectrum gals, ever wished you had a handbook to help navigate the confusing world of teenage girlhood? Drawing on her behalf own, real-life experiences rather than preaching from textbooks, she covers all you need (and desire! With illustrations by an Aspie teen and inspirational quotes from well-known, female Aspie voices, including Temple Grandin, Rudy Simone, Robyn Steward, and Haley Moss, Sisterhood of the Spectrum is certainly your ideal companion on the "yellow brick road" to womanhood.) to learn, from body shapes and love passions to bullying, friendships and how exactly to discover and celebrate your specific, beautiful self. It'll leave you empowered, educated and excited to be different.



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This reads more like a sorority for the skilled, high achieving, popular, pretty, spoiled, tactless, wealthy lady blessed with every chance. Who lack performing talents? I bought it for my asperger girl daughter (17) but go through it first myself. Great read! I wish someone had given Me personally this book years ago when I was in high school! It is easy to read and full of great suggestions and types of how a girl can empower herself and feel great about who she is. This fits in to her other Asperger books well!. While she continues to discover who she actually is." For anybody gals out there questioning if you might be an Aspie as well that is a great publication to start with. Good book for any gals away there wondering if they might have Aspergers. I am so glad I acquired this book. More the other I was able to state "omg it's like she KNOWS me personally! Any female on the spectrum, and her loved ones, will benefit from this book. Not everything she said match specifically but that's to be likely as we are different people. For certain she covers enough experiences to be able to liken something she says for you if you are certainly also an Aspie gal. Males and females really do "look" different within their Autistic traits and that is an important aspect to take when self reflecting and this book actually helped me find that. The writing style was soft and well formed. I am already likely to buy another reserve from this author soon. Awesome book for just about any girl/woman on the spectrum or if . This is a 'guide' after all, so it's easy to pick up, grab what you need when you need it and move forward a lot more empowered.. O'Toole strikes a humorous stability between really useful assistance and knowledge that resonates.. It isn't. She really liked the publication. lost that thought must be my Aspie mind. Five Stars Very informative Best anti-bullying book for all quirky girls You may mask it well, but in the event that you know you're a quirky girl inside and/or out - read this book!! moments to commit to memory. I love it This book helps me as I've Asperger's. I'll recommend it to anyone who is needing help understanding life Five Stars Invaluable resource for women and parents of girls on the spectrum. Thank you Jennifer! I must say i liked the way that it was organized and easy to read. Excellent book Bought the publication for my 13 calendar year old grand girl.. Her parents sat with her after reading each chapter and discussed what she had go through. They actually liked the book too. Recommend it and am going to look for the others she's written.. There is no need to read this publication cover to cover. I wish this book have been out when I was a teenager! This book is full of "woman power" and allows the reader to realize that she can be not by yourself and that she actually is uniquely special just the way she is. Will keep searching Likely alright for high functioning spectrum girls but is a miss, even misunderstood, by girls, teens and young women not method up there. Plenty of Asper-ations! If you are a teenager girl, know or like one, or just have to know what it's prefer to be one, you need to get this book. She tells it enjoy it can be and breaks items down.. Maintain it bedside. There are many laughs and ah-ha! I've suggested it to all of my autism organizations. Awesome book for just about any girl/woman on the spectrum or if you know a woman on the spectrum, or. Keep looking In my quest to discover a book for my 17 yr old to recognize with additional girls who struggle with Aspergers, I ordered this. The title and description promised to be just what I wanted.. I'd strongly hesitate at hand this to any AS lady. I feel the writer definitely shows her aspergers in full force in her composing. What about AS ladies who aren't strong in academics? Who nothing comes easy for? Or A type. Yes, she does mention each gal on the spectrum differs, but her focus is only on one type. Her type. This book is wonderful. Who are introverted and have a problem with conversation? Who don't have drive or passion to accomplish goals, but rather feel overwhelmed when faced with choices? The types whose concern with failing is so true, that they defeat themselves down without ever attempting? The peaceful, kind, non athletic, and clumsy type? Sisterhood? No. Sisterhood means room for all women. Superb resource! How is a girl who isn't those ideas suppose to relate and experience included? 1 celebrity for the illustrations and readable design. I'll keep looking.



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