

BEHIND CLOSED DOORS

*Uncovering the Practices Harming Our Children's Health
...and What We **CAN** Do About It*



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Joanne Stanton and

Behind Closed Doors: Uncovering the Practices Harming Our Children's Health and What We Can Do About It



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In their relentless attempts to improve the health of their own children, they uncovered harmful tendencies in our meals, pharmaceuticals, and environment, all stemming from weak laws and regulations and conflicts of curiosity. NOWADAYS tells the story of two mothers who began investigating serious medical issues in their own son and daughter and ended up writing an expose about the declining wellness of a whole generation of American kids. What they discovered shocked and ultimately empowered them to obtain actively involved in questioning and reforming these dangerous, out-of-balance practices, also to inspire other mothers to do the same. Behind Closed Doors not only offers scientifically verified evidence of how declining industry practices are harming our kids, but showcases solutions like environmental medicine and other integrative health practices, shares personal achievement stories, and provides tools and solutions parents can instantly put into action equipping and inspiring people to stand collectively for change.



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So often we are afraid to look for answers to our kids medical complications/ailments and also have been taught never to question and simply sit back and pay attention to "the professionals". Change the life of a child, and change the near future. This book is a very easy read that tackles main issues that are influencing the well-being of our kids and empowers us mom's especially to stand solid. I'm so glad I know what I understand now Behind Closed Doors is a must go through for all Mom's (and Dad's for that matter). This book gives me the inspiration and the courage to query "the professionals" as a mom/parent. This book provided achievement stories along with guides and assets to take the energy of our kids health/well-beng back and to get to the ROOT of our kids' health issues. Hats off to these authors/mom's for uncovering such eye-starting truths about our medical/environmental and food industries that have been swept under the carpet at the trouble of our children's wellness. it certainly captures the essence of the publication. ! Kudos to these 2 women for researching and writing this informative and eye-opening book! It does make me mad but also makes me feel I'm not by yourself and there are alternative methods to help my children. Many thanks for writing such an informative and heartfelt book. Behind Closed Doors is crucial read for all parents Behind Closed Doors is a must go through for all parents, if not absolutely all persons. Inspirational to read what these 2 authors endured in their personal lives and families to put them on the path to uncovering such truths. Several eye-opening statistics: Doubling of childhood asthma over 15 years 300% upsurge in food allergy outpatient appointments over a decade Ten and forty-fold boosts in ADHD and youth bipolar disorder As moms of children suffering from heart breaking illnesses (except the hearts of these women were under no circumstances broken, because they by no means stopped fighting because of their kids) the authors asked "why". And they tell you about the barrage of chemicals which bombard our kids's bodies, at ages and phases if they and their immune systems are most vulnerable. The assault originates from the myriad additives to our processed food, and the chemical modifications to your whole food;. It's created in an interesting, exciting format expressing facts and statistics with inspirational rates, varied images both formal and comical, and emotional personal stories woven together to produce a realistic read regarding the effect of our environment on our children's health. If you have period for nothing else, read the chapters on food. Your visit to the supermarket won't be the same. And, if nothing else, read Chapter 8 and the epilogue. I strongly recommend this book to anyone who has wondered why our children have so many health problems. I really like this book I love this publication! Its a well written, balanced, reasonable, accurate and well substantiated look at the industries and methods that impact most of us. Its been a clarifier and tension reliever for me. I just wish I had these details years ago. It's well-organized and awesome resources for more info and fact gathering making

taking actions and making adjustments a whole lot easier to manage. I highly recommend this unique book Inspirational, hopeful health info to initiate modification for our well-getting and moreover that of our children. As a mother and teacher, every mother or father should read "NOWADAYS". This book will impact the lives of these who are luckily enough to learn it. Throughout everything, the authors never overwhelm you with too much information, but there's a Resource Guide at the end of the publication if, as is almost certain, you would like to find out more. Also included is usually a resource guide to assist you become a critical consumer for the advantage of your family's health. Very resourceful details to help make better medical/environmental decisions for yourself as well as your family.! You will come away with more info than you desire but so imparitive to learn. "A must read" This is a book that everyone you understand should read regardless of your actual age. The cover is also genius. these writers should have a 5 star for the task they placed into this reserve. I intend to pass this book on to everyone I know & hope they do the same. Nothing changes unless this understanding is passed on. Well written with an important message I REALLY LIKE this book! A must browse with such important info! I really like how it's structured- the quotes, the personal stories, and the art work. The authors' writing style is indeed easy to read. I must say i could not put it down! The assets are great &.. Crazy! This must read publication presents eye-opening, valuable info regarding hidden medical issues. I'm so glad I know what I know now.. Exceptional book! I strongly suggest this reserve to anyone .. This reserve was very attention opening and I learned a great deal! Superb book! No disease will ever seem incurable, and no cause hopeless, after you read what a mother's like can accomplish. The authors do a superb job unraveling and talking about the factors affecting our children's health and intertwining it with personal stories. It is possible to help but experience empowered after reading these courageous stories! At the end of the reserve and throughout many tips and resources are offered to the reader.. Five Stars Wonderfully written and eye opening reality to the Chemicals that effect everyone. Cleverly depicted and informational! Like this book. It's therefore well written with this important message.! In compelling but everyday language the authors, Joanne Stanton and Christine O'Donnell, show the way the health of our kids has been damaged by chemicals inside our food, items and environment. I highly recommend this original book! Definitely recommend! A Must For All Who VALUE Their Health Christine O'Donnell and Joanne Stanton outdid themselves. They're two devoted mothers who spent 8 years of their lives gathering important info to greatly help other moms improve the wellness of their children. This is an astonishing reserve which is impossible to put down. I cannot wait around to give copies to all the moms I know to allow them to help their kids to prosper and live the healthful lives they deserve. Behind Closed Doors is my number-one recommended

publication on my reading list. It really is truly an "Eyesight Opener" Many thanks for writing such an informative and heartfelt book . This book is a must read! the countless chemicals in the consumer products we use, apply and use everyday, and the pollutants in the air we breathe and the drinking water we drink. Thank you- it had so very much useful information and I'm definitely by using this as a source and instruction w/ my 5 children. I especially appreciate how the authors weave the important info into the exceptional tale of their lives.



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