"A perfect read for anyone who has ever fallen down and clawed their way back up!"

- Erika Jayne , New York Times Bestselling Author of Pretty Mess AJ GIBSON

BOUNCING BACK FROM LIFE'S ROCK BOTTOM MOMENTS

AJ Gibson

Flipping the Script: Bouncing Back From Life's Rock Bottom Moments



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#1 Amazon New Release! - Stories to Help You PersevereLive Through the Hardships: Lifestyle is complicated and messy, but once in a while life gives you a syndicated chat show on a major network - and fires you for being "all icing no cake." After that it transmits your born-once again Christian sister to consider you out to lunch time on your birthday, only to let you know she suddenly believes it is possible to pray the gay aside and that you should've used your time and effort on the present do more for Christ. Find out You're Not Alone: AJ includes a present for shifting his perspective, turning crappy situations about and finding a way to persevere every time the world appears to be telling him he was born to fail. Luckily, AJ Gibson thought we would step back and talk about his struggles because, well...not really today Satan! He knows what it's like when existence feels like a never-ending roller coaster, and in his self-help reserve In the end, this isn't Hollywood, errr...any more. AJ's journey from a closeted gay boy from Ohio to that guy people kinda, sorta acknowledge from TV and Hollywood seems glossy, but the truth is not. He also knows that people all have problems and he's here to help. In Flipping the Script, AJ shows how his life has been a series of personal roadblocks and rock bottom moments. Flipping the Script, he doesn't sugar coat the truth. Each and every time he thinks he's in the apparent, he finds a new method to crash and burn off. Let's just say insecurity was once a pretty close friend of his, so he knows everything you feel like whenever you discover yourself scrolling social media comparing yourself to others. Fortunately, he's a fairly smart man and moderately witty, generally finding his way to avoid it of life's rock bottom moments - and you may too! Then, because there's generally another "then," you receive a tax bill from Uncle Sam that almost sends you out your tenth-flooring bathroom window...literally.will make you laugh, encourage you to keep fighting for happiness and inspire you to turn your own rock bottom occasions into your proudest accomplishments! Through all the mess, all of the hardships, he in some way manages to maintain a smile on his encounter and a roof over his mind. Feel Empowered: The true stories in In his publication, AJ shares tips and tricks by means of "Script Rewrites" at the end of each chapter that will help persevere and find your accurate purpose. AJ's "Hollywood" situation could be unique, but his struggles are relatable. After all, you'd be hard-pressed to locate a person who has achieved success without problems - specifically in the LGBTQ community. As a proud gay man working in the entertainment capital of the globe, AJ's personal and professional stories will leave you feeling empowered and just a little less defeated. Flipping the Script will give you the power to overcome your own private roadblocks will rip your center out, cause you to want to fight somebody, and leave you feeling like you can solve globe hunger - all in a single chapter. Flipping the Script Turn Bad Circumstances Around: Flipping the Script You will:experience deeply connected, understanding you're not by yourself in your struggleshave basic, real world tools to assist you bounce back again and live the life span you were created to livesee yourself as the wonderful, creative, able human being that you have been - but forgot somewhere along the way



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Practical advice with a great story AJ writes like you're an associate of his internal circle, posting secrets and getting honest about his life and experiences. He also provides amazing guidance for reframing encounters and moving beyond adversity. Must read! Be ready to laugh, cry and feel motivated! It's so difficult to open yourself up in the way that AJ provides in this book.. We all have different life experiences but how those experiences make you feel could be eerily similar, not necessarily therefore! It's amazing how one person's journey can help you view your own in an improved light. AJ does an amazing job bringing his real life circumstances into your own personal thoughts and house. I was blessed to grow up making use of their family and they're all amazing people. I smiled, laughed aloud, cried, and also shouted at the tiny stories of his lifestyle he shared. Therefore honored to have go through this book. I'll certainly be sharing with friends and family! it felt want i was talking to an old friend From the very first page, it felt like i was talking to an old friend! This amazing support team. This book is so good! I didn't purchase it to be reading at an initial grade reading level. I by no means felt bogged down by hard follow, dry technical language, but rather found it to be very relatable and encouraging! J. The book inspired me to remember that there surely is hope. I did some of the script rewrites plus they have made a positive difference in my own life. Can't wait to read anything else he or Emile produce! I got completely lost in this reserve and could experience the honesty that went into composing every page. Not a fan I wish I liked this book. It's horrible. I had lately lost my just sibling to suicide and wasn't 100% sure I didn't want to "opt out" aswell. Unlike many self-discovery books, that one was very easy to learn (it was so engaging that I browse it in two days)! They are not so unique of you and I and suffer and struggle just like the rest folks. I wish I didn't spend the \$10 on it. If I could return it I'd. I purchased it because I treasured hearing AJ on the Juicy Scoop Podcast however now I'm only finishing it because I purchased it. Must Read! An excellent resource book for those struggling with existence issues or for those wishing to enhance their lives. I discovered this publication and it's Author unintentionally the day it had been released. AJ Gibson is authentic. AJ Gibson is not only a host, he's a genuine and thoughtful man which he displays in this splendid can't deposit publication Flipping The Script. His tips and rawness cave in to laughter and triumph we can all understand, want and should have. I'll definitely share my duplicate with my friends and family but encourage you get a copy and spread the term, it's an abfab examine. A must read! A great, personal tale with many lessons, relatable and encouraging. Life changing Love this book! Natural, real, and to the idea. Thanks AJ for being brutally honest. It makes all of us feel like we aren't alone. A must read! I usually thought Hollywood celebrities led such perfect lives, everything was easy, and things always went their way. Flipping the Script gave me the courage to open up old wounds and take baby steps to healing. I can't let you know how many moments I've laughed aloud and cried... Truly inspirational! It's sporadic and a circus. I so enjoyed this reserve and learned a good deal about myself while reading it. There is hope! I plan on re-reading it in order to fully engage in the finish of chapter "script rewrites"; I truely wish more books were this honest! Looking towards the next book by A. The reserve is created in a lively narrative that contain the reader's curiosity! The writing is all over the place. I wasn't disciplined enough to do this to begin with because I came across myself wanting to know the rest of AJs story! Great book that connects you from the start! It helped me understand that I was built to last!.! How many of us struggle with secrets that form a life/truth we don't desire and experience we can't modification? Flipping the Script gave me the courage to open up old wounds and take baby steps to healing. I give Flipping the Script 5 stars nonetheless it gave me back my life. ?? Highly

recommended Awesome book! So inspirational. Highly recommended.



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