



Developing Flexibility Skills in Children and Teens with Autism

The SP Approach to Thinking, Learning and Behaviour

LINDA MILLER

Includes CD-ROM
of PRINTABLE
RESOURCES

Linda Miller

Developing Flexibility Skills in Children and Teens with Autism: The 5P Approach to Thinking, Learning and Behaviour



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Using the concepts and philosophy of the author's unique 5P strategy, this book provides a comprehensive framework by which to aid children and teenagers with autism and related disorders in developing versatility skills and improved independence. Typified by a lack of adaptability, rigid behaviour, narrow interests, obsessions and poor problem solving skills, limited versatility is often the reason behind behavioural difficulties and presents a significant barrier to learning, interpersonal development and independence for students with autism and related disorders. It provides a number of useful tools for flexibility assessment and intervention planning at individual and organisational amounts. The book offers a means of reducing behaviour issues which arise from poor versatility. It explores the links between flexibility and participation, introducing further assessment tools and tips. The book is along with a CD-ROM of useful resources which will further support practice. Packed with resources and practical ways of improve flexible pondering, this book presents a thorough approach for teachers and other professionals who support kids and young people with autism and related disorders.



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