

OUTDOOR MEDICAL EMERGENCY HANDBOOK

SECOND EDITION



**First aid for
travelers,
backpackers
& adventurers**

DR. SPIKE BRIGGS AND DR. CAMPBELL MACKENZIE

Dr. Spike Briggs and

Outdoor Medical Emergency Handbook: First Aid for Travelers, Backpackers and Adventurers



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"An important and important information for anyone of any level of skill planning to spend quality period outdoors. The Outdoor Medical Emergency Handbook is vital equipment for anyone traveling, whether camping with the family or making a solo assault on the Himalayas. Using accurate drawings and a step-by-step structure, the authors describe how exactly to effectively assess a predicament and what actions to take. Various other useful emergency equipment in the book are a TREATMENT Ladder to assess and deal with discomfort, the Glasgow Coma Level and AVPU to assess awareness, the Lake Louise Acute Mountain Sickness Score Chart and helpful information to Commonly Used Drugs. This revised edition incorporates the latest developments in technology and crisis procedures, particularly: ALS (Advanced Life Support) and ATLS (Advanced Trauma Lifestyle Support) protocols to reflect adjustments made by international resuscitation authorities in the last five years Body region trauma and medical illness emergency protocols Drug brands to create them internationally relevant Technological references to include smartphones and apps Recommended kit lists to take account adjustments in medical practice over the past five years. The logical style of the publication helps visitors find the info they want quickly to address probably the most important medical emergencies wherever they could happen." -- Chicago Tribune Outdoor Medical Crisis Handbook provides easy-to-follow comprehensive advice on how best to prevent, treat and look after illnesses and accidents while from immediate medical response.



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Great informative book.. The book is a wonderful addition to a hiking pack... Very comprehensive. Condition was tougher than expected. I'm a RN and do a great deal of camping, walking, and preparedness projects that is a "head to" reserve. Oriented to nurses, PAs, NPs, and doctors.. good size as advertised would purchase again from this Well done book, good size mainly because advertised would purchase again from this seller Three Stars More for doctors, or people on major expeditions. great book.. looks like a pretty good medical book that i needed for my survival package . hope i will never need it . It covers very much material for its size. but at least i have it. . Good book It isn't perfect but its pretty good for and emergency situation. Outstanding emergency book This is an outstanding emergency book. So much information. Has a large amount of good info to greatly help in outdoor first aid bought this as a gift for my son who enjoys .. Stuff you wouldn't even consider. I have browse cover to cover, but this book can be an excellent reference book. i like it. Exceptional scope and depth. Good size for journeying. I bought it fresh and the red vinyl cover has already been coming aside after light make use of. Printed and manufactured in China. No wonder.. Great content in this book. If I could only bring one wilderness medication book The best outdoor/ wilderness medicine handbook I've found. bought this as a gift for my son who enjoys hiking. Two Stars Lots of information, but way too heavy to carry into the woods. Five Stars a+++



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