



Sparkle  
On

WOMEN AGING  
IN GRATITUDE

KIM KANE

Kim Kane

## Sparkle On: Women Aging in Gratitude



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There are occasions of poignancy and plenty of laughs." No one wants to talk about aging--especially aging females. And we're definitely not supposed to be content about getting older (as though we'd a more appealing substitute). We're not supposed to talk about the weird food grievances we develop, nor the truth that we can't help but to break wind in yoga. We're not supposed to bring up the changes to our bodies or lifestyle. As humorist Kim Kane entered into this strange new era of "a certain age," she acquired a nagging feeling there is more to aging in our tradition than colonoscopies and early bed instances. She started hosting gatherings of females to discuss important queries about the psychological, public, and physiological adjustments in the aging knowledge. And by the end, you'll feel like you've made a friend and became a member of the ranks of bold, honest ladies who are maturing in gratitude. And for that, why should anyone feel anything but gratitude? Sparkle On touches on from fashion choices, to romantic relationships, to grief, and everything among. I'll just say it: We am a "woman of a particular age. And with grace and humor, the truth about aging started to emerge: Aging actually just means living.



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Fantastic Read!! Fun read Yes it had been amusing but since I am well past the starting of middle age (81), I was former most conditions, but nonetheless sparkle. I recently had the chance to stay at a ranch in Montana with three other wonderful women. Aged 59, 72, 75 and 90. We took turns reading the book out loud. Everyone appreciated the author's humor, we hardly ever laughed so much! I liked reading out loud because it gave each one of us the possibility to inform about there personal experiences. Also facing the decisions for our funerals or celebrations could be fulfilled with some humor.! What a fun, great book for those of us in this stage of our lives.! I will give the publication to my daughter who's beginning to sparkle. We all age The writer faces how our bodies age with such humor, I laughed out loud. It's always great to know those things are regular. If your not likely to Montana and possess to learn the book alone, I'd still recommend it!Ms Kane also writes how important young lady friends are, whether very long time friends or current. This little book is merely delightful! Wonderful, humorous read This book was hilarious, informative and just fun to read. Every anecdote is indeed engaging I couldn't await the next one. So when a grammie & a widow, many things really strike home.. friends. What a GREAT book! I must admit this isn't the type of book .!! With its honesty, humor, and respect for a 'certain age,' Kim Kane allows readers to come away with an modified attitude to aid in the continuing journey.. Have previously recommended it to numerous of my client and they enjoyed it as much as me:) While it reads such as a CONVERSATION one could have with oneself about acceptance . this book was so easy and fun to read this book was very easy and fun to learn. I'm looking towards her follow up book. Bad pick for book club Five Stars Loved this book.! I immediately had to get copies for some of my closest university friends; What a liberating feeling! Thanks a lot Kim! What a GREAT book! I liked out so much, I purchased 10 copies and gav them to sisters &! Ms. I have to admit this isn't the type of publication I'm naturally attracted to, but when I picked it up We didn't want to put it down. It's certainly nice to know I'm not the only one going through these "adjustments"! As another " Girl of a particular age" I could determine with every phrase. Her writing enables you to feel as if you're out for supper with her and sharing your life over a glass of wines. She even makes becoming a tad introspective or melancholy something that it is possible to handle with a dosage of humor, several solid girlfriends not to mention a liberal dose of "Sparkle"! I await her next reserve. Could she end up being the Erma Bombeck of her era? Funny, silly, serious most wrapped up in one Thanks a lot Kim Kane for an excellent read. Kim takes you from funny and light to significant and idea provoking. I could relate to and appreciate many of Kim's tales. It had been wonderful to laugh, often aloud, at the tales she tells. Therefore grateful for the insight and delivery of Ms. I anticipate her next reserve but while I wait around I will be sure you Sparkle On and spread the sparkle as I proceed. Bad pick for book Absolutely dumbest publication ever! While it reads such as a CONVERSATION one could have got with oneself about acceptance of the unavoidable and a procedure for these challenging times, Kim's unique ability to create a wise voice is a treat. It was something special from a pal and was therefore fun, assisting me sparkle?? What a fun, great reserve for those of us in this .. I possibly could not put it down.! Every chapter brought smiles and laughter. Kim mixes fun and seriousness collectively well and makes for a well woven go through. Kane mainly because she describes these phases as we get to the various points and age gracefully. "Sparkle On" is indeed very empowering also specifically in the current times. Thanks so much for brightening up many people's lives with Your compilation of stories and phrases of wisdom. A Must Read! This is a must read for all women of a "certain age". You will laugh and cry while reading the tiny stories about Kim and the females she has interviewed.

You can find so many tales in this publication that I can totally relate to!. Kane writes in what so many women of a certain age are thinking and going through and she will it with wit, humor and honesty. SPARKLE ON women!.. You will laugh and cry and find so much of yourself in the tales. Can't wait for another fun reserve to read. Kim writes to all or any as an excellent friend would The book really reminded me how important it is in all honesty with myself also to own what I cannot change. I can hardly WAIT to listen to what they need to say. Kim writes to all as an excellent friend would.



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