

MAKING SENSE OF SEX



A Forthright Guide to Puberty, Sex and
Relationships for People with Asperger's Syndrome

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Puberty is a time of huge change in the physical body, in emotional encounter and in social associations. Making Sense of Sex is a thorough guide written in unambiguous language with helpful diagrams, explanations and practical advice for young people approaching puberty and past. This book is fantastic for those that need clear, detailed explanations and direct answers to the many questions raised by puberty and sexual maturity. She examines emotional adjustments, including moods and sexual emotions, and provides comprehensive details on sex, sexual health insurance and reproduction. Sarah Attwood describes advancements in both the male and female body, and explains how exactly to maintain hygiene and personal treatment, also to promote general good health. She appears at the type of friendship, how it adjustments from childhood to adulthood and its own importance as a basis for sexual encounter. She also offers coping strategies for different social encounters, from bullying to dating, and includes essential tips about the politics of mature behaviour, such as for example understanding the difference between open public and personal topics of discussion. Having an understanding of the developments and learning how to approach them is essential, and for those who have Asperger's syndrome it can be a challenge to access grips with the sociable and emotional aspects of puberty, sex and associations.



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Wonderful, forthright book for those who need straight talk wireless, not euphemisms. I am very grateful because of this book as my son gets into the teen years. We try to have forthright conversations, but I'm sure this reserve covers more stuff than I ever can, in matter-of-fact language. I know that when I was a teenager with hard-to-ask questions in the 1960s, it would have already been a godsend. Thorough The book was a thorough guide to physical maturation and sexuality, but missed it ideal for understanding issues unique to Asperger's and approaches for dealing with those issues. In order to maintain euphemisms and kind of the straight and narrow, this is simply not the book for you, as there are frank discussions about STDs, varying forms of sexuality, several sexual works, etc, but I believe it's ideal for my high school son, who's likely to be hearing items from his public senior high school anyway. In this manner, between this publication and me, I know he has recourse to even more factual information. I bought this book for my child with Asperger's Syndrome ..Clear, factual, informative. But as a dad of a young guy on the autism spectrum, I find the book includes a special value if you ask me: it versions a means of talking to teenagers about life that everybody--parents, teachers, doctors, therapists--should emulate. When she asks me something and I'm concerned that I cannot provide her with right information, I just tell her to look it up! Ideas are described in a way that teens on the spectrum can understand. Everything you want to teach your child about sex and puberty This book has been very helpful going back year I've had it. Anytime my son includes a question and I want to make sure he is getting accurate info we head to this book. Precisely what my boy required and what I wanted for him. Would recommend extremely. Excellent for everyone. a terrific book This is a wonderfully valuable book. Five Stars Great and descriptive book. Frankly, neurotypicals like me probably could have utilized a book like this! Excellent! Mostly for youth This is a simpler book for pre-pubecent and adolescent kids.. Answers the questions in an easy, factual way. He understands it and feels better that he is getting information and not simply guesses or opinion. The Henault reserve on Aspergers and Sexuality is better for adults. Bracingly obvious and comprehensive, it really is one that any person with Asperger's Syndrome could switch to with confidence and pleasure. A lot more than that, though, it's a book that a person with any questions at all about sex would discover useful. It talks straight-forwardly about a number of sexual topics, self-care and attention, relationships, etc. I bought this publication for my child with Asperger's Syndrome because she had begun to ask queries approximately sex that I could no longer answer accurately. With uncanny intelligence and sensitivity, Sarah Attwood writes in a tone that's respectful, good-humored, reassuring, and utterly frank. This distinctly friendly way of conveying details deserves cloning on a global scale.



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