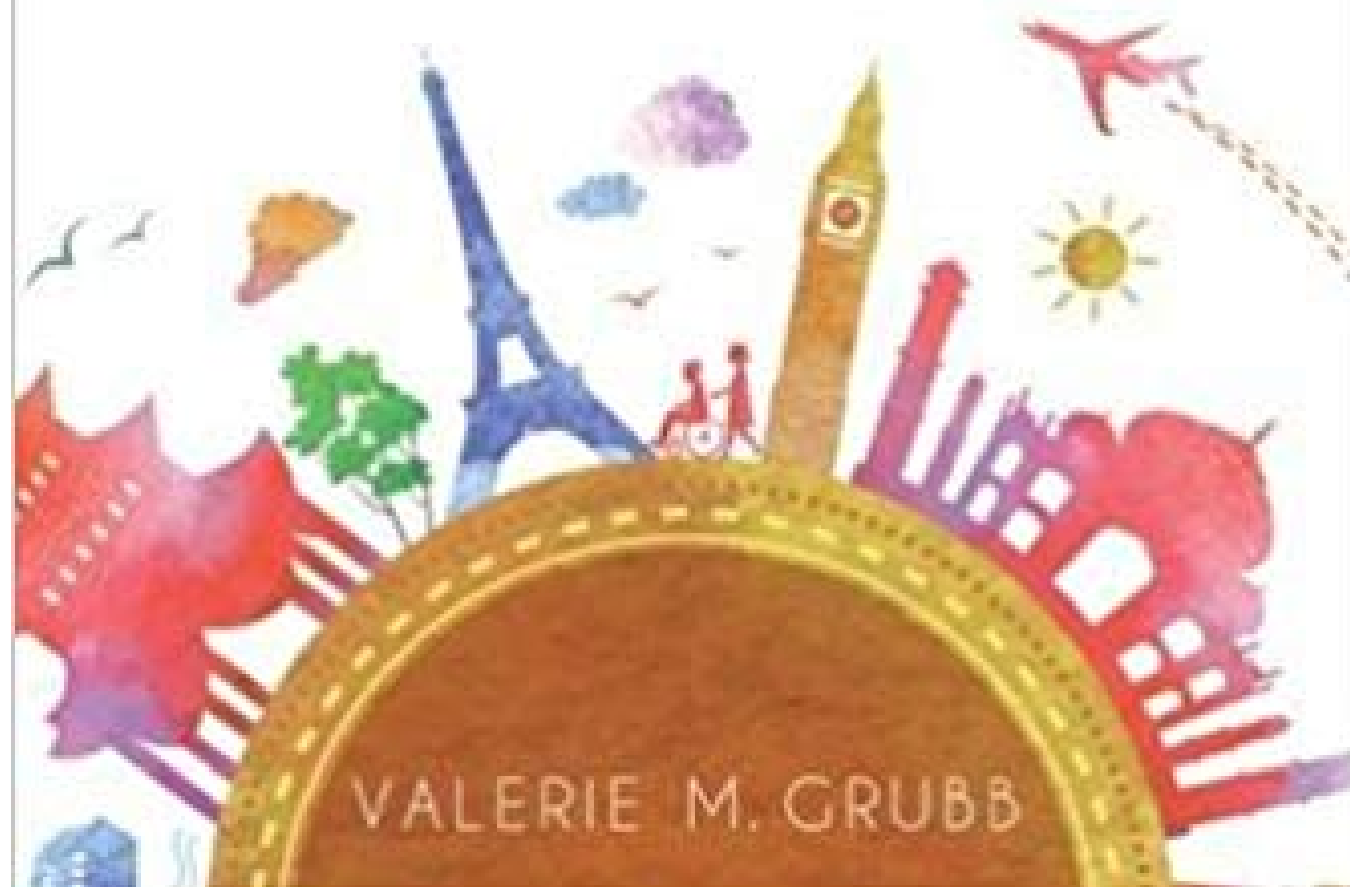


"... a delightful guide full of important information for those of us who want to enjoy the companionship of our best travel partners, our parents."
—Samantha Brown, television travel host and *ANP Travel Ambassador*

PLANES, CANES, AND AUTOMOBILES

CONNECTING WITH YOUR
AGING PARENTS THROUGH TRAVEL



Valerie M. Grubb

Planes, Canes, and Automobiles: Connecting with Your Aging Parents through Travel



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If the idea of vacationing with your parents enables you to cringe, fear no more! Her mom now required a wheelchair, for instance, and was afraid to travel alone (even on brief flights to meet her daughter for an extended trip collectively). Planes, Canes, and Automobiles may be the go-to instruction for adult children: it combines her wisdom from years of touring with her very own aging mother with practical guidelines, checklists, and sample itineraries to greatly help readers plan and revel in a vacation making use of their parents!) with her 84-year-old mother in the past twenty years. When planning a recent trip overseas, however, Grubb recognized that her mom's physical and mental features had suddenly changed. Help is here now! Grubb set out to find suggestions for handling these changes and after much study was struck by having less comprehensive information that reveal the nuances of globetrotting with maturing parents. Planes, Canes, and Automobiles: Connecting together with your Aging Parents through Travel is a gold mine of useful suggestions, funny anecdotes, and tales of triumphs and travails from Val Grubb, who offers traveled a lot more than 300,000 miles (and counting!



