

"This book is an excellent guide to child development . . ."

—CAROL STOVE KRANDOWITZ, M.D., Author of *The Tail of Spin: Child Recognition and Equity with Sensory Processing Disorder*

WHY MOTOR SKILLS MATTER

Birth to Age 3



Improve Your Child's Physical Development
to Enhance Learning and Self-Esteem

TARA LOSQUADRO LIDDLE, M.P.T.

Foreword by Paul B. Tallas, M.D., Director, The Tallas Center for Mind, Brain, and Education

Tara Losquadro Liddle

Why Motor Skills Matter: Improve Your Child's Physical Development to Enhance Learning and Self-Esteem



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, Director, Brazelton Touchpoints Center, Boston Children's Hospital Learn To Use Physical Activity To Raise An Emotionally Well-Balanced, Even more Coordinated, And Happier Child Playful interaction beginning in infancy is essential to a child's cognitive abilities, language, speech, and general emotional balance. Avoid common developmental mistakes, such as using exersaucers, having your child wear hard-soled shoes, and promoting early strolling. B. Brazelton, M.D. Make sure that your kid progresses through the proper developmental sequence." --Joshua Sparrow, M.D. "This is an important book [that] gives critical insights and the expect a bright developmental future that all children, parents, and the professionals who serve them need. Filled with practical, age-appropriate actions for children from newborns up to age group five, Why Motor Abilities Matter helps you to: Integrate contact, movement, and body consciousness during playtime., Founder, Brazelton Touchpoints Middle, Boston Children's Hospital "Why Motor Abilities Matter shows how kids make use of their senses and bodies to explore their environments and what we are able to do to safeguard and strengthen this essential pathway for his or her development, health, and learning. Determine if your child has sensory processing difficulties or disorders." --T.



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It arrived 2 times later and I go through this publication straight through as soon as I arrived home from RMUoHP! This book is packed full of valuable information. While on campus recently for weekly of graduate research at Rocky Mountain University of Health Professions I got the satisfaction of meeting and working with Tara Liddle, writer of "Why Motor Skills Matter". Tara is definitely a separate and experienced pediatric physical therapist and unquestionably delightful personally. When I learned that she'd recently published her revised second edition of the reserve I ordered a copy on Amazon. Superb resource for pediatric clinic, pediatrician office and new parents! I've read 50+ books written for parents on kid development topics which is usually one I am thrilled to recommend. Tara writes beautifully, her chapters movement smoothly, and she works with her parent assistance with solid evidence. I especially like how she speaks in a clear, compassionate and respectful tone of voice to parents and dispels common myths linked to motor development with suggestions how to promote healthy, play-based sensorimotor development in children. This publication was a joy to read. I can visit a copy of this atlanta divorce attorneys pediatric clinic and pediatrician office. It could also make an excellent present for a baby shower or a fresh graduate from PT school. Rae Pica Author of Your Active Child Susie Donohue Movement Very important to children development Great overview of developmental milestones & how exactly to encourage movement to facilitate important engine control skills NewMom I checked this book from the library a couple weeks before my girl (now three months old) was born. This is a good tool in the clinic. I am a pediatric physical therapist and a child development specialist so I read lots of parenting books. I would recommend it for all parents of kids birth to age five and think it must be on every expectant parent's set of books to read. In fact, motor activities donate to cognitive and sociable/emotional development! I assume I assumed helping infants and kids learn the skills they need will be second nature. (Similar to breasts feeding - HA!) A pal of my grandmother's who is an administrator at a physical therapy school recommended I get a book about motor skills. I'm so pleased I discovered this one! This is a good tool in the clinic This book assisted me in explaining to the parents of my pediatric patients about developmental skills and their importance. One of these days they don't let me renew it and I'll have to break down and get my own copy! An important resource for parents of young children! For much too long, people have believed that the mind and body are independent entities -- and that the functions of your brain are more advanced than those of your body. It's easy to read and understand, and it just makes so much feeling. I'm grateful to have recommendations within my fingertips about how to greatly help her develop in various areas and why each area of development is essential. As a children's movement specialist who, for 24 years, has written and discussed the importance of movement in children's lives and education, I practically consumed my highlighter as I browse this reserve! Pediatric physical therapist Tara Losquadro Liddle helps parents see that engine development is simply as important as cognitive and public/emotional development. My girl is developing perfectly because of suggested activities and playthings. Highly recommend.



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