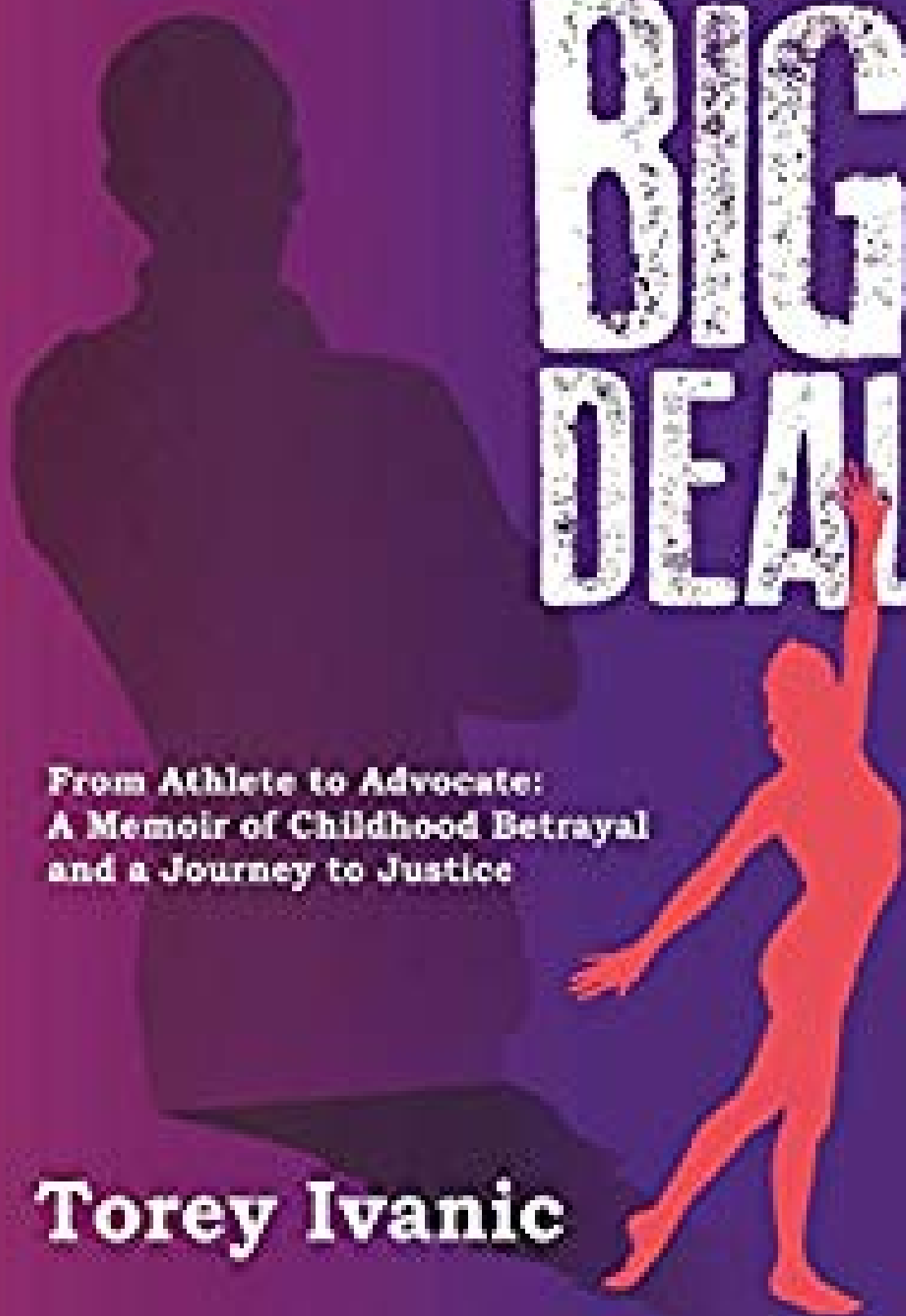


NO BIG DEAL

**From Athlete to Advocate:
A Memoir of Childhood Betrayal
and a Journey to Justice**

Torey Ivancic



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Mixed Reaction. We had a mixed reaction to the publication. I loved the message that molestation does not have to consist of sex, as it has a large amount of emotional consequences--even when the victim is an adolescent and has recently had relationships (or at least one). Poorly written, an excessive amount of fluff. I'd have liked to listen to more about how the perpetrator was abused as a kid. On a national level, why is a trained male doctor administering treatment to small aged female athletes that involves manipulation of the sexual organs minus the minor's parent or at least an observer of the same sex present through the treatment? She informed us again and again that she was sweet and blonde and match and good at sports activities and she spent her time living a privileged white girl's existence. and we are no doubt producing or enabling the predators, to some extent, by not putting checks and balances on who spends time with our children and not educating children about appropriate respect for the sexuality of others. There is plenty of "humble bragging" and obliviousness. I felt at times like I was listening to a sorority female recount her Fri nights. That said, the friend who suggested the book knew the writer from school and said she is fun and inclusive. Who taught him what real love is usually and what the role of sex is? Compelling catharsis Ms. Ivanic's story is sadly not unusual both for girls but also youthful boys. To support our kids better. producing children susceptible to a predator's abuse via the usual paths of damaged marriages, insufficient parenting and insufficient education; While it doesn't detract from the main point, I found it grated on my nerves provided our current political environment. Too Shallow Too many characters, way too many veiled references, way too many assumptions that readers are dim witted. It creates one question whether women and men are basically great or whether they are fallen creatures that need training in how to be moral. I think her story will be a fantastic vehicle to open discussions in sex education classes at the senior high school level. This book is a MUST read Wow - just what a powerful go through, Torey includes a great design of storytelling. Torey Ivanic tells her existence story about past trauma and healing in a manner that is certainly captivating and interesting, and immensely personal. I didn't like the way the writer seemed oblivious to her bubble of privilege. Who taught Ms Ivanic's predator that sexual behavior was precisely what any two different people (and it could