



Attachment

60 Trauma-Informed Assessment
and Treatment Interventions
Across the Lifespan

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Attachment: 60 Trauma-Informed Assessment and Treatment Interventions Across the Lifespan



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In a society that values independence, self-preservation and individualistic thinking, we have been missing the key to fulfillment: Connection through Attachment. Simple, attachment may be the method that we connect to one another. Christina Reese, an established attachment and trauma professional, has created a comprehensive information that explains attachment over a lifetime, and offers trauma-informed methods to treat attachment at any age. Dr. Improve your client's relationships simply by teaching them ways of feel more connected reestablish trust, and bring back positive emotions. It is possible to fix dysfunctional attachment, but initial it is necessary to identify attachment style, unhealthy relationship patterns, and the influence they are having. Without attachment, people feel alone to cope with challenges they encounter, that leads to distress, dysfunction and mental wellness disorders. - Clinical examples, handouts and worksheets to make use of with clients of most ages - Recognize attachment designs - Identify key symptoms of attachment problems and their inception - Interventions that restoration attachment traumas to heal stress, shame, and anxiety- Ways to help clients enhance their relationships (children, parents, friends, and significant others)



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