

ADULTS on the AUTISM SPECTRUM

Leave the Nest

**Achieving
Supported
Independence**



Nancy Perry

Nancy Perry

Adults on the Autism Spectrum Leave the Nest: Achieving Supported Independence



[continue reading](#)

This book provides practical and accessible guidance for parents, therapists, people who have ASDs, and a person with an interest in helping people on the Autism Spectrum lead their lives with a feeling of dignity and independence. The writer explains the importance of the cognitive skills that enable us to regulate behaviour and adjust to changing situations, known as Executive Functions, and how an individual's deficits of this type can be especially problematic in the adult globe. Adults on the Autism Spectrum Leave the Nest offers a guidebook for parents on how best to prepare their children for adulthood, and describes at length the kinds of services people who have Autism Spectrum Disorders (ASDs) need in order to live independently, away from the parental home. This book demonstrates, with the appropriate lifelong treatment from parents and carers, it's possible for all those with neurodevelopmental disabilities to attain supported independence and live fulfilling adult lives. The book provides approaches to managing Executive Function Deficits and describes a forward thinking therapeutic program that successfully allows adults with ASDs to live making use of their peers and develop meaningful mature relationships. Kids on the Autism Spectrum frequently grow up to get they are unable to cope effectively with the challenges of adult life.



[continue reading](#)

How I wish this book had been obtainable to help our family over those many years. His deficits are therefore subtle they are often misunderstood by the people who know and care about him. By reading and rereading this reserve I understand this month that my ADHD young lady probably is definitely/was on the autism spectrum. There are plenty of books that address the requirements of kids with an autistic spectrum disorder (ASD), but none that inform parents to help their kids live independently once they reach adulthood. I have currently ordered copies of the book for them. This highly accessible book springs from Dr. Perry's personal experience developing up with two sisters with disabilities along with her extensive clinical experience dealing with adults with ASD. I need to forgive days gone by, but I am happy that other people like me are receiving the help they want, this book as an example, so that they will not be in the problem I was in, and ideally won't feel just how I do. I have been utilizing the ideas that I acquired from this publication. Dr. Perry provides down-to-earth explanations of complex constructs, like initiation, self-monitoring, impulsivity, empathy, and emotion and interest regulation. Her publication is a positive voice in planning the changeover to adulthood. The tone is normally positive and supportive without shying from the very real complications that ASD presents. This book as an essential resource for therapists, employers, parents, concerned family, and anyone else who cares about and works with adults with an ASD. The many case examples capture the essence and uniqueness of adults with this complex condition. Helpful and Resourceful This book has been very useful in giving hope and insight to an area of autism that there is not much written about. It is both helpful and a satisfaction to read. This publication spells out the ways that poor executive function problems people who have autism, making it problematic for them to set goals, live purposefully, deal with finances, maintain work and perform the chores of everyday living. The author is very knowledgeable about autism and executive functioning, and about the issues parents confront in lifestyle planning for their autistic children. He's so shiny that I am continuously amazed at the issue he has with "simple things", like following a recipe. I needed a roadmap to check out as I guide him toward independence. I was also searching for guidelines for a member of family who may become guardian when I am gone. I highly recommend it. title slightly misleading. Loved it! It may be too late for us to pull it off since we are in our 70's but I strongly recommend this book. The book is quite readable, clear and easy to assimilate. Excellent! Exposing the hidden disabilities of some extremely bright folks As my son with Asperger's reached adulthood We sensed that he would have a difficult period living independently, but I couldn't define the ways that he'd need help. Hit The Nail On The Head I've read this book and thoroughly enjoyed it. And a bonus: She describes these and various other executive features with such clarity that after scanning this book you will find higher insight into not only your son or daughter's behavior, but also into the workings of your own brain. It is a wonderful resource for parents. There exists a potential plan in this book for leading your son or daughter to become an independent adult. I would recommend it highly. Excellent Book! An absolute must have for parents and providers. This is also a great book to help you prepare for what is to come! She presents an excellent balance of 1st person reports, case good examples, clinical information, and practical suggestions. Nancy Perry offers good direction and wonderful versions to use at home. Good resource for anybody who comes with an adult child on the autism spectrum. I simply wish there have been more programs like the one she describes and offers been involved in! I think the author has a true knowledge of autism plus they have implemented some great ideas. A lot of people my age were shifting out and I experienced left out. A very good read. Adults on the Autism Spectrum Keep the Nest We have been a child advocate for more than forty years since my youngest child had unidentified issues that kept her from conformity. As this author points out, in the 1960's ADHD was just beginning to be regarded. Her youngest boy has resided with me for over six years and was finally labeled Aspergers. Informative, available, and a pleasure to learn As a psychologist with a solid background in neuropsychology, I am delighted at the unique contribution this reserve makes to my field. The writer knows the topic. How rare that is in the wonderful world of

syndroms and disability! I've a particular interest in ASD due to my 25-year-old nephew whose hydrocephalus offers still left him with many executive function deficits which have considerably affected his ability to live individually, keep employment, and function socially. What a shock that I hadn't figured that out before. The subject is one seldom addressed in autism circles. The author has good academic credentials, but her wisdom originates from years of assisting autistic individuals live their day-to-day time lives. It brings understanding and, most importantly, it brings hope. Essential read! Five Stars Great insight and fresh knowledge for parents seeking support Hope I remember being a 24 year old in 2006 and having trouble finding full-time, permanent, substantial work. For this reason, I could not really move out of my parents' house and into an apartment. Oh, how I wish we had a program like this near our home. I remember somebody, a bully who was simply insecure themselves, stating, "You're HOW outdated?" when she found out that I resided with my parents. This stayed with me because I was already so insecure. Years later on, around age 30, I would finally be properly diagnosed and get the help I needed. It meets parents their current address, addressing their expectations and fears as well as offering practical information for coping with the everyday issues unique to this population--challenges like managing money, lying, making friends, being sexually active, honoring commitments. Definitely worth buying Very helpful insight on the needs of adults about the spectrum, good information on what is available and what to look for. Having read this book I now realize why total independence is not an authentic goal for my son, but that with appropriate support he is able to make a satisfying existence for himself. This book was interesting, however, not what I expected, based on the title. The majority of the book dealt with the author's experience dealing with adults in assisted living-type arrangements, rather than advice on how these adults could obtain independence. The message is sobering, but not depressing. This book helped me with my son on his transition from a teenager to an adult. It addresses parental guilt and acceptance with the compassion and insight.



[continue reading](#)

[download free Adults on the Autism Spectrum Leave the Nest: Achieving Supported Independence fb2](#)

[download free Adults on the Autism Spectrum Leave the Nest: Achieving Supported Independence pdf](#)

[download free Asperger Syndrome and Anxiety: A Guide to Successful Stress Management fb2](#)

[download free Liam Wins the Game, Sometimes: A Story about Losing with Grace \(Lovable Liam\) pdf](#)

[download Lovable Liam: Affirmations for a Perfectly Imperfect Child mobi](#)