

The background of the cover is a photograph of a person walking on a city street. The person is wearing a red jacket, dark shorts, a red beanie, and sunglasses. They are walking towards the camera. In the background, there are cars, traffic lights, and palm trees under a clear sky.

THE ESSENTIAL GUIDE TO SAFE TRAVEL -TRAINING FOR CHILDREN WITH AUTISM AND INTELLECTUAL DISABILITIES

Dr. Desirée Gallimore

Foreword by Dr. Mike Steer

Desirée Gallimore and

The Essential Guide to Safe Travel-Training for Children with Autism and Intellectual Disabilities



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For all those growing up with an intellectual disability or autism, comfortable, safe and sound and independent travel will prove a great life skill. Clear-trim and far-reaching, this reserve is certainly enriched by Dr Gallimore's extensive experience as a psychologist, flexibility specialist and travel-trainer. It is a heartening source and will be necessary reading for anybody working with a child to obtain them on their way to independent travel. Dr Gallimore's straightforward five-step program will guidebook parents and experts through successful schooling for kids of any age and ability. Focusing on understanding each child's specific goals and challenges, it offers you the 'ingredients' had a need to fully prepare for each journey beforehand, and shows how to judge when to step back and let the child progress by itself. Addressing particular fears and obstacles that produce travel difficult for kids with learning complications, it sets out all of the precautions necessary to safeguard children among others as they learn to reach their selected destinations. The key to pursuing fulfilling function and leisure actions and developing as a person, it also brings a liberating level of self-sufficiency and reassurance of equality within society. Coming to this goal can be daunting.



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