



*Foreword by
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**Edited by
Barb Cook &
Dr Michelle Garnett**

spectrum women

Walking to the Beat of Autism

Barb Cook

Spectrum Women: Walking to the Beat of Autism



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With great contributions from exceptional women, that is a truly well-rounded collection of knowledge and sage advice for just about any girl with autism. Autistic advocates including Liane Holliday Willey, Anita Lesko, Jeanette Purkis, Artemisia and Samantha Craft present their personal guidance on significant conditions that particularly affect women, along with those that are more general to autism. Michelle Garnett's feedback validate and increase the experiences defined from a clinician's perspective, and provide extensive suggestions. Contributors cover problems including growing up, identification, diversity, parenting, independence and self-care amongst numerous others. Barb Make and 14 other autistic women describe existence from a lady autistic perspective, and present empowering, helpful and supportive insights from their personal knowledge for fellow autistic women.



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Feminine, Autistic, and Proud! I own over 15 books about autism and this ranks simply because #1. Jen, Barb, and others have done an amazing job of representing feminine autistics. Essential read! We have been females and we have been autistic. And we have been pleased with it! I am proud to possess found my tribe. Beginning with the prologue, I instantly related... Anyone with an autistic woman in their life must read this publication. this just might expand your insight. :) Must read for anyone that has learned an autistic feminine.. Any autistic female looking for resources also to not feel only in her autistic knowledge must read this publication. As a spectrum girl myself it had been hard to place down once I started. I'm recommending this book to everyone in my existence. Thank you! They could explain me in ways I've never been able to communicate by myself. Great resource for autistic women! Having followed the majority of the authors on social media, I was even now awed and amazed at the depth of understanding these females shared. From personal safety to self care to mental health, therefore much more, it is a guide for just about any woman suffering from autism, and a great resource for professionals, family and friends, and anyone who wants to develop a deeper knowledge of autism since it presents in ladies. This is a great resource for autistic females everywhere. Must have for just about any home library! This is an absolute must have in any home for an autistic woman or someone studying an autistic person. Unique Education teachers, read this book! get to know for diagnosis and mental health choices. A must-read for everybody who truly wants to understand Autism. This publication displays many essentials as an autistic woman that professionals need to know; I recommend this specifically to experts who feel settled within their understanding of what autism is certainly. That is spot-on and a must read. An exceptional publication! It explains my life and I'm sure it will help others understand their situations too. Many contributors result in many perspectives! This book gives autistic women a definite voice for the very first time. The life encounters are told in relatable way for autistic women to gain insight to living on the autism spectrum, learn the possible pitfalls and share in the successes of the Spectrum Females authors. Since this publication is written for autistic women by autistic women, I recommend it to professionals who would like instrumental information and authentic insights in to the intimate lives of ladies on the spectrum. Not only does the lived experience of autistic women concur that the presentation of autism in lots of women is different, the book dispels many misunderstandings and gives autistic women a distinct voice for the first time. Personally, simply because a woman with a later confirmation of autism, this book was a deeply supportive, satisfying and engrossing read. The many relevant styles discussed in this book are a godsend for autistic females that will no doubt give all ladies on the spectrum an extended awaited sense of belonging. Our tribe gets the potential right now to end up being respected and known for the varied issues we encounter, while also enlightening others of the often rewarding nature of autism itself. We highly recommend this publication to anyone thinking about gaining factual knowledge about autistic women.. For the progressive professional. may your open road to understanding the intricacies of autistic females start out with this book.. Very authentic life experiences in what it's like living mainly because an autistic woman I loved all the different perspectives from the authors, the extensive amount of topics covered, and the way the book is filled up with truly authentic life stories. The book, spectrum women, (walking to the defeat of autism) is revolutionary. We needed our stories heard, and here they are!



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