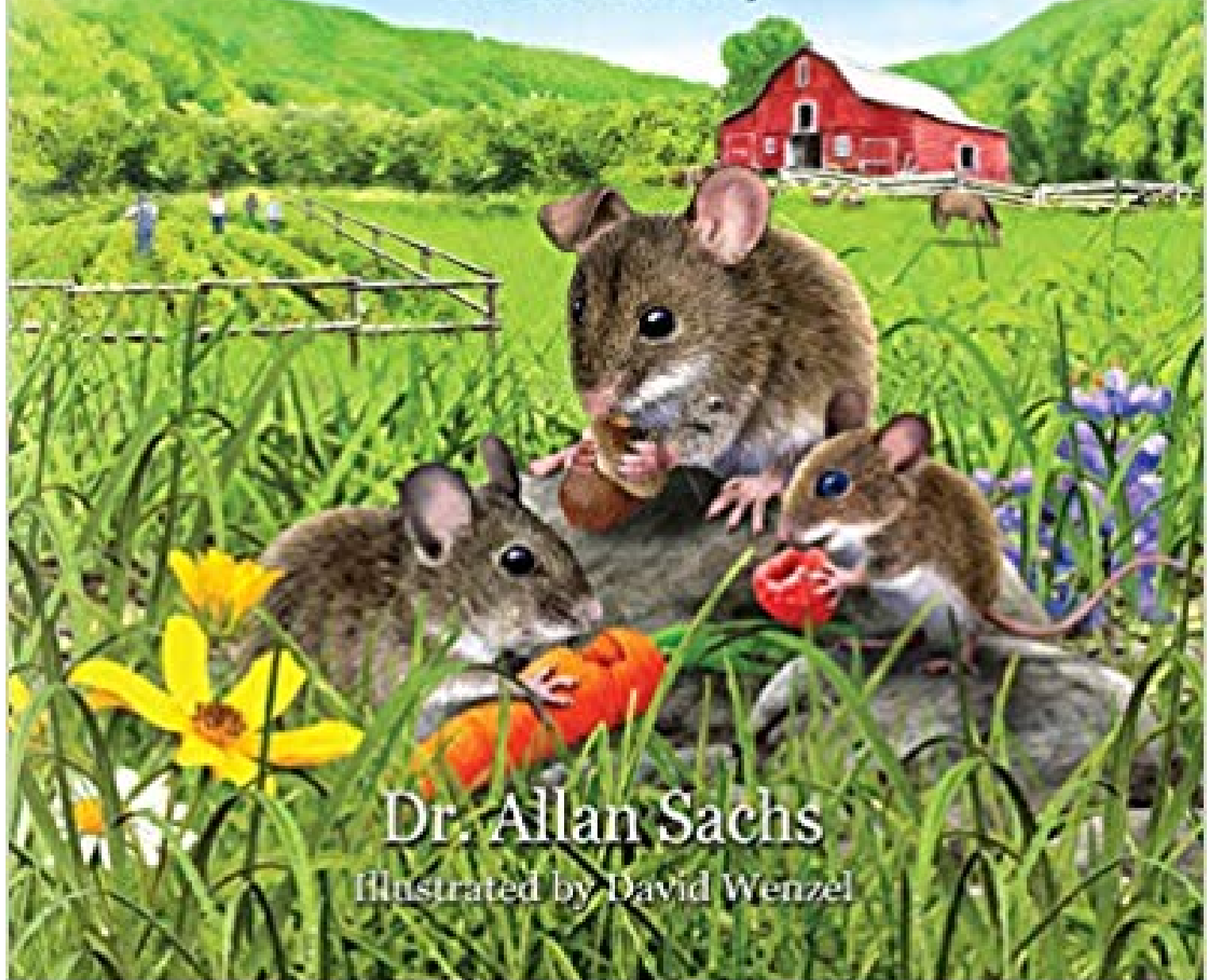


"A great way to communicate to children the importance of a healthy diet."

