

Updated
and
Expanded



OUTSMARTING AUTISM

Build Healthy Foundations for
Communication, Socialization,
and Behavior at All Ages

PATRICIA S. LEMER

"Outsmarting Autism is the most comprehensive book on autism available today.
Every family should read it." —**BETHANN KLEINHARDT, MD, PhD,**
medical director, Sophia Health Institute

Patricia S. Lemer

Outsmarting Autism, Updated and Expanded: Build Healthy Foundations for Communication, Socialization, and Behavior at All Ages



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This easy-to-understand, impeccably researched, user-friendly guide addresses autism identification and treatment from conception through adulthood. Probably the most comprehensive book on the market for the general public on managing, healing, and preventing Autism Spectrum Disorders (ASDs), now revised and updated with cutting-edge new information, *Outsmarting Autism* can be an easy-to-understand, impeccably researched, user-friendly guide for parents, therapists, educators, and interested consumers. Describing over 50 practical approaches with established efficacy, from improving public skills through play; focusing on interacting, communication, and learning;" Kids who develop autism possess known risk factors that accumulate and cause difficult behaviors. to boosting the immune system, Patricia Lemer's strategy is based on multi-factorial causes, or "Total Load Theory. dietary considerations; In this fresh edition, study on every subject matter has been updated. Every kid with autism is unique, which book helps know what therapies, in what purchase, are right for confirmed child. Identifying what is physically wrong, and locating the proper treatments, could possibly be the difference between management and healing. New topics such as for example cannabis, stem cells, and dentistry are actually included. This is a must-possess for parents and groups of children diagnosed with autism or Asperger syndrome, mental health insurance and medical practioners, therapists, counselors, school counselors, college teachers -- anyone who interacts with children or adults with autism or Asperger syndrome, in addition to for adults with autism or Asperger syndrome.



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