

# Refire! Don't Retire

Make the Rest of Your Life  
the Best of Your Life

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## **Refire! Don't Retire: Make the Rest of Your Life the Best of Your Life**



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Refire!t Retire.t Retire asks readers the all-important query: as you look at the years ahead, what can you do to create them satisfying and meaningful? Ken Blanchard and Morton Shaevitz explain that some individuals see their old age as a time to endure instead of as a thrilling opportunity.rather than withdrawing and waiting for things to happen— Both research and good sense confirm that individuals who embrace these years with energy and gusto—consistently make the rest of their lives the best of their lives. In the trademark Ken Blanchard style, the authors tell the compelling tale of Larry and Janice Sparks, who learn how to see each day as a chance to enhance their associations, stimulate their minds, revitalize their bodies, and grow spiritually. Readers will find humor, practical details, and profound wisdom in Refire! Because they learn to most probably to new encounters, Larry and Janice rekindle enthusiasm in every area of their lives. Don’ Don’ On top of that, they will be influenced to make all the years ahead truly worth living.



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Just some suggestions on how to be more creative.... Mostly, how to put a bit more zest into their life, because they face the transition from full-time function to "retirement". It's fine if you just require a gentle nudge to truly get you relocating a different direction. The made-up example scenarios and dialog were also a little hokey for me personally - but they do provide to get the point across. But if you need a far more structured process, and some aids to introspection, this won't help you quite definitely. So, no tough questions in this book. Best for a gentle nudge in a fresh direction. If you prefer a structured procedure, or you will need to produce a radical switch, try "Life by Design" (by Tom Ferry). Which will prompt you to essentially think about what you should do, and why - and then will teach you how to get there. Good as far as it goes. This is a good present for him.. Includes: refire emotionally, intellectually, actually, spiritually and put everything together! This is so much just like a amount of others. It has some really good information, and can be considered a help for someone in a situation like this couple. But like so a great many other books of this genre, it does not talk with Joe Six-Pack. How exactly we define what "retirement" means is very important to society. Indeed, this book should not be in the "maturing" section, because the lessons here are vital that you anyone who sets goals, considers their future, and requires a pro-active method of their lives.) It's obviously written primarily for people my dad's age, BUT people AT ANY Age group will get a lot out of it. Workout and eat better. Consider classes or do new things to expand .. Workout and eat better. I was really excited to understand this reserve and thought it could provide true insight into this subject. It is okay, but nothing overwhelming or truly fresh. Essentially tells of a fictitious few who wants to change their lifestyle. You won't want to put it down.. Karen Briscoe, author and podcast sponsor "5 Minute Success" The concept of the book was good nevertheless I found the narrative a bit cheesy The concept of the book was good nevertheless I came across the narrative a bit cheesy. Hence the idea of the reserve: Refire emotionally, actually, intellectually, and spiritually. That's about any of it. And focus on enhancing your spiritual awareness. This is a extremely light, but eventually boring read to inform you this. I was disappointed. Growth is an eternity adventure - it ain't over till it's over! I thought it was conflicting to say how some retirees retire and their enjoyment is to eat after that in the first chapter to become social suggest to accomplish more spur of as soon as things and go out to consume and try fresh foods. After that by chapter three the main couple has gained weight and have to eat better and workout. The book is practical to do new items, keep it interesting, learn new things, stay included, stay active, eat well, be cultural. All this is good but it's really not really new information. Growth is an eternity adventure - it ain't over till it's over! Clear your plan because this is a great book you won't want to place down! This is an incredible book because it changes your perspective. Just like the book OUTLIERS by Malcom Gladwell that transformed the way we understand success and how some individuals rise up to now above his or her peers, REFIRE totally reframes the conversation about growing older. Most people don't operate not-for-profits, or possess their own business that allows them the blissful luxury of determining just how much they would like to work. Unfortunately, many of this demographic are struggling to determine if they'll have to state, "Welcome to Wal-Mart. It must be read by whoever has older family associates, that is virtually everyone on earth. Shaevitz and Blanchard have written an incredibly informative book that is immediately accessible and entertaining. I cannot recommend it enough. In a nut shell, it tells you to switch your thinking to be more spontaneous and try things you'll not normally do. Good Gift Bought this for my brother for his 60th birthday. He simply lost his work, and wanted some inspiration and path. He has Insert and doesn't generally read very much but he was within my home and enjoyed this book. It wasn't a long and strenuous go through. He read parts of it if you ask me. He finished it which speaks to its import. I believe it motivated him to consume better, think more about a spiritual path and become ready for adventures forward.. Worth reading at any age I bought this reserve for my retirement age father (on the net of course!) but then ended up reading 20 or 30 pages myself, and I decided to buy my own duplicate (on Kindle of course!" Eventually somebody must write for the huge sea of Boomers and Beyond who have a lot more limited options.

Motivating Book Extremely motivating book for anyone feeling trapped in same old same exact middle-age rut. I was stuck, and this reserve inspired me to start taking classes and say "yes" to new possibilities. nonetheless it still had some good ideas and suggestions overall Could have done with more hard details and less storytelling, nonetheless it still had the right ideas and suggestions overall. I was looking for more challenging ideas. I was simply searching for new ideas. Thought we would make every minute you will ever have joyful, thrilling, and energizing, regardless of one's age. Over the years I've browse numerous books in this category. Take courses or do new what to expand your life. Typical of the stereotype "guidance books" there always seems to be a solid religious overtone making me cringe and in this case distracted me from the real message of the reserve, which had the right rules to help guide you through this part of your life. This book is for those that end up in a rut and so are stuck for ideas on how to make a change. Refire! Great reserve! Delivered quickly! Five Stars great book to read, you'll see Not much substance Good story telling, however, not much substance. Not Challenging Enough We was excited to learn this book.



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