



Why Your Hair Is
Thinning and How
to Grow It Back

WIGS SCARVES & LIES

Myrna J. Buckles

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Wigs, Scarves & Lies: Why Your Hair Is Thinning and How to Grow It Back



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Are you feeling self-conscious about your thinning hair? Wigs, Scarves, & Lies teaches women how to stop their hair from thinning and grow it back! Do you spend lots of time while watching mirror with hats, hairpieces, hair clips, and scarves, attempting to rearrange your hairstyle so your scalp doesn't display? In Wigs, Scarves & Lies, coach and hair thinning expert Myrna Buckles teaches women about hair loss? how to cope with it and how to disguise the hair thinning while it is growing back. Because yes: this guidebook provides the specific measures to grow hair back again! Myrna unveils 8 tested steps to resolve thinning hair, starting with getting a hold on the emotional influence of the hair thinning experienced by at least 21,000,000 ladies. While sharing her personal trip through hair loss and recovery, Myrna assists women figure out how to stop their hair from thinning and, better still, how to grow it back again and make the most of the hair they will have. Learning the underlying causes of hair loss is the starting point.



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Myrna's perspective touches your heart and offers a new outlook on life! The author has a passion for posting this with women. This book is mostly about the lies. A great must-read for just about any woman facing hair loss. Thank you Myrna. Bravo. Don't let thinning hair rule your life! Unexpected hair loss can occur at any age which book dives into all of the reasons. There are specific answers to my questions in this specific book. The publication concludes with how she found answers to remedying hair thinning. Great read, recommend it The book describes struggles a lot of women face from various factors. Not just a book that tells you that you are not by yourself, it gives plenty of really tips from styling to remedies. Great read, highly recommend it. Hiding from hair thinning Why are you losing your locks? Love this book Hair loss in women is so unspoken about. You can tell that the writer has a boat load of knowledge in the field from her own knowledge, but also from a tremendous amount of study in the subject. This publication chronicles one woman's experience of facing the increased loss of lush, heavy hair to the psyche and the psychological affects of attempting to hide hair loss. Take charge you will ever have and stop the devastating effect of hair thinning. Genetics, cancer, trauma, medicines, or for unknown reasons are a few of the topics in Wigs, Scarves and Lies. So a lot of life is adopted by covering it up or hiding it. This reserve is for ladies that require hope! This is a great book filled with heart and facts This is a great book filled up with heart and facts. The information presented in this book is really useful since it follows the struggle and success of the pain connected with hair loss. Story of my life! The cover captured my attention, but the text kept it. Hreat work!



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