



TRUE GRIT and Grace

TURNING TRAGEDY
INTO TRIUMPH

Amberly Lago

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True Grit and Grace: Turning Tragedy Into Triumph



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In this memoir, Lago weaves the tale of her childhood and early adulthood alongside the grueling process of recovery from 34 surgeries and being diagnosed with Chronic Regional Discomfort Syndrome (CRPS). Accurate Grit and Grace may be the accurate story of how Amberly Lago's life was forever altered by way of a devastating motorcycle accident, and the victory she found out through her recovery. Amberly inspires visitors to thrive, even when their circumstances have narrowed their opportunities, and delivers wish and encouragement to others who have problems with chronic pain.



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I felt like I was there Reading the Kindle version of this inspiring tale. What an inspiration for anyone who offers struggles in lifestyle. At first I was only likely to glance at this book because I was in the center of reading Harry Potter series again. However, once I started your book, I could not place it down! Your book required me from Harry Potter, lol. The way you detail the story of grit, I felt like I was there. . She gives you snippets of history among the excruciating realities and you begin to feel like you know exactly who she actually is through this complete journey. You truly are my brand-new hero. ESSENTIAL Read! Life information told through the eye of a resilient female which will inspire anyone who reads it. This Reserve is amazing! Thank you for sharing your story ! It brings a certain clarity to the difficulties and hardships of life which is very valuable and beneficial to many a reader. We highly recommend this publication to anyone specifically anyone who suffers from chronic discomfort or any other unseen discomfort. As a person who suffers from chronic pain, I now ensure that you then add grit and grace to my day and will be permanently grateful by the impact this reserve has made and the amazing person Amberly would be to me and so many others. Amberly has an amazing method of storytelling and sharing her heartfelt life with ... A classic Six Star read!! The way in which she embraces existence and Most of her difficulties is definitely beyond uplifting to the soul and spirit!. May you all end up being blessed by scanning this heartfelt reserve of steps to make lifestyle be filled with roses even with its thorns! I'm so surprised at the strength This book had me quickly turning the pages. I'm so amazed at the power, courage and positivity that Amberly possesses. From an awkward childhood stage, desperately looking to receive some kind of acknowledgement and acknowledgement from her family, to her eventual career as at the very top dancer and physical fitness trainer. Mrs. Can inspire all. I possibly could not place down her publication until I was finished as I was intoxicated by her beautiful capability of "TRUE GRIT AND GRACE"! I think we've that it common. and who doesn't? When I am faced with particularly difficult occasions I will now check out inform myself to "cowgirl up" (well...I guess for me I should say "cowboy up")! 5 out of 5 Inspirational Stars because of this one! However, it generally does not solely concentrate upon this tragedy and the unpleasant recovery process. We can be on top of the world about a minute, and then come crashing back off to earth another. Exciting - and profoundly inspiring. Yes, nothing at all hits quite as hard as existence. and then some. It can be magnificent, in addition to cruel. June 14th, the nurses often waking you, is usually one. There may be little question that her upbringing and past prepared Amberly Lago for what was yet to come. I found this book intending to read for fifteen minutes before bed. In her book, True Grit and Grace, Amberly Lago illustrates how she chosen the latter. For those who may be looking for an inspirational examine which explores the power of positive thinking and depth of the human being spirit...this may be the book for you! Awesome writer! Amberly is a true Motivation of courage and perseverance! It is shown as a Memoir with the central event being a motorcycle accident which permanently altered Amberly Lago's existence. There can be without doubt that everyone's life comes with their fair share of trials and tribulations. I many thanks for composing it and having the courage to live it's truth. The reserve also intertwines the past with the present because the writer relives her childhood growing up in Greenville, Texas. She has endured more than most and rises above her circumstances, no matter what they might be. However, I found the author's accounts therefore riveting and real that I just kept reading! As the childhood misuse was quite difficult to read, it nevertheless offered verisimilitude to Ms. Could not deposit this book! Essentially, I read this book in one sitting. This is not something I typically do with nonfiction work. . To weave her childhood experiences with those of her present-day life was 100 % pure genius from a literary perspective. I tried purchasing it and it was already sold-out from multiple shops. They can choose to succumb and capitulate with their devastating circumstance... or they can do the opposite. It reminded me of my very own Uncle who offers since passed on from a terrible disease. That is what accurate engagement and sheer engrossment in a reserve is all about! He would always say that he was the luckiest guy on earth and was overwhelmingly grateful to become alive on a daily basis. He'd say this while sitting in his wheelchair and with the aid of a

computer voice program as his throat muscle tissues were no longer working more than enough for him to speak. So many thanks, Amberly, for posting your story and for assisting me see a small glimpse of hope at the end of a seemingly lengthy and dark tunnel ahead. 5 out of 5 Inspirational Stars because of this one!