— Angelo Della Pietra, MD, DO

TO BUILD A BETTER MOUSE

An Eat Well Story



Dr. Allan Sachs

Illustrated by David Wenzel

Dr. Allan Sachs

To build a better mouse



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. To Build a Better Mouse is a fun story for kids and adults as well to read about different illnesses that foods can bring on.. Allan Sachs brings the readers through a journey of not only a category of mice, but humans aswell. It's a aspect of mice we don't get to see often, that I came across myself sense sympathetic towards the mice that I grew up with in my own walls. Many thanks Dr..Allan for the beautiful work! It is possible to change and get healthier by switching up our diet programs even if the health industry doesn't usually want us to trust that. Dr. Thanks Dr. This story is a superb combination of captivating tale with non-fiction elements about the significance of proper nutrition for folks .and more importantly. You Are EVERYTHING YOU Eat... Essential read! Dr.. and pets. Geared towards kids, but amusing for adults aswell, the tale emphasizes the "you are everything you eat" concept of nutrition; Sachs has a true skill for speaking to children on a level that's humorous and educational. In a world where children watch advertisements for the most recent sugary snack many times over the course of an hour watching TV, this book is like an antidote. To CREATE A Better Mouse is an excellent combination of picture publication and chapter publication. Siegel ACSW, LCSW Great book to raise awareness to a healthy diet plan and lifestyle.. The heroes are engaging and we especially enjoyed the down to earth narrative style. The illustrations are great and really help tell the story. And, once again, the message is right on target, especially for a difficult topic to get across to children (and adults, as well). I am at 5th grade teacher.!. Daniel A. Well, that was it...9 years old. She found the tale great and asked a lot of thoughtful queries displaying me it sparked a knowledge. If you need to obtain a youngster on the right course, provide them with this book. Excellent!. Huge Kid Appeal Haven't finished the beautifully-illustrated book yet, but feel qualified plenty of to provide it 5 celebrities. I am totally charmed Wow! too long to finish in one reading as a bedtime story, but with well thought-out chapters that provide you convenient stopping locations while leaving you wanting to know what will happen following.. Highly recommended. Got Better Mouse on my table. One student noticed it, and, attracted to the cover, picked it up to enquire about it.. I haven't held the copy again since. Finally, a book that addresses the importance of poor food choices that so many Americans make. All I can say is I've heard nothing but rave reviews.. I intend to have it back by summer vacation!. My whole family benefits from the lessons learned in 'To Build A Better Mouse'. I assume that speaks for itself. As a person who is definitely gluten and dairy intolerant, I came across this book to become comforting and I desire that I experienced it developing up. I acquired it for my niece.a fantastic, well crafted story for kids that teaches without 'preaching' the importance of healthful eating. The illustrations are spectacular!Must read for kids and adults!. And a necessity in this day in age!.to comprehend why that is clearly a priority!This sweet story, involving a family of mice and a family group of humans, takes the reader on an almost believable adventure of how animals and people can peacefully coexist. better quality food tends to result in healthier living. Kid tested and wholly accepted in this house! Looking towards the sequel!! Healthy and Joyful Read Nutritionists and health lovers must be jumping up and down as a result of this new and delightful kids's book. Finally there is now a straightforward and noninvasive method to help children learn about the benefits of good food, and also the toxic effects of processed foods. Dr. Maybe they had food allergy symptoms too! Sachs for composing such a break-through kids's reserve, and for potentially helping the countless lives of kids of future generations. A Must Read! They're moving it around between themselves, all wanting to read it. It really is presented in such a clever manner, I must say i fell in love with these delightful mice, but furthermore, was reminded once again how what I eat makes such a notable difference in my general health and well being. Finally, a book that doesn't preach, just tells it enjoy it is in a way that is certainly wholly believable. Thank you, Dr. Sachs! Great for a Kid This book was recommended by a friend. What a beautiful book! To explain. Delicious! I am totally charmed. I was suggested this by way of a friend and got it for a young neighbor. The illustrations are beautiful and the tale funny and interesting. I couldn't put it down till I got eventually to the last page :-) I am sure my

youthful friend will be influenced to start eating healthier after reading this. Allan Sachs' wonderfully written and illustrated publication inspires healthy eating habits vital ... Dr. Allan Sachs' wonderfully written and illustrated reserve inspires healthy diet plan crucial to the physical and psychological growth of our children. She is of this where it really sank in. It's a good length to fully capture young readers; This beautifully illustrated book is for both adults and children. The importance of a wholesome diet/lifestyle ought to be communicated to kids early on and this fun story can help you with that. Allan Sachs shows us the value in taking time to care for ourselves so we are all stronger, happier, and healthier. Reading this book as a kid maybe would have acquired me questioning my meals considerably before I did. That is storytelling at its best. A old style way With a modern twist That is storytelling at its best. A traditional style way With today's twist. Entertaining to say the least. This should be a must read for all parents and their children. A publication for all ages! My children cherished this story, great for all ages! The writer and illustrator did a phenomenal job showing the advantages of a healthy life-style! Just what a beautiful book! I loved this reserve from cover to cover. It's an excellent story, well informed, with the built-in message for children that it makes a difference what you eat, that great foods will help you be strong and feel good. In a processed foods laden society, we need more children tales aimed that encourage children to eat true, nourishing foods. Something fantastic to learn out loud to little ones.



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