

A photograph of a man with short dark hair, wearing a colorful patterned shirt and grey shorts, sitting on a large, light-colored rock. He is looking out over a body of water towards a hilly coastline under a bright, hazy sky. The overall tone is peaceful and contemplative.

*"Marlene has gifted the autism community with a guide that will be useful to parents and others wishing to understand autism from the autism community at large."*

**—STEPHEN MARK SHORE, Ed.D.**

*Internationally known educator, author,  
& individual on the autism spectrum*

# I AM ME

My Personal Journey  
with My **FORTY** Plus  
Autistic Son

**MARLENE RINGLER, PhD**

Marlene Ringler PhD

## I Am Me: My Personal Journey with My Forty Plus Autistic Son



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Her journey provides a firsthand consider the highs and lows of increasing a son with this analysis, leading towards a larger understanding of how acknowledgement of an autistic analysis may very well be part of our human being condition. Who will treatment? I Am Me is certainly a straightforward, honest, and touching tale of how a family copes when one member can be on the spectrum. Yesterday's autistic child is today's autistic adult. As mothers, ladies worry about just what will happen to their child if they are no more around to supply guidance and support. Who'll take care of him? One out of 68 children today are identified as having autism. Who'll love my son? Marlene Ringler straight addresses those very individual queries as she pays unique attention to research findings and current investigations into the spectrum disorder. I Am Me is a courageous story offered as something special of wish, inspiration, and love to anyone whose lifestyle is suffering from an autism spectrum medical diagnosis? a candid and moving personal narrative about raising a child with the devastating medical diagnosis. One of those is actually Marlene Ringler's son. This is a trip told through the prism of a mom who offers wish, belief, and conviction that the life span of a child with autism can and really should be fulfilling and rewarding.



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Ringler's book almost reads like a biography of her family members and her now adult Autistic child. The writer chronicles the twisting way to a medical diagnosis of Aspergers Syndrome. It is sad yet also uplifting with descriptions of previous discouraging methods to these Autistic people but also with very much humor and hope for the future based on current study and concomitant positive results. Sharing her substantial research about them along with her personal experience, she's provided a detailed guideline for parents facing such a analysis... Everyone will come away enriched A thoroughly unique look at the science and real estate life of autism. I thank the writer for sharing her tale and the story of her boy. She actually is candid about her very own odyssey marked by anguish, satisfaction gleaned from her son's extraordinary and hard gained accomplishments and inevitable uncertainty about the near future. I keep obtaining distracted by re-reading thought provoking sections. Dr. Ringler's beautiful writing style, distillation and choice of research results and honest, heartfelt sharing of well-intentioned failed techniques is indeed rare and the very best way to obtain generating break-throughs. This reserve is perfect for both educational and lay reader. I learned a whole lot about the difficulties and challenges when you have an autistic child, but yet the story was motivating and positive. The author's storytelling of like and perseverance compels the reader and specifically the guardians of those on the spectrum to keep reading. A sensitive revealing book on a subject not discussed in public areas Her candor and authenticity about a rarely discussed subject is revealing and ouching Such an eye-opener in to the personal world of Asperger's Asperger's has touched us recently, and in spite of it being truly a very mild form, 'I am Me' has helped me personally understand so many nuances of what this disorder means. I am worked up about the potential to attain the communities that are or feel responsible to search for strategies that support the well-being of a large number of adults with autism. The existing state of professional support for the Autistic community - focusing on Adults Dr. Marlene Ringler's simple to comprehend and self-explanatory written communication of today's support for the Autistic Spectrum; honest, heartfelt, and emotional. is quite enlightening and educational. Dr. A Journey to a Medical diagnosis and Plea for Understanding I Am Me is an important initial person accounts of the struggle of a mother to help her child. Along the way the writer shares very important info on the scientific and therapeutic analysis that is helping doctors and therapists to diagnose and treat children and adults with AS. I highly recommend this publication to anyone; not just people that have Autistic individuals within their instant circle of family and friends but also the the populace in general. In ways, once the diagnosis came, a sense of relief enveloped people for suddenly there was an explanation for all the years of unknowns. Your shifting account of your trip is definitely . Her insights gleaned from popular and scholarly literature are most beneficial. I hope many will choose to read this book An individual story with a general application This book is outstanding--nothing short of inspirational--an important achievement and contribution to understanding the needs of Autistic adults. The author's perseverance and devotion are palpable. More importantly how we as a community must be sensitive to the requirements of a person with BECAUSE THE book brings to light the very serious issue of what will happen to a inhabitants of aging adults with AS The publication was an eye opener for me . There are no other books like this. The annals of the autistic person intertwined with the non-public family journey through lifestyle is unique and extremely well documented. The range of scientific studies reviewed is comprehensive and important. Anyone with a family members member who is disabled and whoever has an interest inside our societal obligations to the disabled as well as anyone in the medical field will find both the background of autism and the family members problems the disease creates to become both of extreme interest and enlightening. I highly

recommend this publication. Michael Klitenick M.D. AN INDIVIDUAL Journey of Healing Dr. Ringler has created a courageous and generous reserve detailing herA gift painstaking search to understand and treat a child on the autism spectrum. The publication will be extremely beneficial to families whose kids possess AS and autism. Her publication is usually noteworthy in its candid, down-to-earth style and inspiring in its detailing of how exactly to combine acceptance and compassion with perseverance and perseverance. A shifting story of overcoming adversity with the power of love, her publication is a gift of healing. I have just finished reading your wonderful reserve. Well worth your time Marlene Ringler has done a great program for those who need to know more about the problems of raising an autistic kid to adulthood . As a rabbi the book has provided me great insight into what people of my community may need from me or our congregation to help a family who has a child with AS.. Marlene , I've just finished reading your wonderful book. Your moving accounts of your journey is a must read for all who have been gifted with an autistic child in our families. So much valuable information presented in an understandable form for the reader.. You are indeed "a girl of valor ". The message is universal. In this way there will be a much higher insight into the real life of Autism and how we can all make this a better world by having that required sensitivity to the population.. To hear someone else explain their personal journey in relation to Asperger's was extremely affirming, and besides, Marlene writes this publication with a tinge of optimism. The feeling you walk away with is it's challenging, but there is wish. The beginning is rather academic, therefore if you're not really into that, don't quit.. Could not deposit.. By chapter 3 the story-telling begins, which is the main portion of the publication, and for me personally, the strongest. Captivating book.. I appreciated Marlene's personal tales most, for all those were extremely supportive and useful. from youth to a much needed focus on Adult's with this complex cognitive-emotional-behavioral challenge; Hopefully it will teach people that people with AS are not dangerous and deal with them with greater respect and dignity. Many thanks for sharing your heart rending years of assisting your child and giving others information, hope and a role model to emulate. This author had an incredible problem to synchronize the research with her personal facts-on-the-ground! A fascinating and compelling tale for anyone, Powerful read I am Me is a powerful, poignant tale of a warrior mom Fighting on her behalf son to have a safe space on earth. A must read for families dealing with a child who has needs.



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