Reading Amberly Lago's book brought in clarity from the exterior for me and I could finally begin to make that connection. Probably more than anything, this Memoir stands out as a completely honest account of the author's life. Using the web and YouTube, you can view all of the motivational and inspirational speeches and clips your center could ever desire. However, they are frequently just that...clips. Amberly Lago's story is real, legitimate and inspiring. To come across such devastating pain, and still have the ability to approach existence with overpowering positivity and wish is not any easy feat. She is also extremely frank and honest about her down moments as well. She does not pretend to become superhuman and we are able to experience her good and the bad and raw emotions because the reserve progresses. It really is how we react to these ensure that you Amberly Lago pushed through some amazing hurdles. This story lifts me up and pushes me forward when I doubt myself, or have tough moments.. The progression was organic and at no time achieved it feel forced. I could feel your pain. All in all, I discovered this to be a very inspirational and motivating read. Lago, you certainly are a true example of healing triumphantly. The energy of her phrases and her incredible story is life-changing, which publication will leave you influenced by how resilient she actually is and how existence takes on a whole brand-new meaning by viewing life in a brighter perception and never accept no as an answer. I would recommend this book to everyone! Amberly comes with an amazing way of storytelling and sharing her heartfelt lifestyle with this open heart! Life Changing This book was truly an inspiration if you ask me and completely changed my entire life.. This book is a very inspiring book moving from tragedy to success. I usually believed success in virtually any walk of life includes pain, disappointment and some failures. Because the reader it feels like we have been actually there in the moment. There are segments that basically hit home with me. An example of the utter harshness of lifestyle occurs when people experience an existence altering tragedy. The writing in this work had a very smooth and natural flow to it. Many thanks for sharing your tale. The Tiny Glimpse of Hope I So Desperately Needed

There are hardly any books I've read in a day, but Amberly's book was one. As a fellow CRPS warrior and advocate, I wholeheartedly empathize with what Amberly had to go through, especially after obtaining that life-changing analysis myself. As I go through, I laughed with her, I cried with and for her, I related to her and her struggle, but moreover, I was blown away by her dedication, resilience, inner power, and positive attitude. Her story helped to instill in me, for the first time since my own diagnosis, a tiny glimmer of hope. Not hope that you will have a cure or that my discomfort will diminish (though of course I desperately desire those things a lot more than anything); but hope that despite my circumstances, despite another struggle I am given, I will be okay, and hopefully a lot more than alright one day. I'll persevere. I'll share my story and help others. Amberly is normally an all natural storyteller - and wow, does she have a story to tell. I'll look for the many blessings in my own life and become thankful. I will take it day-by-day time, and try to make the most out of every day. I will not quit and succumb to this beast. I could never really understand how he could be grateful when existence had dealt him such a cruel blow. Fantastic book! There's something so powerfully raw and inspiring about both her tale and her writing that leaves me thinking about it during the day - inspiring the choices I make and providing me strength in tougher times. I'll someday write a publication. I couldn't put this book down. Actually, I recently moved to LA and, in the move, I needed to be extremely selective about what I brought and what I left out. This book was one of the first stuff I packed. Made me laugh, made me cry, and transformed my perspective on everything This book truly gave me hope. Truly one of the most precious reads out there. Anything is Possible! I read Amberly's book in one sitting down - cover to cover - literally fascinated with every fine detail. Her storytelling is definitely engaging, brave and honest. It's almost unimaginable to understand the amount of discomfort and struggling she endured during her ordeal and yet she finds a way to walk us through the mindset that got her through it all.

Moved by this book I actually was deeply MOVED by this book! It was an easy, captivating read! It'll be a great motivator for me personally on those dark days when I'm get over with the gloom of chronic illness. My children serves as my continuous motivator as does yours.. What I don't yet have may be the physical strength I wish however your book has a profound reminder to me that hard work and a no stop attitude can take you far. Thank you and Blessings. This book is a must read! Amberly is actually a very real and amazing person, and it results in in the pages of this reserve. It ensured the reader could fully comprehend and enjoy how someone could encounter such a tragic and excruciatingly painful experience, but still be able to start to see the positive and beauty in existence. Let me just say, I never read, ever. But this reserve the moment I started web page one I couldn't place it down. I read the whole factor that time and ever since that day my very existence transformed. I took back my life. I couldn't put it straight down!!! Amberly's story is an inspiring consider positivity and hard work. Thank you for lighting just how of hope for all of us to adhere to. It had been a true joy to read something so positive about something so extremely tragic. I was diagnosed with CRPS two . 5 years ago and found out about your reserve through one of the support web pages I follow and I figured you will want to. It is also very well written and with enough levity that your belly isn't in a ball the complete time you are reading.!.. You know, the holidays are around the corner? ? A must read for all. A genuine and rare inner and outer beauty ! Amberly's tale is so very well written that you feel as if you are with her on every page throughout the book . I admire her authenticity , courage , fight and raw truth she reveals about her trip page by page . She's inspired and encouraged me in lots of ways .

Amberly Lago may be the definition of mental toughness. I will be recommending that every among my close friends read this publication. I draw power from you Amberly . Lago's perception and outlook on life. It is frequently of these bleak times that people will ultimately determine their very own fate. When you started to awaken to your higher journey, I was cheering you on and I possibly could feel your grace. hours later, I came across myself turning the ultimate web page with tears in my eyes. Amberly's story won't just motivate you -- it'll change your whole perspective on lifestyle. Her authenticity, warmth and grace shines through what on the page. Thank you, Amberly, for posting your story with the globe! The title is perfect because you are a true exemplary case of grit and grace, and you also have relocated me to approach the problems in my own life with grit and grace as well. You are truly a warrior! True Grit and Grace is certainly a non-fiction book which recounts the author's real-life experiences. This is an excellent book, well written, with a a tale that may touch your heart. What an incredible journey she's been on since her incident.



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