

Karin Berndl and

All Natural Beauty: Organic & Homemade Beauty Products



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These homemade beauties also make an ideal gift therefore Karin and Nici also give tips about how to package your products. Beautifully photographed and with a striking design, Natural Beauty will make sure that you look and feel amazing all year round. From a nourishing lip balm that may soften your lips, to a chickpea and turmeric nose and mouth mask, which will help to make your skin layer glow, to a shea butter varicose vein body butter, there's something for everybody. Also included are shampoo, make-up remover, toner, and even more. Over 40 natural, organic beauty treatments and products to make at home From dull skin to drab hair and tired eyes, the original recipes in this publication can change a variety of small beauty niggles, and each one of the treatments is clear of nasty paraffins, synthetic colours, and Triclosan – and they can be made at a fraction of the expense of store-bought products.



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. I really enjoyed reading this book! it's superb- the thing that would improve this is a "source" section for some of those "ahrd to get" ingredients This book is both beautiful and useful This book is both beautiful and useful. The photographs are lovely and this content is thorough and practical. I made more than enough notes and highlights so I can make a quick reference to the material when I need to. Images are great aswell! Five Stars If you value essential oils and natural products you will love this book! There are so many great recipes to pamper yourself. Really worth it. There are therefore many great recipes to pamper yourself We originally bought this at Magnolia in Waco, TX and made a decision to buy it for my mother. I received this as something special from lovely daughter. "Great reference book! I received this as something special from my lovely girl. I have been producing homemade soaps and beauty treatments for a long time; this book is filled with many recipes I have never heard of or tried. No matter whether you are a beginner or more advance when making home made products. There is something for everyone in it. Would recommend as something special for self or others! Just what I needed in a down-to-earth natural splendor book.



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