

Sandra de Bruin and

The Patient's Medical Journal: Record Your Personal Medical History, Your Family Medical History, Your Medical Visits & Treatment Plans



An easy way to keep track of your medical information for years to arrive.ve recorded your recent, there's Medical Journal is a medical diary for patients and their families.s history and present wellness. It is designed to help individuals keep in mind and organize medical information about their and their family members' The info, once recorded, comes into play handy when filling in medical forms for doctors and hospitals. The book is split into sections to record all pertinent information, such as:A personal medical directory for information regarding health providers and insurance companiesPast surgeriesMajor illnessesAllergiesVaccinationsCurrent medicationsLab testsAnd family medical historyOnce you'The Patient's a fresh section where one can record details for your upcoming medical appointments, the reasons for the appointments, and your skin therapy plan you' Very quickly at all, it is possible to compile a compact diary of your medical history for convenient make use of in the foreseeable future.ve outlined with your health-care professional.



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I ordered 2 one for me personally and . For the present time, don't worry. I cannot use this for that. Maybe this will help clear up whether this book will fit your needs. I love this book because it got me finally to sit back and record everything I've done medically, from booster shots to mammograms, with dates. I ordered 2 one for me personally and one for my hubby. Appreciate them!This is not a journal You can find extensive sections to keep track of doctors, known health issues, test results, and specifically office visits, but there isn't one page to keep track of day-today symptoms... Love them! Was looking for more history." Those phrases proceeded to go in, and I shut the cover. The best way to keep an eye on doctor's visits! Three Stars Finally somewhere to arrange and document my health history Five Stars it is great keep everything together with it Five Stars Great publication for keeping Medical records Medical Journal Didn't think it had been so 'daily' focused. My husband looked at my entries and thanked me, and said he'd like a copy of the journal for himself. I put it to the real test yesterday when I came home from a go to with an orthopedic doctor. His counsel if you ask me was, "Call me if you are in pain. I purchased this to track my day-to-time symptoms, to see what might worsen or relieve my symptoms. They will be great for my children to know the health background of our family members. If there's any quibble, it's that there surely is room to record your bloodstream type (though there are many places to notice it). I anticipate using this journal again and again. Five Stars good for keeping information of my medical stuff



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