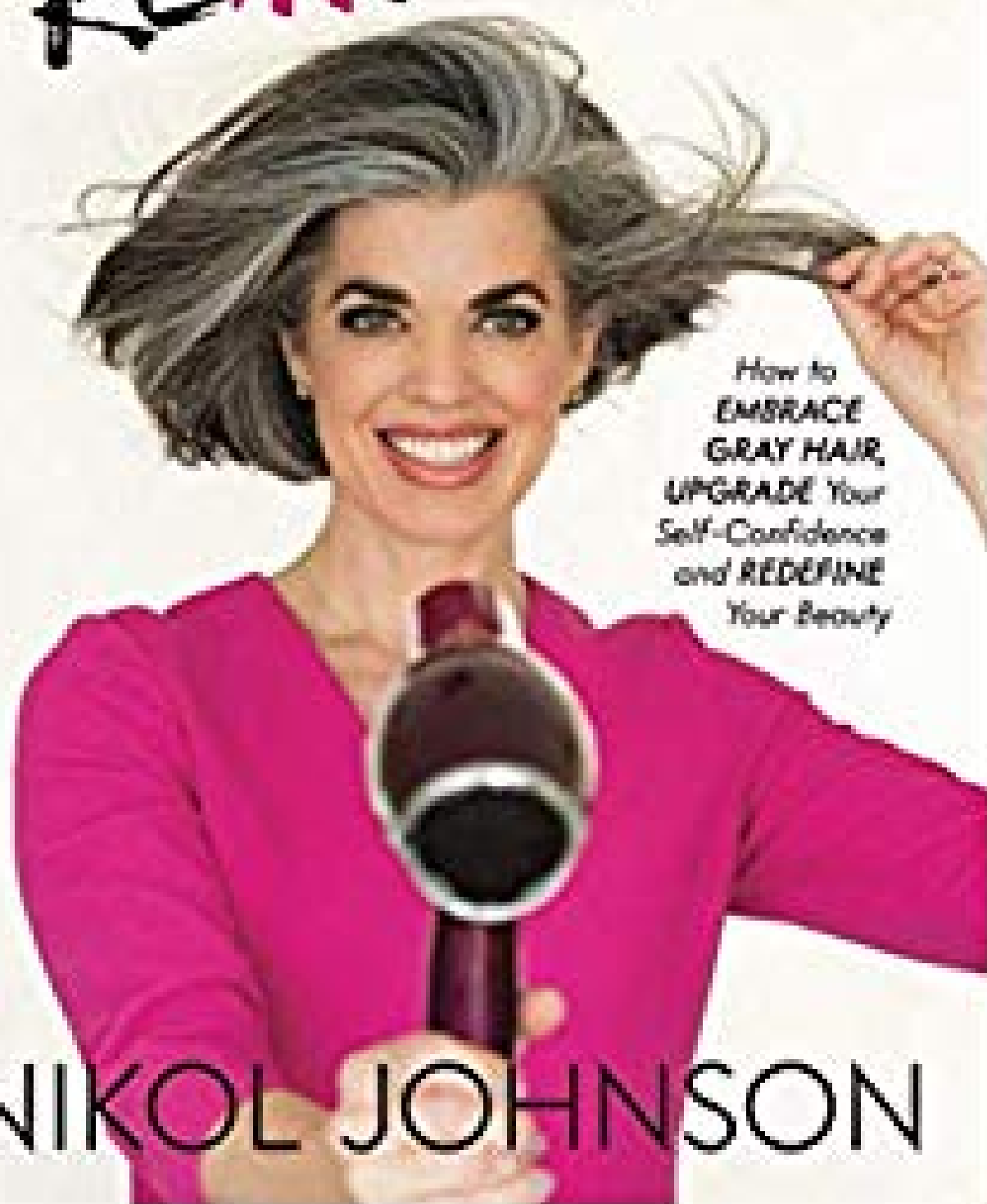


BEAUTY REINVENTED



How to
EMBRACE
GRAY HAIR,
UPGRADE Your
Self-Confidence
and **REDEFINE**
Your Beauty

NIKOL JOHNSON

Nikol Johnson

Beauty Reinvented: How to Embrace Gray Hair, Upgrade Your Self-Confidence and Redefine Your Beauty



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Heading gray in your thirties is not easy. It isn't what society says is right or OK. You can be one strong, fierce, bold woman prepared to welcome your beautiful gray once you end this book. Sit back, get comfortable and celebrate yourself with one of my signature cocktails at the beginning of each chapter. Are you set to say YES to your gray locks journey? In this book, I will show you how to conquer your fear of the unidentified and taboo globe of heading gray, build self-confidence that stands out in a masses and embrace your genuine self. I wanted to share my journey with ladies across the world and inform you by example that it is OK to be your genuine self regardless of what society says. I will hold your hands through all the emotional good and the bad because I have been there, I will give you the strength to excersice forward when you are down and feeling "frumpy and old" I'll pick out you up and make one feel alive and beautiful again. I am sharing interviews with true women that have gone gray and what their experiences have been and great advice for you personally in your gray locks journey. I will share my expert beauty secrets that will assist you with your transition into new makeup color palettes, not to mention, the very best skin care and hair care tips to keep you on point. Filled with self-assessments, humor, and grit. It is time to break the wonder rules Females and embrace your genuine self. I am not going to tell you that going gray will be an easy journey but I am here for you personally every step of just how, and together it is possible to get encouraging fresh advice that will allow you to press through the bumps in the uncomfortable gray road forward. It's time that people stop making excuses, quit being insecure and buying into the advertisements, glossy publications, and commercials that just show women with colored hair. Well then, Ladies. Let's Get This Beauty Started.



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She also provides many great skincare and makeup strategies for all ages. Even though you aren't thinking about transitioning Nikol provides great beauty and self-confidence information. Patti She includes some of her favorite cocktail quality recipes as a reward. Nikol shows a refreshing perspective on embracing our beauty at any age group. Inspirational and Informative. Inspirational guide for all those at any phase of their gray hair journey. A great and entertaining examine. Great gray hair transition tales, beauty and life advice For women considering transitioning with their organic gray hair, this reserve gives assistance and inspiration. I came across it very informative and also entertaining. Great Read. She shares her story as well as those of various other social media silver sisters.



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