THE ASD FEEL BETTER BOOK
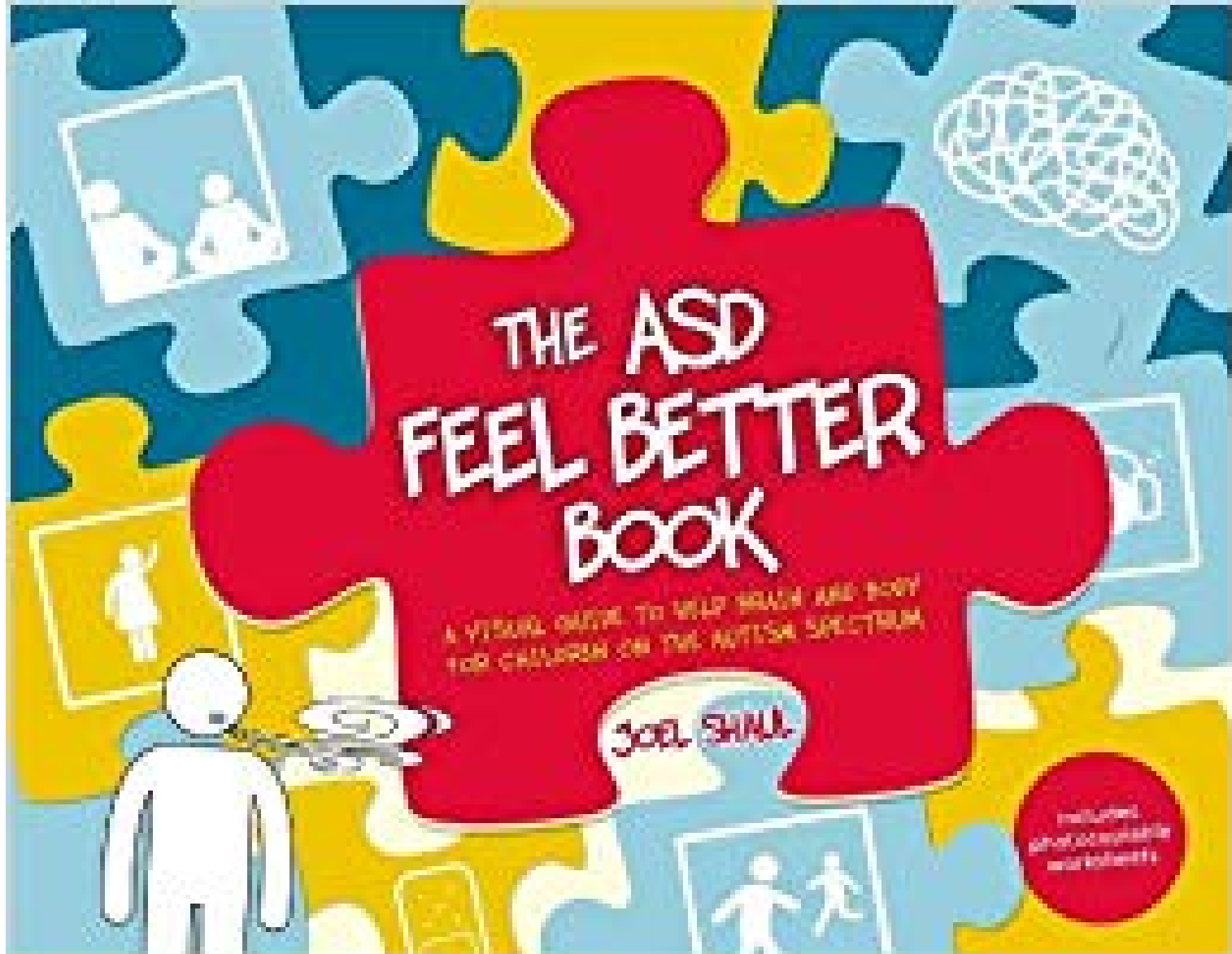
A VISUAL GUIDE TO HELP BRAIN AND BODY FOR CHILDREN ON THE AUTISM SPECTRUM

JOEL SHAUL

Includes photocopiable worksheets

Joel Shaul

The ASD Feel Better Book: A Visual Guide to Help Brain and Body for Children on the Autism Spectrum

With visual maps and icons, the publication proceeds through various components of the body and mind to isolate most of the things that can go wrong and explores how kids can make an effort to set them right.The ASD Feel Better Book is designed to help children on the autism spectrum develop insight into what can upset them and make sure they are feel bad and increase their awareness of steps to make themselves feel great again. Designed to be read with an adult, there are problem-solving exercises and abilities practice in the form of activities, video games and worksheets.

ASD Self-help for issue situations An excellent step-by-step approach to help kids learn how never to be overwhelmed in stressful situations.

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