

Say Yes!

FLYING SOLO AFTER **SIXTY**

Pamela Hull

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Say Yes!: Flying Solo After Sixty



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What goes on when, long-partnered and no longer youthful, we have been suddenly still left alone and uncoupled? State Yes! Here are stories of how a mature male or female may avoid a barren middle age. Of how to imbue our later years with heft, meaning and delight, self-renewal heavy with shock and discovery. Listed below are worries that grievously affect our burgeoning maturing community as most folks over 70 right now live alone, issues that resonate as well for retired lovers. Say Yes! is normally neither guideline nor manual. From this, her life catapults beyond the mundane as she travels by herself to various other European towns, writes a book, movements to New York. But also possibilities for an exciting, reconfigured reality, a good amount of bountiful awakenings for wishful visitors who may become heartened and emboldened. She takes an impulsive visit to Florence, Italy. Or perform we accept a conventional stasis, a sedate conformity. A digging in from fear of the untried. The author is definitely 60 when her husband of 36 years dies of pancreatic cancer. Standing firm can be her staunch refusal to simply accept a life of marking time without vigorous well-being. Perform we latch on? Rather, it is the narrator's intimate recountings of reduction and aloneness. How does one start? Bereft, an opportunity arises. Why move beyond what comfortably suits? To vanquish question, dread, despair. To savor the largesse of our world in adventurous new ways. Enriched by strangers, she discovers celebration in being alone, enters into passions older and fresh with verve and grit. This is a book that embraces the will, the spirit of such a problem.



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Recipe for life: Engage; add grit, mix. A brand new look at life's possibilities After the author clawed her way to avoid it from the profound loss of her soul mate husband, she made new discoveries and acquired a new skill, namely writing. I thank the writer for sharing her story. Hull uses her artist's eyes and sensibilities to explore widowhood, which was "thrown at her just like a disease." Fiercely intelligent and passionate, she pushes recent deep existential grief to ask, The type of life am I likely to have finally? Her world didn't stop at the age of 60, with self-doubt and insecurity binding her to a set past, but instead, she dared to engage, creating a new and vibrant life for herself.. Her center continues to be heavy with grief on her behalf husband's death, but her courage is palpable as she attempts so difficult to create a new life for herself.") And her writing shines through right here, with the primary idea that it is grit—the courage to embrace the unknown—leading to adventures. She displays how being available to experiences fills in the deep chasm between aloneness and loneliness. She actually is at her best, though, when recounting simple tales. One harsh winter day time on a bus ride from Chelsea back to her Manhattan apartment, she results in a tired young mother and her two small young ladies, about four and six: "On their feet, bright pink ballet slippers covered with sparkling silver spangles, sole thin as epidermis. She infuses the reader with a spirit of courage and experience and a sense of delight and belonging to the world all around us. We're wearing them because right now we don't have any other sneakers." "Oh, no.", We asked. But we appreciate these," she answered, lifting her leg and rotating her ankle. "Our college is just up there," she pointed. "We got in special. They don't consider everyone, just the poor ones without daddies. Look for a quiet spot where you can savor this book. . . We hope you discover some pretty pink shoes with sparkles, just like ours. Then you can certainly pretend you certainly are a princess who has plenty of shoes, exactly like we do.. I could not put the reserve down. Hull's little interaction designs a meaningful knowledge. Read her publication for the language, needless to say, but absorb the wisdom related on every page: look forward, not backward. You have what it takes to accomplish it. Each closing, frosted with the spirit of renewal, is certainly a new beginning, if you try. In State Yes! Fortuitously, she's released her narrative, bound to be an inspiration to all readers. . Go through and re-read the countless well-crafted sentences, going for a moment to visualize the scenes and internalize the thoughts related therefore eloquently. I wish her all sorts of all the best. Her heart continues to be heavy with grief . Many thanks for sharing your life Pamela Hull Makes Flying Solo Fearless A beautifully written, moving and hopeful book that is clearly a thoroughly enjoyable read.. There is much in this publication for all those. Reading her book evoked a mixture of empathy and sympathy. As an writer, my principal comment is that reserve is written from an extremely personal, private perspective. As is the explanation of her travels, vivid with the sights, noises, and flavors of different metropolitan areas. I wish her all sorts of all the best. ("Few things tend to be more pleasurable than the enchantment of place. 1 day, Pamela will triumph. Good Luck and God Bless. I could not put the book down. Her explanation of people, places and also ordinary situations in lifestyle is extraordinary! I relished how bravely she enters exotic worlds, from Rome to Paris to London. who've suffered immeasurable loss, as well..") Smiling, they waved and blew kisses at one another because they exited the bus. may we never forget, Pam Hull clearly writes from personal encounter. Pam Hull clearly writes from personal encounter. The author's gorgeous and evocative usage of the English language turns the ordinary in to the remarkable.. She brings . It describes how the author was able to liberate from her old ideas and practices, and embrace her life after the loss of life of her beloved husband. You will end up encouraged to take the next phase and beyond. This is actually the positive push most of us need. So much so that, I came across myself underlining something on almost every page.! It

is beautifully written, poignant and inspirational. easy and enjoyable to read An entertaining book, a good advise how exactly to live a confident life alone or wedded.. I highly recommend it! "Say Yes" is normally a delight to read" This book is terrific! She brings enormous enthusiasm and and honesty to her composing.! This book is definitely for anyone at any age group or stage in life who has experienced reduction or seeks to create changes. I state 'yes' to the wonderful new book An excellent and inspiring book This a such an excellent story. The author, in her wisdom shows us what it really means to live a meaningful lifestyle and continue. The story is delightful to read. By saying yes alive and life experiences in the simplest way feasible.. And, as a reader, her viewpoint became quite self-absorbed. You feel like you are right there with her on her behalf journey. I was influenced and uplifted by her terms, her power and courage. What a wonderful role model for all those. I loved it I found Say Yes! inspirational. I am 'after sixty' but I am not flying solo but that didn't matter. I feel the book applies to everyone - single, partnered, youthful and old. Uplifting A must go through for anyone lonely and dispirited. Pamela's descriptions were therefore real; I felt I was on the adventure with her. She had taken me to places that I haven't been but made me want to go. Pamela is a lady of courage and talent. To me, it had been about challenging ourselves, heading beyond our safe place and going for a chance with often wonderful outcomes..""Do you wear these to school just because they're quite or are you in a particular dance class? (129-30)Out of this most bittersweet of happenings, Mrs. It was ... The world is filled with hurting, pain-filled ladies. It was a turning point in my trip and motivated me in a profound method. Thank you Pamela!, Mrs.



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