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# Qigong Massage

for Your Child with Autism

A Home Program from Chinese Medicine

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Foreword by Dr. Anita Cignolini



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## Qigong Massage for Your Child with Autism



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jkp. This book teaches parents a straightforward qigong massage program that is developed designed for the demands of kids with autism spectrum disorders (ASDs).With step-by-step instructions and accompanying downloadable video content demonstrating the technique in action, this publication offers parents clear guidance on how to adopt qigong therapeutic massage into their child's day to day routine successfully. Also included is usually information on diet, suggestions on reading a child's body language during massage, and helpful progress checklists. The program is based around a core 15 minute massage that, when performed regularly, has been shown to greatly improve mood and behavior, sleeping patterns, and language and interpersonal skills.Qigong massage is the ideal therapy for parents searching for an alternative solution way to fortify the mind, body and sensory abilities of their youngster with autism aged 6 and less than. Previously released with a Dvd and blu-ray, this material is now available online from [www.Qigongmassage.com](http://www.Qigongmassage.com). Qigong massage has been used in China for thousands of years as a way to attain health and wellbeing, and to treat a multitude of ailments.com.



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I actually was expecting the reserve with a dvd movie included unfortunately there is no dvd and it had been confusing to the massages simply by reading the book. Simple enough or overwhelming. The study is documented. He looks forward to his special message and enjoys considering the guided page that enables him know what movement is next. This book includes a DVD, the therapeutic massage is something it is possible to implement at home for free (we have an O/T helping as well once a week). Try it, you will be surprised. The video is quite helpful and was an excellent tool to get us going. It includes a bookmark that tells you how to download components online (also described at the beginning of the reserve). The closeness that it brought us is my favorite part. I'd like to try to start the morning hours out with it to observe if it would help calm him for learning. One Star The book didn't come with a dvd. Extremely disappointing. The author only talks about uses for children up to six years old, but I am deploying it for my 17 year old child.. I noticed that her cheeks and chest were a rashy red, so when we went to our naturopath, I found out she was dumping metals. I am a massage therapist and wanted to practice the technique before showing it to my customers. Could it be a coincidence that she actually is dumping them now that we started Qigong? I think not. Solid results for ASD 4yr outdated! I don't really treatment \*what\* is working as long as \*something\* can be working. It takes about 15 min each day for 5 weeks. If you have a child with autism or suspect ASD who's beneath the age of 6, try this! Some days we can't finish the whole set or he doesn't wish to accomplish everything, only particular parts and that's ok. Clearly written. Love it! What a beautiful and mild way to bond together with your kid and help their nervous system work better at the same time. Now we execute a lot of biomed intervention (for years) and we have never been able to get the metals out. I would rate this as one of our top 4 interventions of dozens we've explored. Apparently no longer comes with a DVD I love this publication, and used it with my daughter years back, and reordered it for my child now. However, it doesn't come with a DVD right now, and I must say i relied on that for instructions. I'm actually disappointed that it no more has a dvd. I believe we've opened up the detox pathways on my girl and today her body can move metals out of her body. It's only been 8 weeks since we started this protocol and my child is speaking more, regulating easier, hearing better and giving us a lot more eye contact. I am also more calm as the massage is soothing. He is actually making and remembering friends. They say to use it on children under 6, but I practiced it on my 14 year old boy (who does not need autism) and he adored it and sensed calmer. Qi-gong massage responsible for toilet training our (older) daughter, relives seizure-like symptoms This therapy is preferred for children six and under. However, we 1st used this therapy with our autistic daughter when she was 11. Within weekly she was finally toilet educated. Now at 18, she has remained toilet trained but has begun having complex partial seizures (it seems). Four Stars it arrived in great condition. this time around using the book and DVD. Dramatically improved our daughter's symptoms and the occurrence of the seizures, making her much calmer. Highly recommended. Amazing treatment for my son We have been doing the Qigong therapeutic massage for my 3 season old for approximately 3 weeks. There is no reason not to utilize this simple massage to learn the "trapped energy" areas in your son or daughter's body and to merely and quickly promote stability. You can easily implement and he appears forward to his massage and requests it by name. His eye contact, language skills and overall curiosity in other people have grown a lot since we started the massage. It is really amazing. What have you really got to lose? Also though he is a sensory seeker it got some time to obtain him to relax and understand the routine but he's okay with it. My child enjoys his qigong and it relaxes him before bedtime. We've just missed giving the therapeutic massage once in 3 months (when he previously fallen asleep before his bedtime). I've done a great many other protocols which were more time consuming. I believe it is responsible for making a significant difference in our child. Beautiful. Simple. Highly recommend this book. A must for anyone with kids with autism! Easy to learn with the DVD. The author has beautiful energy as she works with children. This is a really nice and calming routine that helps my son. We notice a tremendous impact. HOWTO: download videos online The newer version of the book no longer comes with DVD. It is not complicated to do nor mind-boggling. While we wait around to see if a neurologist will consent to appearance at her case, we started doing Qi-gong massage again; Five Stars Excellent and useful information to assist children in the autism spectrum. One Star No dvd.. Five Stars Easily explanation We was expecting the publication with a dvd included unfortunately . After 3 weeks, her body appears less tense..Definitely worth a try! Amazing! This is amazing and I've only used it for 3 weeks. Many people didnt obtain it either.



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