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. I received a copy of this book from Goodreads. I thoroughly enjoyed Planes, Cranes and Automobiles - what a great . Essential and enjoyable browse for all who love to travel if they are old, young or somewhere in between! I'm an organized person - having done professional organizing for a full time income - and I learned a lot more traveling guidelines from the webpages of the book! It's a great tool to use again and again when journeying anywhere. I found the info essential about any traveling problems, let alone touring with one's parents. I think this is essential read for most travelers old or young.. I am somewhere among the age range she defines so well. This is a must read! Since my parents are seniors this actually hit home for me and was so educational. But regardless of the humor, the writer did a great job of covering everything I possibly could think of and more about traveling with an elderly relative. I have been following Val and her mother on their travel adventures over the past year and I am so happy her book is finally available. Hat finder Good ideas but didn't learn a lot I hadn't discovered by frequent trips. Had some surprises at the smount and locations of travel for seniors since I am to the idea of looking at my last international travel. Appreciate your trip! I must say i liked this publication. adult children/caregivers. Enjoyable read! Does have good ideas, insights & reminders for vacationing, near & it addresses so many different things about traveling together with your parents, handicapped and even people with dementia. LoveLy book. She addresses everything you can think about from medical, psychological, and physical areas of travel that one can not think. The writing was readable and often funny. I don't travel much due to disabilities, nonetheless it had numerous recommendation to think about. Thanks Val! Her perspective in touring with varied ages and relationships is very insightful, with great particular tips and suggestions to keep it "real".. Val's humor and years of journeying certainly provide for a fun yet informative guideline to traveling with your parents. I also intend to pass this right down to my sons! This is an excellent read - an excellent resource if you are .This book covers EVERYTHING you will need for traveling tips and tricks! I got it last week and I've actually enjoyed learning even more about how I could travel with my parents as we tackle different aging obstacles (they don't really have to be obstacles). How to make plans before you can your destination and even after. Strongly suggested - you may be amazed at the amount of detail and the heart-experienced posting of Val and Dorothy's experiences. I'm 64 yrs . old and still execute a lot of travel by myself. Funny and information guide to vacationing with parents! Not merely is the content easy to read, it's very well-organized and set up therefore the reader can refer back again to particular sections via the exceptional index... I thoroughly enjoyed Planes, Cranes and Automobiles - just what a great browse! Valerie could combine so very much useful details with great humor. This publication is full of helpful hints which are great - and oh therefore relatable - for all those with aging parents. Highly recommend! All thoughts expressed are my own. But the story really began when her father passed away without going he'd always discussed. So she decided that wouldn't happen with her mother. Thus begins her encounters with vacationing with her elderly mother. There's advice on everything from packing, remaining healthy, easing back to regular life, and how to keep the relationship great while spending therefore much time together. You can find three appendix that include assets, packing lists, and itineraries. While not a memoir or story, the reserve is filled up with little tales and thoughts from the writer which make it fun and entertaining to read.. I'll make sure I keep a duplicate close so I can talk about this with my kids when I want them to come along and help facilitate all that will go along with a great trip. The guidelines and suggestions for preparing and pacing the travel with my requirements in mind as I get older give me very much comfort knowing that I could

continue my love of travel ideally for many years. I would definitely recommend this reserve if you love to visit and want to spend time together with your aging parents. We were truly impressed with the valuable vacationing information of this well-written book. Very informative. The author began her journey of travel as a kid. I really liked this book. I received this publication through a Goodreads give-away free of charge. Great book for traveling partners & Grubb does an excellent job using her experiences of journeying with her aged mother to help prepare those that may be headed for the same encounter. Ms. Having all of the resources in the trunk, together with the checklists, is usually awesome. One may also get some ideas using the publication when traveling with children with special requirements also. Getting ready to travel. Just what a great book. significantly, with my parents, who are energetic 90 year olds! She's so many suggestions about how to proceed before during and even after traveling. She offers you resources and lists of what never to forget. This is a fantastic read - a great resource if you are even considering traveling with older parents or friends. This book is often a good idea for just about any traveler. Therefore many hints. Loved it and I am putting it in my own library. Connecting with Your Maturing Parents through Travel is a great read. There is so much great info loaded. Val Grubb's enthusiasm and obvious love of travel is contagious and makes me want to get out on the street or in a plane again soon!. Planes, Canes, and Automobiles: Connecting with Your Ageing Parents through Travel is a good read. There is so much great information packed inside this reserve. All I can say is usually that the name says everything and that "Chris", "Sydney", "Sharron" and the rest of the GoodRead FIVE Star Evaluations hit it on the nail! I won this publication on GoodReads and normally I pay it forwards but I have to get my children to read this one. Thanks Valerie! One Star Too repetitive



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