



THE ULTIMATE  
**SURVIVAL  
MEDICINE**  
GUIDE

**EMERGENCY PREPAREDNESS  
FOR ANY DISASTER**

**JOSEPH ALTON, MD**  
**AMY ALTON, ARNP**

*"The Ultimate Survival Medicine Guide belongs on the bookshelf of every prepper and survivalist."*

*—Jim Cobb, SurvivalWeekly.com, author of Prepper's Long-Term Survival Guide*

*Joseph Alton and*

**The Ultimate Survival Medicine Guide: Emergency  
Preparedness for ANY Disaster**



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THE BEST Survival Medicine Guide: Emergency Preparedness for any Disaster may be the new abridged version of the bestselling book The Survival Medication Handbook. This original medical book is intended to enable the average individual to take care of injuries and disease in situations where modern medical services and professionals aren't available. This book is written by America's top medical preparedness experts: Joe Alton, MD, and Amy Alton, ARNP. Their mission: to place a medically prepared person in every family members for when medical help isn't on the way. Using decades of medical knowledge, they address, in ordinary language, a large number of medical issues connected with surviving disasters and epidemics. The Altons also talk about the medical supplies needed to turn into a medical asset to your family and community in addition to alternative and natural approaches for when pharmaceuticals aren't available. Many medical books will send you to the physician or hospital when an emergency happens. THE BEST Survival Medicine Guideline assumes what could actually happen; With this unique book, you're that the average person could be left without medical assist in a disaster due to a disaster.



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A treasure trove of information I certainly haven't go through this book cover to cover, but I keep it around and read page or two once the mood strikes me. That's just how long a typical explanation for something takes. The few stuff I've read have already been very clear and understandable, and reflect in-depth knowledge by the author(s). I contracted tick-borne Lyme Disease a couple years back and was in ICU for two weeks, yet I learned even more about the transmission of this disease from a page or two in this reserve than I knew from all my prior reading and talking with doctors. The book covers a remarkably broad spectrum of health issues that are both every day life (ie: tooth problems) and outdoor/survival related (ie: toxic plants). Most medical survival books are oriented to stabilizing a person longer enough to get them to the hospital. It's also pretty well illustrated where an illustration is effective to understand the explanation. Not going to win any awards for artistic quality, but definitely useful.. Essential for every household I actually bit the bullet and purchased this book, finally. Similar to my very previous Boy Scout handbook . I actually can't imagine an improved book that's not something huge and expensive like the Mayo Clinic Health book. which I still maintain around.. This thing is normally compact and densely packed with good information. A must for well-rounded BOB or home emergency kit Good insights in some emergency planning and medical fundamentals. But what goes on in a SHTF situation that may be prolonged? This is the best way to make sure you possess that knowledge readily available. They write in a minimal key style while covering each subject matter clearly. Almost worthwhile for that alone Best I've read yet Best book up to now away of 4 I've purchased for SHTF medicine. I still wanted more "how to" but I guess that would place it at around 800 pages. Overall, an excellent primer on everything you may need with materials list and what things to expect. A doctor that gets it: the grid may go down for a long period. Then what do you do? This book could conserve lives. Because in the event of a crisis, this is very important. It is possible to jump right into anybody that interests you without reading lots of stuff that doesn't. When issues go south, remembering details from that trauma or survival class you took could be a little hard to surface area through the panic; This MD will a great job outlining actions you can take to prepare now, while society features, and also providing insights on what people can do to help make the best of a hard situation when healthcare care, and medicine, isn't available, and won't be for the foreseeable future. After reading this, I am going to need to order his even more comprehensive book as well. I have bought many copies for gifts. Not what I consider "greatest" rather than a medical "Bible". Head to feds and get medical surgery reserve, its this book on roids.. And after reading it, I'd possess paid 3x as much. This book is usually a FLOOD of info. I especially like the medication part and how to treat problems with their recommendations. Good basic training for paramedical

personnel.. This is an extremely good book from a health care provider who realizes that the grid may go down for a long period, not just for some days or even weeks. Anyways, in case you are on the fence concerning this book, get this one! I've thumbed through it and I probably will read it more comprehensive before I provide it to him. Covers medical issues that can arise throughout a disaster where zero medical help is coming or may take a long even though arrive. With everything heading on in the world today I think everyone must have this book in the home. A must have Easy read with a great breakdown of what-is and what-da-dos Full of information I really like this book. YUP - its good As a former SAR Medic, I came across this to be a fantastic review with several updated "hints and tips" that made this purchase worthwhile Basic Initial Aide, NOT Ultimate Guide Most is good sense and basic medical. Medical service outside hospital..! Good condition It's was a book LOTS of good information here!. Great and informative Great reserve for the price. Have no idea where you'd find these details elsewhere, therefore 'there's that'. Covers medical issues that can arise throughout a disaster where . In fact, I ordered this book mainly because something special for my son, who loves deep woods camping.. It explains any scenario you might come upon with great instruction. Five Stars An excellent resource book. Don't think I'm not really a doctor therefore i can't do this. Yes you can! I've 3 of their books and all are great. Interesting section on stockpiling meds.



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