

TRISH COVER • PEGGY LANGENWALTER • JENNIFER COLEMAN



# WONDER WIDOWS

THREE GRIEVING WIDOWS COMING  
TOGETHER TO EMPOWER WOMEN TO  
BREAK THE SILENCE OF WIDOWHOOD

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Wonder Widows: Three Grieving Widows Coming Together to Empower Women to Break the Silence of Widowhood



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Fear not really! They wrote *Question Widows* to explore how they're learning to thrive as they procedure their grief, and to offer comfort, compassion, camaraderie, and friendship to others on a single journey. It's just human brain fog•A guiding philosophy that provides strength to healYou will also find recommended books, tips and how exactly to set objectives for yourself while grieving.Uncover what other widows consider:•Shaping a fresh identity•Handling holidays and anniversaries•Creating a fresh relationship with sex•Choosing when it's time to fully stop wearing the marriage ring•Losing your brain?Trish, Peggy, and Jennifer warmly invite you to become listed on them as they share their intimate thoughts and emotions on the subject of their challenges and triumphs, tears and fears. You will surely see elements of your own story in the stories they share.



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After reading it, I'm still left feeling grateful to have been included. That said, I became a widow nearly 40 years ago at 24 years and I had a 3 year old child who worshipped her Daddy. This publication is priceless. The loss was indescribable. On the next couple of years, I followed him from that organization to some other company and then to even another organization. Dan changed my entire life, as I am certain he did with anyone whom he came in touch with during his life time. We loved viewing Dan and Peggy dance at parties. It is rare to see two different people so meant to be jointly. Dan's sudden death was a shock to his friends and family. I met Peggy's hubby, Dan, twenty years back when he hired me in Albuquerque. Honest perspectives: Empowering not just for widows! Reading this publication and hearing her honest thoughts and the path she required after his death cut back many memories for me. I would have loved to possess something like this to read through the struggling times after my initial husband's sudden passing. If I find it this helpful and inspiring, I could only imagine how comforting and empowering it could be for a widow. I usually feel like I'll say the wrong matter. Each of their situations and even their reactions was different for every of them. They inform you that it is ok and that no two people handle grief just as. I applaud all three of the beautiful ladies on writing this reserve. They assure you that it's ok to take care of grief in the manner you must do it. You will end up happy you read this reserve, whether it's for yourself or to help someone else on the way. We moved away from Albuquerque a few a few months after Dan's passing, so I was not in close connection with Peggy apart from exchanging Christmas cards. We was interested in this specific book because I find myself awkwardly at a loss for what to say when someone I value is grieving, which at my age is happening more regularly. There will be much sadness, many tears, very much anger and regret, but there may also be healing. Therefore, I feel that I understand of what I speak when I state these three women have already been brutally honest with what they have confronted before the passage of their husbands, through the memorial/funeral, and continuing on to live and recreate themselves in the years afterwards. It's now filled with dog-eared pages I will revisit, but I'll also confidently purchase a copy for a widow. We most appreciate the different perspectives, and the honesty with that they are shared. The reserve manages to be insightful rather than one-sided. It demonstrates there is no right or incorrect way, and it feels as though I'm in a conversation not really a lecture. A 100% totally honest look the issues that widows face at any age I wish to offer disclosure up front by telling that I know one of the three authors of this wonderful publication. It took an amazing quantity of courage from almost all three of these ladies, to bare their souls to greatly help others know they're not alone, they are not crazy, and they will turn out the other side.



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