## BULLY



A collection by Cassandra Grodd

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## Cassandra Grodd and

## BULLY



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The words explore all forms of love - self like, first love and heart break.BULLY is a assortment of stories and poems that is split into 5 parts. BULLY aims to reignite your fire after it's been put out and aims to teach you that real loving can be an inside job.



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Dip into it and savour the sharp poems, intimate tales, and tender illustrations. It is a searingly honest account of a woman's battle with anxiety and major depression. Cassandra Grodd is usually a talented writer and has the power to change lives. This is a book to continue your bedside table. Inspiring, honest, beautiful This exquisite book is for all people who doubt themselves and struggle with self-esteem. Author Cassandra Grodd has an uplifting message on her behalf readers: We can forget about the bully inside and emerge from dark times into a fresh dawn, feeling stronger and happier. I recommend this book.



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