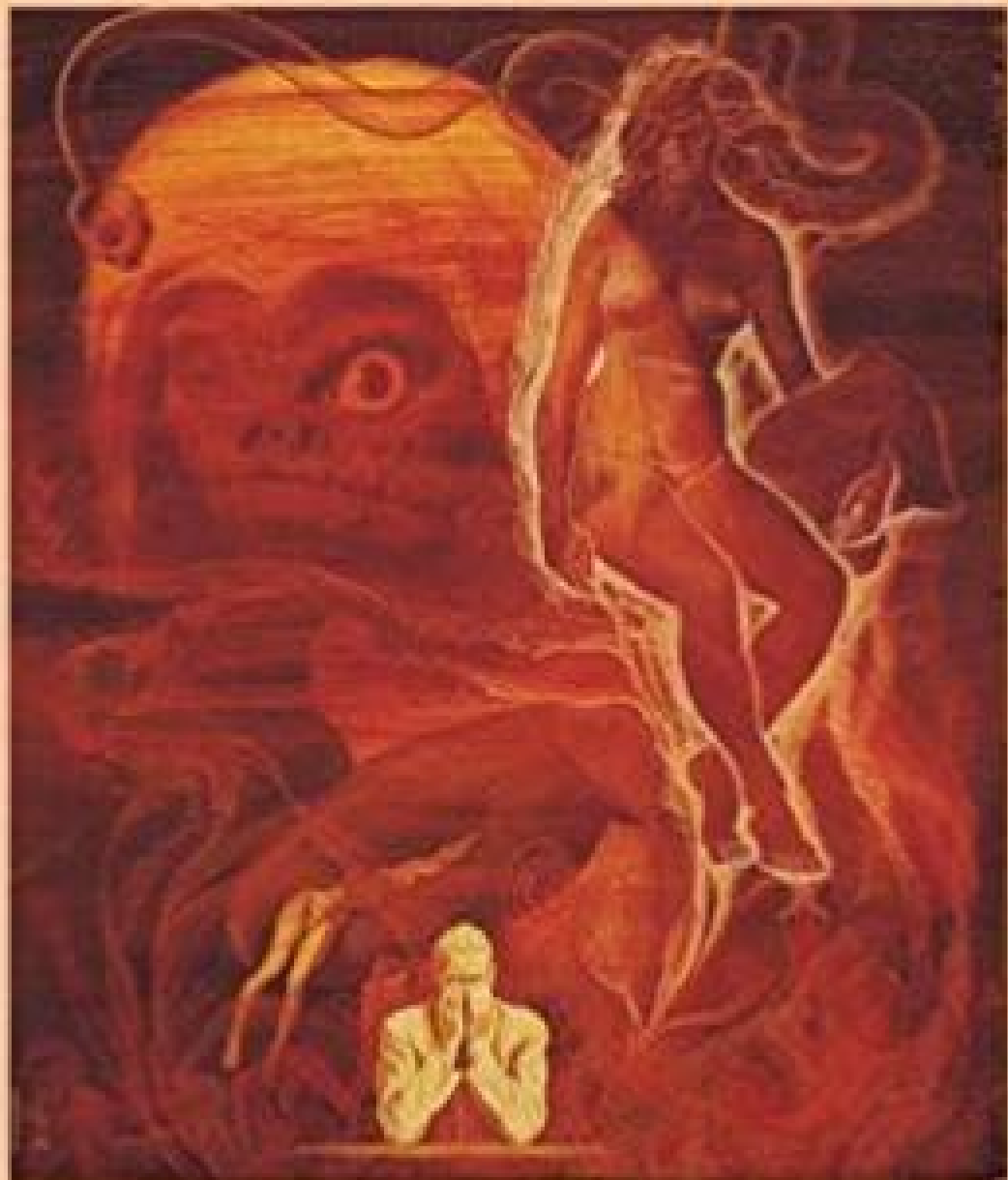


# *Encounters with the Soul*

ACTIVE IMAGINATION AS DEVELOPED BY C. G. JUNG



*Barbara Hannab*

Barbara Hannah

## Encounters with the Soul: Active Imagination as Developed by C.G. Jung



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Barbara Hannah, Jungian analyst and writer, explores Jung's approach to "energetic imagination," frequently considered the most powerful tool in analytical psychology for attaining direct connection with the unconscious and attaining better inner recognition. Her books available from Chiron include *The Archetypal Symbolism of Animals*; *Encounters with the Soul* may be the first and only publication I know of which can promote the knowledge of ' This process to confronting the unconscious is a healing up process that applies to both men and women and deals comprehensive with the harmed feminine along with many powerful archetypal forces.abundant with 1929 to review with Carl Jung and lived in Switzerland the rest of her life. by illustrating through different examples, the steps, pitfalls and successes of this approach to encountering the unconscious. and *Striving Toward Wholeness*.1986) was created in England. She went to Züactive imagination' A close associate of Jung until his loss of life, she was a practicing psychotherapist and lecturer at the C.G. Jung Institute. Using historical and contemporary case studies, Hannah traces the individual journey toward personal wholeness. *Encounters with the Soul*; *Jung, His Life and Work: A Biographical Memoir*; -Marie-Louise von FranzBarbara Hannah (1891–



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' Because, within each folks, we've an insatiable hunger for wanting to attain and discover our own unique wholeness. If you are searching at this text, you almost certainly know that Ms. Barbara Hannah, a student of Carl Jung's in the 1920's and an achieved practitioner of 'active creativity' as a Jungian analyst, shares several analysis case histories as vehicles for helping visitors understand the relevance and power of 'active creativity. As a non indigenous English speaker, I could easily grasp ms Hannah's idea and her writing is easy to read and easy to understand with enough but not excessive quotations from other jungian authors and Jung of course. Well, right here goes: This is simply not a "how exactly to do active imagination" book, but instead numerous case studies, so it will be greatest that the reader end up being somewhat familiar with Jungian psychology before taking on this work. Barbara Hannah's "Encounters with the Soul: Active Imagination as Produced by C. but an all-rounded records for cases modern men/ women as well as ancient examples. (She wrote her personal book of her active imagination conversations aswell.. Jung on Dynamic Imagination a nice book an extremely nice