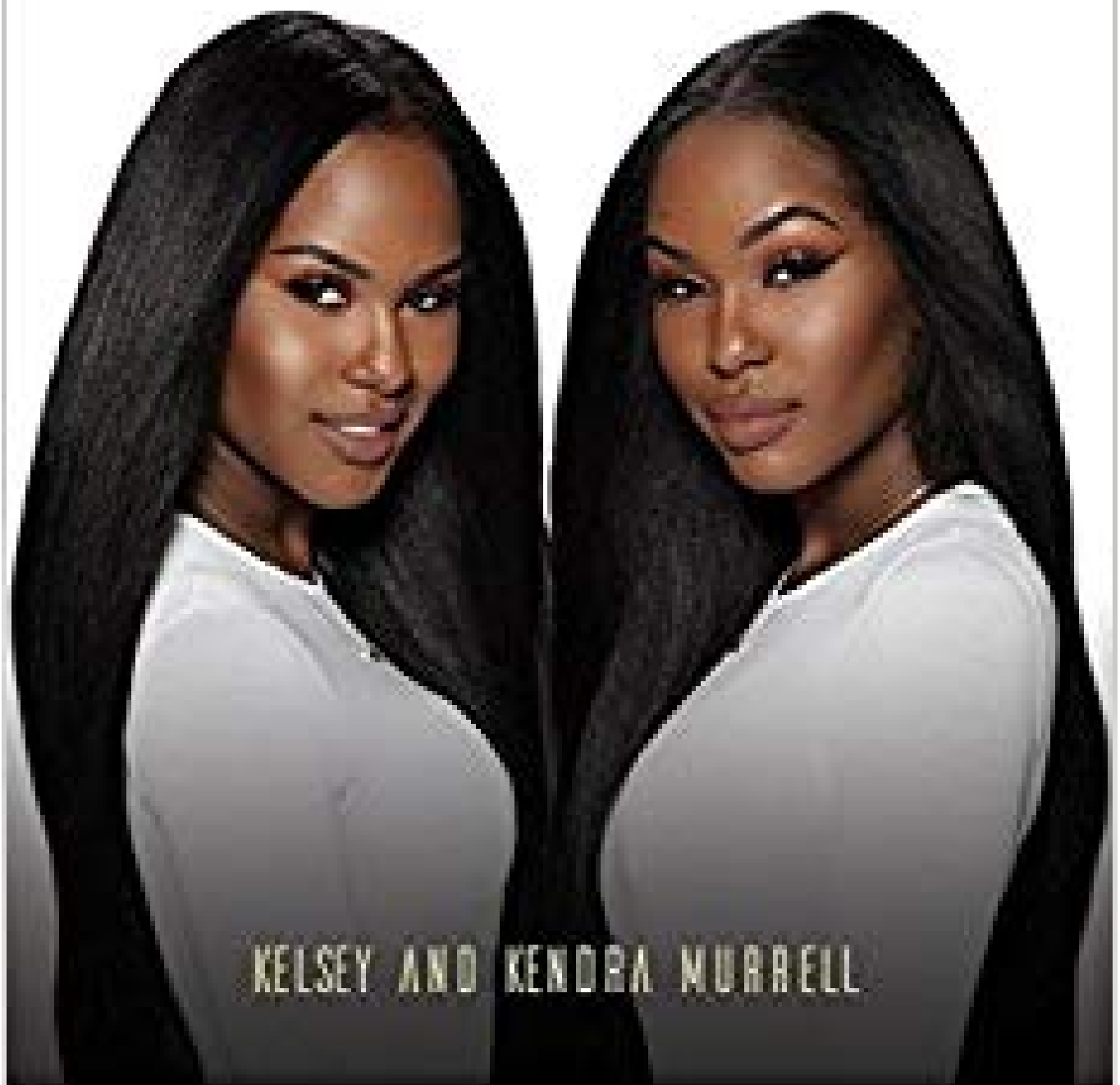


THE
GLAMTWINZ GUIDE
TO LONGER, HEALTHIER HAIR



KELSEY AND KENDRA MURRELL

Kelsey Murrell

The GlamTwinz Guide to Longer, Healthier Hair



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Get the long, healthy hair you've generally wanted. ? How to get healthful hairHealthy hair suggestions from the GlamTwinz: #1 Amazon Best Seller! YouTube superstars Kelsey and Kendra Murrell – The GlamTwinz – talk about their secrets to developing lengthy, healthy and natural locks, without having to rely on chemical relaxers.How to have healthy hair: In Today, The GlamTwinz build on that to reveal a lot more secrets and answers to followers' queries, while revealing their own personal hair struggles and triumphs.Textured hair requires special care and attention and The GlamTwinz have been delivering their finest since their viral video: "Top 10 Tips to Grow out Lengthy HEALTHY Hair" hit YouTube.The GlamTwinz Guide To Much longer, Healthier Hair, you'll learn secrets to:Growing your hair longerGenerating natural shineTaming the frizzinessReducing hair breakageGetting the best look without the chemicalsBe confident and love the way you look!