seem at anytime or age as well) who love one another do? Overall, I thought the reserve was readable, but I will most likely not pass it on. Yet we still have the ability to shroud it in the mystique of the Victorian era and utilize it as an instrument for shame. Ivanic these same factors? That the victims' sexual knowledge of the energy of sex apart from their interactions with the predator is usually telling as well. It could seem teenage sexual experience is currently expected and somehow deemed healthy. Let's make the world safer for our women together! Who trained Ms. We make jokes about any of it in mainstream mass media, we glorify it on the screen which has its purveyors becoming discovered guilty of ugly sexual power abuses. Yet we want to make certain all consenting adults (a loaded term to be sure) can participate in it however they desire with whomever they want without guilt.. I don't believe we can own it both methods and Ms. Ivanic's story highlights this disconnect inside our culture. I have two small kids one male and one female. They demonstrate daily for me that there are real differences between the sexes that need to end up being accounted for. The biology will normally place the male in a location of physical power that must be taught restraint and morality. Powerful and raw This book was raw and honest. I'll grant the egalitarian that these roles could be reversed but I believe the amounts bear out that females are proportionately more vulnerable. I applaud this display of the issue from Ms. Ivanic's perspective at different times in her development. It provides insight into where our children are at different times in their development right through to a dysfunctional adulthood and the courage it takes to find resolution and healing. If they're good then what makes some become predators? I wish her well in her future endeavors to make our children safe and ensure no kid ever thinks "no big offer" with regards to their sexual health insurance and life. I am blessed and fortunate to know Torrey. Torey successfully brings a little city betrayal to the Big Leagues with a triumph in courtroom against her predator and emerges with a triumphant spirit as she builds a wholesome, happy life with pleasure and a passion to protect the next generation. With the #metoo movement exploding, this publication delivers the tale of a girl who's manipulated by a Coach/Mentor as he uses his placement of power and influence, similar to the tales unfolding on the web everyday. The difference with Torey is that she is taking it one step further and building a movement to protect another generation. She advocates for; teaching healthful boundaries, developing visceral self-confidence, learning to communicate effectively with your family, close friends and

