

A GIRLFRIEND'S GUIDE TO USING ESSENTIAL OILS FROM BELLIES TO BABIES

Lucy Libido and

Betsy Bosom's Baby Book: A Girlfriend's Guide to Using Essential Oils from Bellies to Babies (Lucy Libido)



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The value is immense because they give the inside scoop on why we elect to focus on certain oils and avoid others using science backed data. They provide fun blends and brilliant recipes for the countless seasons of change that mommies are bound to undergo. They cover every topic that a mom may need during pregnancy and after bringing baby home. Lucy and Betsy have gone far beyond to research quite a few favorite essential oils and how they effect both mom and baby. Lucy Libido has done it again, and this time with extra help from her buddy Betsy Bosom! This powerful duo pulls collectively the greatest usage of essential oils from the trying-to-conceive stage all the way to keeping baby in your loving hands. Aside from pregnant mamas, this publication is a must-have for anyone who is an essential oil educator or who offers has children or grandchildren. It includes nothing you've seen prior seen dilution guides and essential oil reference charts for infants, toddlers and kids. Every question you could ever possess about using natural oils with children is protected in the well researched and contemporary Betsy Baby Book.



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Anytime I could share MORE concerning this better way of life, especially to a fellow Momma, I'm in! Love the Lucy Libido books! I was hoping that one would have more about TTC, however the information on using during pregnant and after child exists will be very useful! Amazing - Comprehensive! She thought about everything! Amazing! so comprehensive! This book alongside Young Living essential oils have changed my entire life, life for my loved ones and changed my mindset about living healthier, spending smarter and ridding toxins from my home! I started using oils during my second pregnancy and I am so very pleased that I did! SO SO GOOD Everything you could need to know about attempting to conceive, carrying a child, labor and delivery, and newborns + oils. Thanks so much Betsy! It really is well worth it! Awesome reference and resource! This book is Filled with oily tips, tricks, and amazing oily uses for conceiving, being pregnant, postpartum, babies, little humans and even more! Has reference manuals and recommendations and lists of questions to ask your physician or midwife or doula. Great book! So, ladies, if you haven't ordered this book, and you are on the fence, I'm telling you right now to hop off the fence and buy this GEM! All the yes's TONS of info Good Good Momma's Best Oily Friend!



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