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Discover Your 5 Signature Colors  
And Transform Your Life



J E N   T H O D E N

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Jennifer Thoden

# That's My Color!: Discover Your 5 Signature Colors And Transform Your Life



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Discovering her five signature colours helped her become familiar with her true personal, gain confidence in owning her strengths and flaws and the creativeness to design a life that really brings her happiness. She managed to transform her existence into one of success and happiness utilizing the steps she's outlined in this publication. Jen Thoden describes the five colors which will become your signature go-to always-know-these-colors-look-amazing-on-me colors, which include: - 2 colors which will bring you immediate confidence in yourself - 1 color which will pull your wardrobe jointly - 2 colors which will have you digging deep on who you truly are Jen Thoden found out her five signature colors when she was fighting her own identification. She was depressed, divorced, 40 and seemed to have no purpose. This heart felt guide explains ways to get closer to your authentic personal through the exploration of color and personal tale.Perhaps you have awakened to the realization that you don't really know your self anymore? Jen Thoden believes that you could live a happy fulfilled life when you are getting your authentic personal. Being yourself is so much easier than attempting to be another person. Join Jen on this personal journey and begin transforming your life with your signature colors.



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This book is phenomenal with the online course that comes with it. I finally figured it all out! color knowledge The book has good information and is a good read. It isn't no more than what looks good on us but also in what resonates with us on a personal level and makes us content. Jennifer Thoden's well thought out and playful approach to personal colors offers helped me a lot in finding the colors that match with me.. I was completely new to the colour wheel and truthfully have difficulty recognizing many colors, but Jen's movies helped me obtain it and realize I possibly could look great in the right colors. The book possesses an online course, and I will definitely be ordering a color fan from her site. My eye popping and grounding colors will be the deep browns. I also found my happy colors and my declaration color; all in the bright, warm and deep color palette. I would like to verify this by purchasing the set of color cards that's provided on Jennifer Thoden's website when I've enough money to do so. Not everything you think. Disappointing. Instead, it's a rather self-involved account of I woman's discovery of the colours that look great on HER, linked to a internet site for additional info that attempts to upsell you an on the web course for about 100 bucks. The "free on-line content" that the publication promises fails, and requests for help at their website need multiple inquiries to get a response, but no fix yet. I bought this publication hoping to refine my notion of what colours I should wear, but this book isn't helpful. Most of us go through lifestyle journeys and style is often a road on that We connected with the writer more through this publication than We realized! This reserve and her color system are actually so much more helpful than seasonal color analysis has been where you return back and forth between subtypes by no means quite sure where you meet. This is the best self help book I've ever read and I've read a whole lot! 1. Jen Thodens life tale is actually heart wrenching but ultimately victorious, and her anecdotes are well written and so enjoyable. The primary message of color analysis is learning and expressing who you truly are. 2.!. This is also like a short Artists Way where I was motivated to be creative also to feed my inner artist. Her illustrations and stories brought me so very much joy! By using this publication and the web course that gives lots of color photograph examples, I then found out my blushing colors are shiny and warm and deep. Jen may be the gem.. 3. Inspiration packed! Loved! Before, I've always been confused with the original four season approach to personal colours because I could not decide between two months.. The online course that's accessible with the buy of this reserve is phenomenal. This publication is a small part of the whole and more personal approach to embracing your own unique signature colors. Wonderfully presented book This book was insightful and has inspires me to snatch my inage, of my life. I connected with author through this book more than I noticed I would. I enjoyed this book! I liked the circulation of the narrative and also the details on color. The companion materials made discoveries that much easier! Encouraging Read Overall, it was an encouraging and positive personal tale. If you are a woman of color you will need to translate the majority of advice to your requirements. The authors offerings, though generous and heartfelt, derive from her own existence and one size won't in shape all. Keep this at heart. Thanks for the journey Jen! Done well Jen Thoden! In her book That's my Color, Jennifer Thoden helps the reader to get his best 5 colors for clothing and makeup.



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