

What Women 55+ Need to Know From Lipstick to Living Wills



by AskNelly.com

Faith Evans

What Women 55+ Need to Know: From Lipstick to Living Wills



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* Researched and compiled by older ladies, for older females, to help us all look better, feel much better, and get more out of life. Health. Money. * 200+ web pages with over 75 illustrated articles, shown in 4 sections: Looking Good. * Articles are filled with information visitors can trust--because we've carried out the necessary research and give your home is links for extra authoritative information. * Regular topics include: inside information on cosmetics, the monetary costs of late marriage, sex after menopause, and the best cruises for solo travelers. Lifestyle. * Take one minute to scan the TABLE OF CONTENTS, and you might think, "Surely got to have it!"



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What Women 55+ should read right now: Lively, well crafted and important. This book was extremely informative and readable while covering a wide variety of topics that are invaluable for women in the over 55 category. Topics such as life-life style guidance, medical and financial information, legalities affecting older ladies, etc. were shown (using many professional experts) in a lively, very clear and knowledgeable way. It is very helpful and information. The reserve provided many valuable references which were easily accessible.. It is the kind of reserve that I (and all readers I would think) would refer to many instances over. well organized publication filled with useful information in a wide range of topics for the . The book is actually written and well-organized. I could did without the chapters on house animals, but I'm sure other people will like them quite definitely. I recommend this publication. The design and tone of the writing was helpful, and friendly and, happily amusing yet constantly reliably professional and authoritative. With all that's in the news headlines about dietary supplements and health problems of older ladies, I was thrilled to find a book with concise and readable content articles on these topics.... Not really what I thought it would be. About one page on each subject-like a directory. Info is ok. Pleasant and informative reading. I really was surprised that this type of publication could cover so much and still be so readable.. It's a current, lively, informative and entertaining read about every topic under the sunlight that is vital that you us over 55ers. Required reading This book is filled up with useful information for the older woman. It provides validated most of the opinions that I've got about over the counter supplements and prescription drugs in general. Because of Faith and her Group for a valuable tool for all of us Boomers! Totally essential This is a clear, well-researched and informative - and totally essential - manual for navigating the second half of your life! This book is filled with useful information for older women This book is filled up with useful information for older women. I came across the chapters on exercise and financial matters especially informative. Marjorie Apel and Faith Evans have created a wonderful established of topics to see people like me -55+. I especially like the chapters titled Nourishment for Healthy Maturing and More Bad News About Diet plan Supplements. Great book to have. It's a current, lively, informative and entertaining go through . Offers older women ideas and resources to solution the questions and issues of women over 55 years, and carries a bonus bit of fun. I finally understand Medicare! full of a variety of resources and topics! When we were choosing programs for Maedicare and Supplemental choices, it made more sense to me than any of the other literature that we read. It is clearly written and well organized in an array of topics. What a good accomplishment by the authors to possess created such a valuable resource, available these days to conveniently and intelligently fill the info void for females of any age group. Anyone, necessary to make decisions every day on a wide spectrum of complicated subjects, will treasure this book. What a great find - What Women 55+ Have to know I REALLY LIKE this book!. Meh. This is a well written, well organized book filled up with useful information on an array of topics for the 55+ woman. Five Stars Whew! i live it! Thanks a lot, Ask Nelly!



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