



# **A GUIDE TO DUCHENNE MUSCULAR DYSTROPHY**

**INFORMATION AND  
ADVICE FOR TEACHERS  
AND PARENTS**

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**EDITED BY  
JANET HOSKIN**

Janet Hoskin and

# A Guide to Duchenne Muscular Dystrophy: Information and Advice for Teachers and Parents



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Going beyond physical management, particular focus is put on learning and behavioural issues, including speech delay and problems learning to read, and also common comorbid conditions, such as ADHD, autism and OCD. More essential than ever, this book helps teachers and parents to aid children and young people with DMD with their education and changeover into adulthood. Raising aspirations, the book gives guidance on effective support in the classroom and tips on the transition to adulthood, employment and independent living. The prognosis for individuals with Duchenne Muscular Dystrophy (DMD) is improving, with some men with DMD living into their 30s and 40s. Leading experts on DMD describe Duchenne and its impact in easy-to-understand conditions.



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