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Great, quick read Great, quick read. However, I can only speak for a female like myself but putting on my hair lengthy and chemically comforting it every 6-8 a few months is actually far more convenient for my spending budget and lifestyle. I have started implementing their ideas in this publication to my hair care and I already see amazing results! They could attended up with an on-line locks questionnaire that generates a routine predicated on how you answered the queries. Or just have a written outline of what they do daily with their hair so the reader could see if their personalized program could work. It was okay It was an okAy reserve but it's basically a reiteration of their video from a few years back. I purchased it because I am a solid supporter of the Glamtwinz and I will continue to support them. Diane To All Females, that are looking healthy locks,young and old! I am natural on / off for about 8 years but under no circumstances thought my hair was decent normal because I didn't see a curl design of it was always dried out, brittle and unmanageable. Thanks a lot! I've been pursuing Kelsey and Kendra for many years now. An easy task to follow, browse it in one sitting, and now I can't wait until wash day! Great Guidance for Curly girls I would suggest this reserve to transitioning, big chop newly naturals, or girls like myself that just need some meaningful information and encouragement.Good info but nothing new Good info but nothing at all new. Good sense, logically and introduces points I hadn't thought about. Also an excellent incentive for my teenager to consider better treatment of her hair, permitting her to record and journal about her healthful hair journey. I really like the book because it give every information how to look after your natural hair and how to proceed to keep it healthy as well. I have learned about my hair from their website. I am purchasing 11 even more books and providing as presents for Christmas. Its good very great to learn about the natural locks care I order the reserve in October to read during this 12 months to take better treatment of my organic hair. Love the GlamTwinz youtube channel Appreciate the GlamTwinz youtube channel. My goal this year and the brand new year coming 2018 to have healthy natural hair journey, the book keep it real, how to take better caution of your natural hair. This book was very open and beneficial to read. I sometimes receive email messages andor online content sent my way about the natural locks movement and I start to see the good intent behind this. I have not yet seen their youtube movies yet I might do so now and I really do enjoy several topics that both ladies cover in this kindlebook actually if I respectfully disagree with some points. Some of the following good guidelines in this kindlebook; the fun habit of creating a graphic of success and a plan with regards to obtaining a certain hair size andor type, look for a friend (obviously helpful as occasionally a person may sometimes get external information from other resources on what to do with their hair predicated on what is trendy andor popular however, not necessarily in the very best interest of the person). For example, the natural hair motion is becoming popular and is more including women from several backgrounds, bodyshapes, complexions, socio-economic status, age group and other factors which is a good thing. Lively The Glam Twinz Guideline to Longer Healthier Hair by Kelsey Murrell and Kendra Murrell caught my attention because of my knowing that beauty comes in various forms but I was wanting a kindlebook that also provided encouragement on keeping hair very long. I'd have liked to visit a more specific routine. Wonderful! My point; I like that both Kendra Murrell and Kelsey Murrell explain why you wish to have a plan for your hair because other well signifying people may let you know what would be good for you when it might be best for them while a different way may be personally finest for you. Both women also talk about all of the some foods to bear in mind for particular hair regrowth goals, multivitamins, and more. The journey begins! 5 stars ! Thanks Parents, Grandparents! While we are all different, it would have been great to see an example every week routine to try, and the reader could re-modify the routine as necessary for their own hair.,Very pleased you two put it in writing! I have very thick hair also but shirt. It's only been 3 weeks but my locks is sooooo gentle and my curls are displaying !! I previously wore my hair organic from the summertime 2003 when I was still in the navy until April 2012 (almost 3 years when i was honorably discharged from the navy)but that was when I got much more leisure time

and I legally produced money of at least 2 grand a month after taxes. Love them, this publication is very helpful! Great book! My hair has come to life! Love the book The tips are great in case you are into organic hair! It is so much easier to just go to the book rather of having to read through their videos to get certain info. It was everything I thought it would be. Amazing black women Amazing book. I love these girls Natural girl helpful Great tips. I could've purchased the web version Helpful Very helpful Four Stars great hair book



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