



UNDERSTANDING AND TREATING SELF-INJURIOUS BEHAVIOR IN AUTISM

A MULTI-DISCIPLINARY PERSPECTIVE

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Understanding and Treating Self-Injurious Behavior in Autism: A Multi-Disciplinary Perspective



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Self-injurious behavior occurs in almost half of those with autism and is normally probably the most devastating and challenging-to-treat behaviors. They explain the procedure options available for SIB, including nutritional, medical, psychiatric, sensory, and behavioral approaches, and present how an integrative approach to treating self-injury may be effective for some. Medical and behavioral researchers have studied SIB for over 50 years, but many practitioners and parents remain unfamiliar with the wide range of contributing causes and treatment options. With contributions from the leading experts in study and treatment, the book provides a comprehensive evaluation of self-injurious behavior (SIB) in people who have Autism Spectrum Disorder (ASD) or related developmental disabilities, and the different methods open to treat them. Beginning with a conclusion of SIB and its own various forms, the contributors outline the many possible underlying causes of self-injury, such as for example seizures, hormonal imbalance in teenagers, gastrointestinal conditions, allergy symptoms, and stress, and present how a multi-disciplinary approach when uncovering the causes of self-injury can result in successful treatment strategies. There are various forms of self-injury, such as head banging, hands biting, hair pulling, extreme scratching, and much more. The book will be a great addition to the bookshelves of any practitioner working with people who have an ASD or related condition, in addition to parents and direct care providers.



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.... The behaviors are so challenging and we are in need of all of the tips we can get to help our family members. I recommend for any father or mother of an autistic kid to read this book, is essential, you will discover and learn so a lot of things with this reserve please read it.. Highly recommend reading this to anyone with a member of family with Autism who suffers from self-injurious behaviors. Fantastic book! I recommend for any mother or father of an autistic child . Fantastic book! I'm so glad this is just published ..Highly recommend reading this to anyone with a family member with . This book has helped me so much.I'm so glad this was simply published - there's so small on this topic! Five Stars Very good book, great information. I needed that book 20 years ago. Five Stars Excellent



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