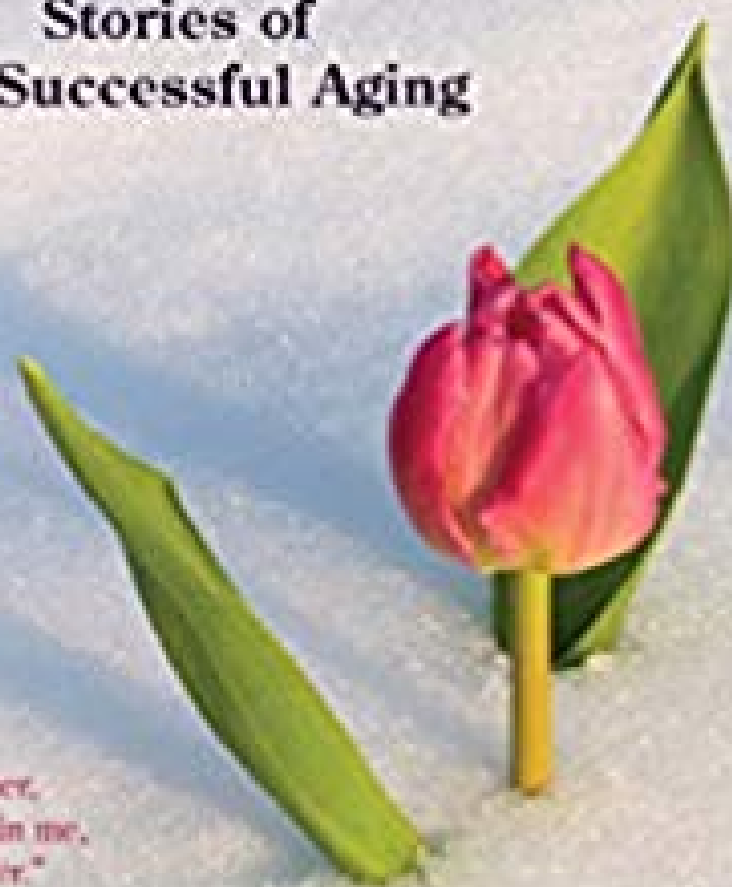


# Hallowed Ground

**Stories of  
Successful Aging**



*"In the midst of winter,  
I found there was, within me,  
an invincible summer."*

*— Camus*

**LARRY MINNIX**

Larry Minnix

## Hallowed Ground: Stories of Successful Aging



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When he retired in 2015, Leading-Age called its Leadership Academy after him. Minnix is normally a speaker on healthful ageing and consults with non-profits on governance and strategic planning. *Hallowed Ground* is a story collection of people who have a legacy of lessons to instruct all of us so we -- and our loved ones -- can live the very best of our last days. Author Larry Minnix spent his entire career in mental health insurance and aging treatment professions. In *Hallowed Floor: Stories of Successful Aging*, he presents prescriptive information and insightful anecdotes about maturing that everyone can use as we look toward the twilight years. Minnix is usually a United Methodist clergy. How do you or your loved ones navigate the near future and stay happy, active, and engaged in culture? About the writer Larry Minnix was CEO of Wesley Woods, a thorough senior corporation, and CEO of LeadingAge, a nationwide association of nonprofit providers. He was named a Top 50 Head by the Non-Profit Times, and Top 50 Influencer of Aging by Next Avenue. You can find almost fifty million Americans who are sixty-five years or older, according to the US Census Bureau. He's on the Table of Trustees of AG Rhodes and on the Board of Directors of Trinity Continuing Treatment. Drawing from personal encounter and more than four years in a profession in aging services, he covers the essential topics linked to aging such as intimacy, retirement, and senior communities, among others. He is wedded to Dr. Kathleen Wright Minnix, historian and writer. They reside in Avondale Estates, near Atlanta and have two sons and daughters-in-law and five grandchildren. Nevertheless, the reality of caring for your maturing parents or yourself is now increasingly complicated.



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Three reasons to read this book. I had the privilege of doing work for Larry Minnix for 15 years at LeadingAge. (2) what's truly "important"; Among the many morsels of wit and wisdom I learned from Larry were: (1) "the main thing may be the main point"; and (3) what is a "have to read". It is very readable due to the many stories about interesting people. Since we all have been aging, this topic is "the main issue"; The earlier chapters made me LOL on numerous occasions, the latter ones motivated me to take down notes! and therefore, this book is a "must read". funny and moving The author has a wonderful, folksy style but there's lots of wisdom and valuable advice mixed in. It'll speak to whoever has ever been confronted with the difficulties of aging, whether individually or with a member of family. There are a great number of laughs but also lots of tender moments -- blended in with some sage assistance for all those. A witty, warm go through with plenty of funny personal anecdotes - This is an engagingly written book because of the funny 'real history' vignettes which keep carefully the humor about growing older.and I am investing in a few knowing that : -)! Larry's advice, assistance and stories (which are often one in the same) are "important";. This reserve would make a great hostess gift (for family / good friend) on the holidays .. It was also educational, especially chapters 10-12 on life transitions and 13-14 if you are needing to evaluate a congregate establishing for yourself or others. Wise and funny book on aging "Hallowed Surface" is a wise, funny and insightful reserve on aging. It really is filled with funny and poignant anecdotes that will make you laugh and believe. Larry Minnix is definitely a world renowned expert in the field of aging and this book encapsulates what he learned all about growing old during a 40 year career in the field. I wish it turned out available a couple of years ago when I made a decision to move in with my parents. "Hallowed Ground" is all three! A Valuable Resource This book is full of important info for caregivers and the ones about to retire. I purchased a supplementary copy for a pal who is looking after her 90 year older mother, and I cannot recommend it highly more than enough.



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