

## Rose & Sky Planners

Weight Loss Tracker: Pink Floral Design, Weekly Menu Meal Plan And Weekly Workout Progress Planner Large Print 8.5" x 11" Weight Loss Meal Planner With Grocery Lists, Workout Log Notebook



Convenient to carry around - Manufactured in the united states - 120 pages - Superior matte cover style - Printed on top quality interior stock - Properly Large Print Size 8. By keeping track of your progress, it is possible to tell right away what realy works and what doesn't.5" x 11" (22cm x 28cm) pages - Light weight. This book is made to help you keep an eye on your workouts to be able to make every workout count towards your goal!



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