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belonging

Remembering Ourselves Home

Toko-pa Turner

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Belonging: Remembering Ourselves Home



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What if it's an art that has been lost or forgotten? Most people think about belonging as a mythical place, and they spend a life time looking for it in vain. The world hasn't been more connected, yet folks are lonelier than ever before. Whether we experience unworthy, alienated, or anxious about our place in the globe — the absence of belonging is the great silent wound of our situations. You're not by yourself. Drawing on myth, stories and dreams, she requires us into the origins of our estrangement, reframing exile as a required initiation into authenticity. 2017 Nautilus Award Gold Winner 2018 Visitors' Favorite Gold Winner 2018 Whistler Independent Reserve Award Finalist Feel like you don't belong? With her signature depth and eloquence, Toko-pa maps a path to Belonging from the inside out. But imagine if belonging isn't a place at all? After that she shares the competencies of belonging: a couple of ancestral procedures to heal our wounds and restore true belonging to our lives also to the world.



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the painful, the beautiful With this book I feel that something holy has come into our home. Grounded in the realities of her very own hard travelling, this book lifts the soul, displays just how, and sings to the deepest part of ourself that may be still locating its voice, but wants to Sing. Lifestyle longing for us in true fullness - all these things resolved within their paradoxes through the grace of Life's Love - even as we long after it. Toko-pa has written a reserve that takes the normal, the painful, the stunning, what will go deep and what soars up, what's radiant and what's hard, all that is fantastic and restless and unfinished and broken and tender and longing - and spins it into the gold of Existence arriving through us, in holy romantic relationship around. As an orphan archetype on hip and legs, I came across it grabbed me on the first page and held me gently throughout. I must say i believe that it is a treasured golden thread in the weaving back together of our living with this gorgeous, broken Earth, in the wonder and grace of honouring what's radiant as well as in what works dark and deep. Thank you with all my heart. If you have problems with disconnection, outsider syndrome, feeling as if you don't belong -- read this book I have never read a more insightful or meaningful 'self-help' publication in my life. She is an extremely talented writer, creative - and as she looks deeply into the real meaning of words, she also weaves sentences which are truly a masterpiece of design. I underline sentences on every web page, and I by no means underline my books. I understand now why I stand beyond every circle -- as an adjunct, a rebel, a stepmother. Its not that this book points fingers at parents, instead, it enables you to do a deep sigh and settle back into your center. Why I strive so hard to accomplish, to accomplish, continuously. Why the grief of loss nearly destroyed me. The author is a word-magician. Best yet, the publication provides more useful ideas for accepting and curing and continue than I've ever found before. Highly recommend. Masterful book in a rarely discussed and timely topic This book can be an artful weaving together of personal experience, dream work, philosophy, literature, and love. Thank you Toko-pa for this incredible gift you have given the globe. I don't understand when I have appreciated a book even more. I came across healing and inspiration and hope on nearly every web page through its truth. Once in ten years kind of book Belonging is one of those books that i call 'once in a 10 years' that manages to illuminate the present and validate years of exploration and recovery...Have already been with the book for a few days and Toko-pa offers uncovered among those rare golden nuggets that is found in the deep dark terrains that reveals the holographic of micro and macro-cosmic/personal and collective. This publication relevant for nowadays when so many of us know it is time for unity and activism yet at the same time many of us know that something seems to be keeping us back collectively. This reserve lends great insight into the current series The Crown and in addition into the emerging of #metoo. Riveting, Inspiring, Powerful, This book is of the soul. This reserve has insight that can release us separately and collectively for a very much greater wholeness. As somebody who is involved with dream groupings, ritual, storytelling and poetry, I would have thought there isn't much more to be discovered on topics I'm already well-versed in, but I'd have already been wrong! This is a good reserve and am so happy to find that one... was clear that this is among the most amazing and timely books I've ever encountered for my . We are released from the loss of life mother archetype collectively. It is just outstanding and I find it difficult to place it down. I have a habit of highlighting what actually touches me, inspires me, and awes me when I go through.. I feel recognized and heard. I recognized myself and my struggles on every web page. Second, her own story which she shares early on can be riveting and the reader knows that she draws on her own experience. It targets archetypes, dream function, truth, philosophy, literature and more. I'm grateful to can see her work. It is affirming to truth that resides deep within, to my own knowingness. I understand I'll read it once again a d maybe actually again. Thank you, Toko-pa for this gem so current, so needed right now in our globe. I know I am sharing this book with friends as presents.... it is a slow read within the most wonderful of ways as I get myself pondering while I . I hope it'll be a catalyst for beautiful change and growth.. Beautiful, relevant, illuminating Dear Toko-Pa, This publication was just like a balm about my spirit following a series of very challenging years that were damaging to my health and relationships. This give delivers the message in a relatable way that is original and you will really sense that she actually is speaking her truth. For me personally, it is a slow read within the most amazing of methods as I discover myself pondering as I read. It has opened up my eye, heart, body, and brain to be able to understand my soul, my Personal. She writes beautifully and is very engaging. . I can't recommend this wonderful book more than enough! How intimate are we with the lives we've built? As a result there is highlighting on every page of this book.. Many thanks

because of its allowance. I found myself underlining all throughout and can go back to these regions of the book over and over.. Highly recommended I just finished reading this smart and useful book, and I can't recommend it highly enough. Thank you so very much for putting your wisdom down in this beautiful written piece. You should buy it Love! I recommend highly! Even pages in to this text it had been obvious that this is among the most amazing and timely books I've ever encountered for my own personal work. Toko-pa is a great article writer, for she enters a innovative movement that lifts and bears the soul that understands it 'belongs' .. Toko-pa's writing is gorgeous and her thinking profound. As I read, I can feel the insights I knowledge healing and inspiring me because they also motivate me to continue on a trip I began many years ago. This book will transform how you feel. I felt acknowledgement in your chapters and a sense of wonder and hope as the book found a close. Looking towards more books out of this author Very happy to have come upon this publication, perfect timing in my own life . In fact, my childhood was very similar to the outline Toko-pa generously shares in her remembering. The greatest gift I can state from my reading 'Belonging' is that it provided me assurance I wasn't by itself in my own reasoning, responses and reactions that Personally i think so discouraged and ashamed over. Why I have sensed angry and irritable, and shamed, out of proportion to conditions and inconsistent with my own accomplishments. In a nutshell, it provides you a sense of belonging. This reserve is normally a power object. It'll transform the way you think, how you perceive the reality of your past and the reality of category of origins. It helps you reclaim back your power. I cannot think about a larger gift of a reserve than this one in my 34 years of existence. And for that I am deeply, deeply grateful. I wish I could give this 10 celebrities! What can I express that hasn't already been said by hundreds of others.. Moving, healing, and true Nothing you've seen prior have I found a book and read my story... I loved everything concerning this reserve. It tenderly puts phrases to those emotions and knowings that may not yet become verbal for you. Hard won insight Sensitively and brilliantly compiled by a woman who did her work. Many thanks, Toko-Pa, for the motivation to accomplish the hard function it requires to grow. I've C-PTSD and Co-Dependency problems from a very traumatic childhood. It's a deep examine for me and I have to take it in little doses therefore i can reflect on this content. I've read so several types of books in my own seek out actualization, but this publication is definitely a shining light in the self-help genre. a different kind of book interesting read So much beautiful details here. It creates me feel validated, seen, known, embraced. I suppose it took plenty of courage to tell this story, our story. Thank you, Toko-pa for your authenticity and bravery.



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