

Parenting with Values

12 Essential Qualities
Your Children Need
and How to Teach Them



Christiane Kutik

Author of *Stress-Free Parenting in 12 Steps*

Christiane Kutik and

Parenting with Values: 12 Essential Qualities Your Children Need and How to Teach Them



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What do we, mainly because parents, have to give our children to make sure they grow up to be happy, well-balanced and resilient people? Parenting tutor and mom of two Christiane Kutik tells us that, most importantly, children want their parents to provide them strong values to help them find their way in life. In twelve brief, easy-to-digest chapters, Kutik discusses the essential qualities that children want, and explains how each is learned and offered from parent to kid. Parenting with Values encourages parents to reflect on which values they want to pass on to their children. A lot of us consider values to be an old-fashioned concept but Kutik suggests that by fostering twelve vital values, parents can provide their children with all the tools they need to flourish, to discover the worth of nonmaterial rewards and to have an emotionally enriching lifestyle. It will provide motivation for parents who wish to proactively encourage positive development within their children. The twelve essential ideals Kutik identifies are: Self-esteem Compassion Honesty Respect Sensibility Humor Security Capacity to control conflict Independence Interest in the globe Soulfulness Connection the natural globe This engaging and readable reserve is filled with practical everyday examples of values in action.



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