

With a new  
introduction to the 10th anniversary  
edition of the original

# The Complete Guide to Asperger's Syndrome



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*Tony Attwood*

## The Complete Guide to Asperger's Syndrome



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Chapters examine: \* causes and indications of the syndrome \* the diagnosis and its own effect on the average person \* theory of brain \* the perception of emotions in self among others \* social conversation, including friendships \* long-term associations \* teasing, bullying and mental medical issues \* the effect of AS on language and cognitive skills, sensory sensitivity, movement and co-ordination skills \* career development. Right now including a fresh introduction explaining the effect of DSM-5 on the medical diagnosis and method of AS, it includes a wealth of info on all areas of the syndrome for children to adults. Drawing upon case studies and personal accounts from Attwood's extensive clinical experience, and from his correspondence with individuals with Because, this book is normally both authoritative and intensely accessible. The Complete Information to Asperger's Syndrome is the definitive handbook for anybody suffering from Asperger's syndrome (AS). 'I usually say to the child, "Congratulations, you have Asperger's syndrome", and explain that means he or she is not mad, bad or defective, but includes a different thought process. Important reading for families and people affected by AS in addition to teachers, professionals and employers pressing people with AS, this book ought to be about the bookshelf of anyone who needs to know or is interested in this complex condition. Additionally there is an invaluable frequently asked questions chapter and a section listing useful resources for anybody wishing to find further information on a particular facet of AS, and also literature and educational tools.' - from The Complete Guide to Asperger's Syndrome



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Don't waffle on this purchase, just do it. I acquired heard about Asperger's before, but every description of it I heard or go through was brief and focused on only a few traits of the condition and cases which were moderate to severe. I was totally unacquainted with the long list of more subtle traits such as sensory sensitivity, stimming, and that not everyone with AS is completely blind to nonverbal social cues. There is remarkable variability among people that have AS, and every specific trait is present on a spectrum or could be expressed in different ways, plus some traits might not be present at all. Tony Attwood's publication went into far more fine detail than anything I came across on the web and was based more on his 40 years of experience actually dealing with and getting to know and understand Aspies compared to the few bullet points of the DSM. I'd have felt this book was much stronger if the author took the time to acknowledge there is debate around this issue locally. It also explained why other folks react to me the way they do. The Complete Instruction to AS helped me immensely in understanding myself, why I am so different, and how I can better succeed in life and also have positive relationships. I would highly recommend this book to anyone attempting to learn about the problem and cannot thank Dr. What people with Aspergers have trouble with is intuiting sociable communication, but that can happen to anyone in specific circumstances - such as traveling to a very different culture. Thank you! Thorough Guide. He is able to write for a mother or father to understand the syndrome, and most importantly to comprehend how your kid THINKS. Because they don't think like you perform. That doesn't make them bad, or wrong, just different enough to need a translator. If your child is lucky you'll stumble upon this book and find out about how your kid sees the globe: what they notice, what they don't, what makes feeling to them, and what doesn't. It's a guidebook for individuals who like Aspies and want to greatly help navigate them through lifestyle without shaming them, or building them feel bad about how these were born. I highlighted the things which I linked to, and/or that i found particularly enlightening and when I was carried out I noticed that quite literally a lot more than 85% of the book is covered in yellow highlighter. A tremendously enlightening information to level 1 autism complete with tips for coaching through particular social communication struggles. We buy this again and again to provide away. This book really is a good representation for Autistics A tremendously enlightening information to level 1 autism complete with . Now I Understand It is wonderful to know that We am not mad. Said she enjoyed the information. This book is AMAZING. This book explained everything I simply couldn't understand about who I am. I repeatedly noticed myself in his descriptions and was shocked and excited to occasionally even see specific terms or phrases I got used myself (having difficulty with "the machine" for example). My mom didn't reject me, she thought it had been her fault I was different. And now I understand that I don't have to be afraid on a regular

basis. There is substantially more to read and take on board. Very little, that is no surprise, about adults. Many thanks Tony Attwood for writing this book. Only one viewpoint I don't feel Theory of Mind adequately or pretty describes what is really heading on with Aspergers. Certainly there are social issues, but to say that people with Aspergers, specifically adults, don't understand that other folks have minds and feelings is just untrue, and that's what the most rigid proponents of Theory of Mind are still trying to assert. Proponents of Theory of Mind may even assert the individual with Aspergers lacks feelings or caring. While I don't feel this author is going to these extremes, enough of the proponents of Theory of Mind have done so in a way that is usually deeply flawed and discriminatory against people with Aspergers. Including ToM in this book dilutes what's otherwise a very compassionate tone. Learning how exactly to improve public abilities can only be possible for people who do, in fact, realize that they and other folks possess varied thoughts and emotions. Attwood enough for creating such a publication and sharing his experience. I found his publication to be incredibly insightful and an invaluable source for anyone who wants to understand the condition. If I had bought this reserve initial I wouldn't have needed other things. This book covers most areas of Asperger's Syndrome and tells how those manifests from childhood to adulthood. It's a full sized textbook type of book (and anyone who has gone to college knows that textbooks can sell for up to and over \$100 - it has as much info as a textbook IMO but at under \$20 is merely a complete steal) but I couldn't put it down. This truly should be required reading for anybody with Asperger's, anyone with a family member with Asperger's, anyone who ever thinks they could ever know a person who may have Asperger's, and certainly each and every psychologist and teacher, sociable worker and child treatment provider should take time to read. I'd say this is the single most important item I've read or seen among a sea of info on the web, in TED Talks, on television, etc. I cannot probably recommend it plenty of. My kid is much happier with a family who understands him and will help him make connections and who is able to intelligently describe how he's different to others who haven't go through this book. It is that good. Life-Changing I have felt "different" my whole life and have frequently described myself as an alien. Great publication for parents not for partners It really is everything you need to learn about aspergers in children and adolescents. The writer could probably offer a money back guarantee and never fork out a dime, it's that good. Gift Gift Awesome book So clear and full of understanding. It's that important.. This is a fantastic publication for parents of children on the spectrum. God bless Tony Attwood. I haven't gotten to the chapters on sensory integration yet but hoping they'll be as informative because the first five. Must have Very well written and you also don't have to be a psychologist to comprehend it. Good source book Bought for a pal who is suffering from

this genetic disability but is high-working and intelligent. That I am just uncoordinated rather than trying to hurt myself. I desire I had this text (and knowing of my own autism) at a very much younger age. That my get away into imagination doesn't mean that I am insane. I need no other material other than this This book is AMAZING. I want no other material apart from this. I can't imagine anyone regretting it. I desire my parents got known about this book when I was young. I'm a partner of an aspie and we struggled for a long time. One day the focus will be on adults and no they don't simply grow out of it.. Best, move favorite reserve about Asperger's Syndrome and I've read plenty I've read plenty of books since our diagnosis for our son, and this one did the best job. I read this publication in two times flat. It gives an in depth description of how the academic and social world fails and harms Aspies throughout their whole lives. The comparisons of Aspies and NTs clarifies Aspie behavior the NTs, and provides Aspies insight into NTs.



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