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J.P. Nerbun

**Calling Up: Discovering Your Journey to
Transformational Leadership**



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Calling Up is a guide for coaches of most sports at all amounts that presents a step-by-step procedure to creating a transformational culture, you start with changing training behaviors, attitudes, and language. Modern-day coaches face the same challenges every day: entitled youth, overinvolved parents, and the city and administration's expectation for wins.P.P. In addition to the amusing and relatable story, which connects with instructors on a personal level, Contacting Up provides instructors with principles based on scientific research and personal knowledge that explore how people find out, what motivates them, and the human being condition. Calling Up has an easily accessible and inspiring tale as J. Nerbun experienced called to talk about the hard lessons that could not be within a book when he started coaching.P. Coaching will not just take a great deal of time; information the transformative connection with a high school basketball coach named Daniel and his year-long struggle to keep his work while working to end up being the coach he generally wanted to become. After over 11 years of training, and his own training philosophy transformation, J. These concepts are shared by one of the most extremely qualified and successful instructors in sports and J. it requires an psychological and physical toll, and coaches need to know they are not the only types facing these struggles. also provides specific tools and explains how those tools are used within the context of a team. At the end of the day, Calling Up displays coaches not just developing great athletes, but how to build great people.



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