book; but displays active imagination technique just through dialogs with the inside personifications Four Stars Looking forward to scanning this - highly recommended by Jung scholars. Challenging read that is really worth the investment! It will be good to know that half the reserve deals with a single case of incest - the Case of Anna Marjula - a well-known concert pianist who started her work at Zurich in her 50's and continued into her 90's. G. Jung" is a very interesting & most worthwhile read! Some folks will admit to presenting both an outer existence of actually doing and becoming and in addition an inner lifestyle of imagination, a lot of us don't have sufficient languages or structures for integrating and reconciling our outer and internal worlds. Carl Jung acknowledged that "what we realize of ourselves isn't all that we are" and created a theory of "active creativity" as a means for seeing into more of the "all that people are" ... of integrating our outer and internal worlds. Why, one might justifiably question, would we want or have to know "all that people are? Jungian Case Studies Since you can find no reviews of the book as yet, I will offer you a few remarks, having simply finished reading Barbara Hannah's good publication. Hannah was a Jungian analyst who proved helpful directly with Jung and who wrote a particularly interesting biography of her teacher as well. Not really a beginners' book though. Frequently I caught myself insatiably consuming Hannah's shared ideas like sumptuous meals. An extremely recommended book for people which have been in Jung's world for some time. Though possibly a difficult read, definitely an extremely worthwhile investment! Amazing work by Hannah If you are new to jungian psychology or this will be the book to start with..) In case you are well-versed in Jungian psychology, you will discover her case and also others described right here to be exciting and insightful.. Hold it! Don't examine it because the first book. Do some groundwork before you proceed with this incredibly helpful book. This is not a guidebook or a cookbook; She hardly ever married but was highly imaginative, so was able to verbalize her internal visions that proved helpful toward a cure of sorts. I have posted a Desk of Contents as this will be extremely valuable. Frequently, I recognized where examples of Hannah's ideas were evident inside our daily lives ... and where we're able to use active creativity to get our wholeness and feel more life fulfillment.' Hannah's thorough style at times draws us into, on one hand feeling like we have been actually there witnessing her customer/analyst conversations and on the other hand we are there in her mind watching how she recognizes and integrates what could feel just like disparate parts of her client's dreams.



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