

Rose & Sky Planners

Weight Loss Tracker: Pink Colorful Flowers, Weekly Menu Meal Plan And Weekly Workout Progress Planner Large Print 8.5" x 11" Weight Loss Meal Planner With Grocery Lists, Workout Log Notebook



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Easy to carry around - Made in the USA By keeping track of your progress, it is possible to tell right apart what works and what doesn't.5" x 11" (22cm x 28cm) pages - Light weight. - 120 pages - Premium matte cover style - Printed on top quality interior stock - Properly Large Printing Size 8. This book is designed to help you keep an eye on your workouts so that you can make every workout count towards your goal!



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