



REMODEL YOUR LIFE WITH
PASSION, PURPOSE AND A PAYCHECK

SUE KOCH

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Sexy Second Act: Remodel Your Life With Passion, Purpose and a Paycheck



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If you haven't been living the deliciously juicy life of your dreams, it isn't too late to remodel. In this fun, inspirational, and light-hearted book, Career and Life Design Coach Sue Koch presents a combination of stories, personal insights, and exercises to assist you design a Sexy Second Act lifestyle and career that combines Passion, Purpose, and a Paycheck! Sexy is approximately living a life that is creative, confident, passionate, generous, and genuine. The hottest people understand that being sexy is about greater than what happens in bed. That's just mechanics.



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What an awesome book! javascript:void(0) There was a particular line in this book that knocked my socks off! It simply isn't completed - if we do, we look as well prideful, too arrogant, actually as well threatening to those all around us." It under no circumstances occurred to me before, but she's absolutely right. There is no way I would take that sort of verbal misuse from another person. All the time, every day, we have a tendency to denigrate ourselves, shoot ourselves down and insult ourselves and that kind of damage includes a cumulative effect over time.. Certainly, we have been not likely to say nice what to or around ourselves. Sue Koch strike the nail on the top when she asked, "Would you tolerate it if another person spoke to you the way you talk with yourself? So unique in addition to practical. The thoughtful chapter on the usage of words was especially impactful for me. It's not safe, they say, but the problem is, it becomes an evil habit - one we don't actually notice and it helps to keep us trapped in mediocrity. The writer made numerous salient factors about how to review your past, present and future and IF you need to take up a "second act", as much boomers have got to do . She makes it clear that there surely is so much more opportunity in our "second work" than previously known. This reserve is like the very best friend you never had and a welcome, comforting hug in a cool, negative world. Helpful for those waiting and who've already made the leap! Whether you've already embarked on an attractive second (or third or fourth) take action or you're interested in making the leap you will discover helpful insights in Sue's new book. It's structured so that it's an easy task to grab, set down and leap around to the topics the reader will find most interesting or helpful. She's a life trainer and gives you her many 12 months of experience within an an easy task to follow book! You can always get back to others later! This book will be especially beneficial to three types of my fellow boomers 1) those who aren't sure they want to retire but must or will be ready to leave a career 2) those that can't yet retire 3) those whose careers have finished and aren't sure how to proceed yet. The expense of the book and enough time to read it will be well worthy your investment. Truly outside of the box Sue Koch really hit home with this reserve. Our parents, our teachers, our friends all reveal not to goal too high, we'll get hurt. I really like how heart felt each chapter is normally!! Create your have Sexy Secong Act Sue includes a real gift for helping people understand how the world has changed and how exactly we can thrive in the brand new environment. Inserting humor when seeing herself as she was and where she wished to proceed. Sue thinks like person who will live forever, creating brand-new bounties for herself and others. Thank you Ms. Koch an excellent read. Thank you Soozy, Sharon Keenan great book very good! I love it when a book is creative I love it when a book is innovative, clever, engaging and interesting. I took this book on a short vacation and couldn't place it down. Sue's terrific new publication teaches us new ways to talk to ourselves. We're trained from infancy never to be fearless, never to end up being proud and confident.. why not put Purpose, Interest and a Paycheck in to the formula. Must read! Sue includes a way with words. It's for our own good, they say. In this season of a hardball, trash centered elections, our ability to choose our words ... If you ever find yourself in a period of transition If you ever end up in a period of transition in your daily life (and let's encounter it most of us will at some time! Even more reason to pay attention at the non-public level. Overall I found this to be a delightful browse, that was both enjoyable and thought provoking. I recommend this publication to anyone sick and tired of their position quo, and prepared to create a existence of their own, passionate design. seems to be of little importance on today's community forums.), you will need to have this book readily available. Sue's lighthearted, joy-filled phrases are packed filled with wisdom and practical guidelines, making reading both useful

and fun! Not only are the tales she shares relatable and inspiring, her suggestions is accessible and applicable on a genuine day-to-day time basis. It got my juices moving and I have passed the book to someone I think will see it just as engaging! The thoughtful method of putting "sexy" into the book was a hook AND a way to say we ought to not settle for just anything whenever we have another chance to apply our values, encounters and passion into our next career opportunity. It's an easy read, but a must read if you want to make adjustments in your life! Whether that chance is of our choosing or not. She can help you take your daily life and develop a new one in an exceedingly clever way!!!! I would suggest starting with the desk of contents and finding the words (topics) that seem most appealing or applicable to your circumstances. Enjoy! Ward, CFP!! It offers us permission to be kind to ourselves, and by expansion, to others as well. She shows us that people can redesign our lives to pursue our passions with great benefits. Now, we are able to all pursue our unique, sexy second take action. - Richard J.!



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