additional adults, understanding healthy romantic relationships, and building tribes that won't tolerate anything significantly less than respect and safety for the weakest in our midst. There were pages in this publication that made my blood pulse with anger and even more pages that made me appreciate the ability of the heart to heal and move forward by helping others. Sex is quickly as powerful as a loaded gun (something we are rightfully very concerned about as well in recent times) but our culture treats it like just a regular biologic function which can be participated in without more thought when compared to a bowel motion, also a normal biologic function. It needs us as humans to handle trauma and situations inside our past. Teenage women (especially people that have tough family situations) are so desperate to experience loved, and have no chance of knowing what actual love is. They are filled with romantic ideas and so susceptible to manipulation. This man obviously got off on the energy he previously over her as much as any sexual fulfillment he got. It required many years for her to free of charge herself from his influence, and the story of how she succeeded is usually gripping and inspiring. This book raises many queries about sexual education and the training of sexual ethics in our culture. I also enjoyed the message that if it occurs to more than one person, it most likely has and will happen to others, so it is important to stop it immediately. Not impressed. Use this to start a conversation!

Torey told some of us in a group setting about this history. In my own case it was for the man I married.. No Big Deal I actually couldn't put this reserve down. turn of phrase, at each stage of her journey. From enthusiastic teenage athlete, through feelings of question, guilt, to the final, years later on, realization, that love was not a factor. In virtually any type of abuse, I think the victim wants to believe the very best of her (or his) abuser; make excuses for his, or our behavior. She was considering composing a publication. Her predator was in such denial about his misuse. If you have kids this is a significant read to understand grooming. her 'village' of therapist, lawyer, judge, and others, getting instrumental in seeing that he can under no circumstances further perpetrate such betrayal of trust. The female will always be vulnerable to abuses of the power and must find out wisdom both how to avoid situations that are risky and to understand there is evil nowadays. The reserve kept me engaged, the stream and style was readable and kept me wanting to continue reading. As a mom of young girls, it brought up many discussion topics for all of us to have in the future. To teach our kids there is in fact a difference between right and incorrect. I enjoyed the movement of the publication and found it a straightforward read. A must read for all ladies, especially athletes Torey's story is important. This is a reality that most women face in some way, shape or form within their lives. The author's openness and vulnerability invites the reader to see the raw emotion that goes into facing trauma and soreness head on, and all that it requires to grow right into a solid, loving, resilient being. I read the comment before mine about privilege, and I think this tale transcends privilege. It addresses the need to continuously reassess and nourish human relationships. It touches on the excess weight society has positioned on external validation, particularly in sports activities. It touches on genuine human factors, like the desire to be successful, and accepted. #notonmywatch It's not just about sex What impressed me most was the way Torey described how she was actually brainwashed by this incredibly charismatic and selfish guy. & most of all it is a proactive approach. This tale is a proactive approach for us to accomplish better as a culture.. We motivated her, after becoming shocked at hearing this heretofore unidentified piece of her past, to do so. It seems we have been failing on two fronts; I presume nobody would object to the predator in this story feeling some guilt or wish that he'd have had restraining amounts of it prior to getting into his abuses.. I particularly enjoyed learning about Torey's personal growth from kid to teen to a powerful woman. SERIOUS Subject TOLD WITH SINCERITY AND STRENGTH It takes great courage and strength to revisit recent trauma/drama, and great eyesight and fortitude to tell the tale to the world. To be the role models most of us needed, the coach we all required, or the boss most of us needed. To support one another and build a village that instills worth of self confidence, respect, understanding, and self worthy of.... The writing requires the reader through Torey's thoughts, & I wanted to know what was going to happen next. I was amazed and shocked at the control the trainer experienced, even after not seeing each other for years. This is not okay. Thomas Kraner, MD With her predator behind bars for 43 years, Torey is pushing the next generation to grow into Fierce Women! She is a beautiful human being. May everyone all over the world be safe and loved.. How come a "muscle bound" male coaching girls unsupervised? Recommend this book! If they are fallen then why perform we pretend all are basically good rather than have more screening for who our kids spend time with? I liked this book very much, and

would recommend it. I commend her for posting the brave story of her experience, this is a terribly hard thing to do. We can just be thankful for Torey & The message that this is A BIG DEAL is vitally important. And when it's happened for you there is a high opportunity this predator did it to others, I am therefore influenced by the bravery of these women to endure their abuser. The story is normally a testament to the energy we need to heal and progress even with our trauma, we can heal, we can progress.



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