

The cover features a dark navy blue background. At the top, there are branches with green leaves, orange round fruits, and clusters of red and blue flowers. At the bottom, there are more branches with green leaves, red flowers, and clusters of blue and white flowers. The title 'Gratitude Journal' is centered in a white, elegant script font.

# Gratitude Journal

Majestic Notebooks

Gratitude Journal: Daily Gratitude Journal | Transform your Life with 5 minutes of Daily Gratitude



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Be Grateful and Stay Blessed. It has been designed for those who feel the emptiness within and want to develop the habit to be grateful. Spending a few minutes in the morning and before bed-period pondering over your blessings, introspecting your inner fears and contemplating your desires can help you see issues in perspective and stay content and content. There is absolutely no greater gift than remembering all of the blessings you have and being grateful for that. This journal is your first step towards achieving inner peace. Do you feel the need to re-connect with you inner self? Do you want to slow down and understand what makes you happy? Easy to Use Journal Simple Design to help you develop the attitude of gratitude in 5 minutes per day Morning and Evening sections with an easy task to follow instructions and a lot of space to write Cute everyday Mood Tracker and Weekly Challenges Thought provoking daily Rates and Affirmations 90 Days of Gratitude in 5 minutes per day Size 6 x 9 inches: Convenient to carry in your Bag Modern research has proved that being grateful helps all of us lead happier lives, enjoy better sleep and develop better relations with friends and family. You would be surprised to know that historic people used to apply Gratitude for centuries, no wonder they resided happier lives despite having less. Provide yourself the permission to develop the Attitude of Gratitude. Get your copy right now, gift one to a pal. Start your journey together. Count your Blessings and Be Happy Develop Positive Attitude



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Very professional Love the journals



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