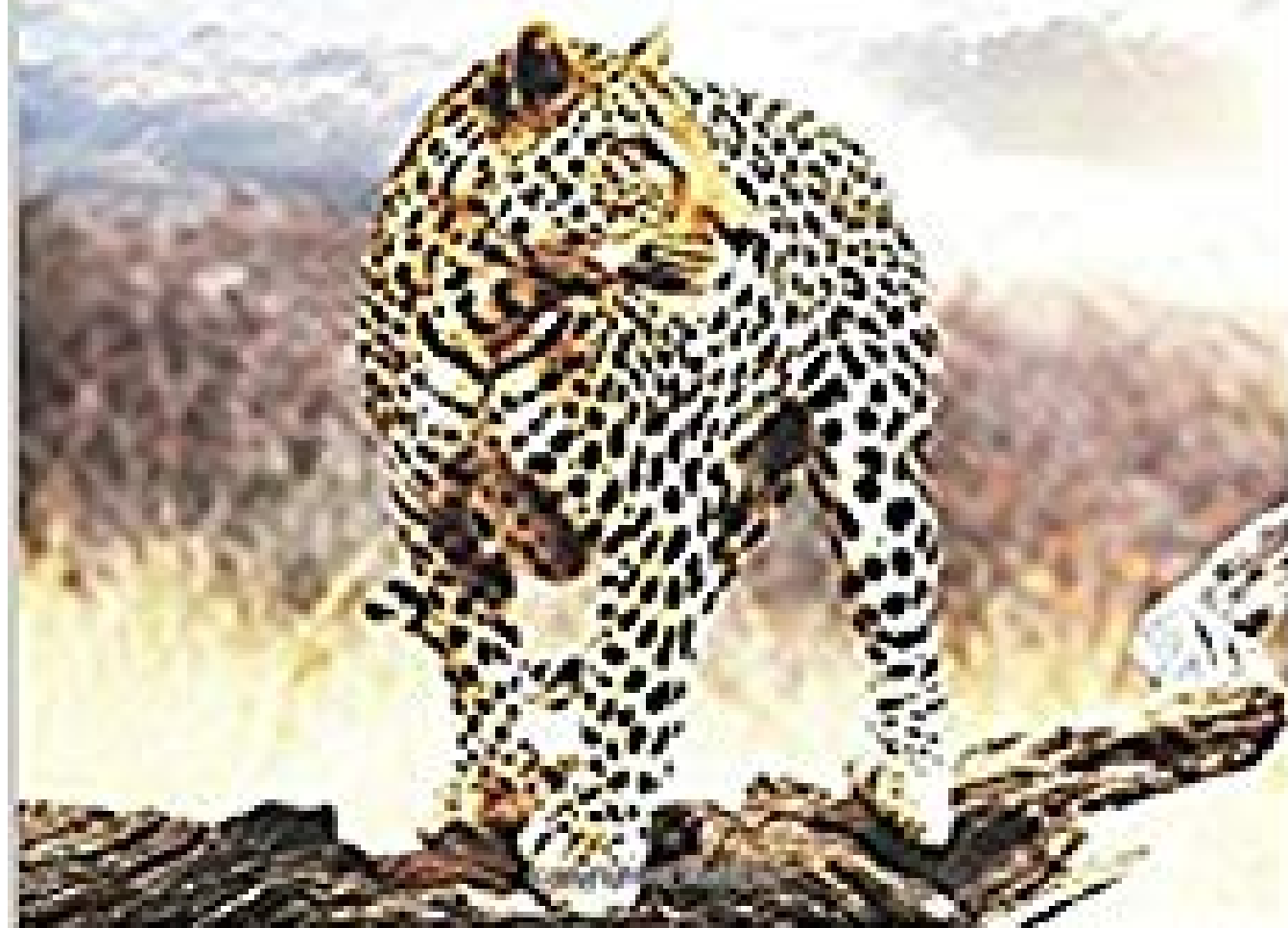


FOREWORD BY MALIDOMA SOMÉ

JOHN LOCKLEY LEOPARD WARRIOR

*A Journey into the African Teachings
of Ancestry, Instinct, and Dreams*



John Lockley and
Leopard Warrior: A Journey into the African Teachings of Ancestry,
Instinct, and Dreams



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A shaman is person who has learned to go between two worlds: our physical fact and the realm of spirits. A Teaching Memoir That Crosses the Barriers Between Worlds With Leopard Warrior, he brings us an inspiring call to action— As a medic drafted into the South African armed service in 1990, John Lockley had a powerful dream. His path required him from the hills of South Korea, where he qualified as students under Zen Grasp Su Bong, to the rural African landscape of the Eastern Cape and the globe of the sangoma mystic healers, where he discovered his teacher in the medicine woman called MaMngwevu. Even though I am a white man of Irish and English descent, I understood in my own bones that I had received my calling to become sangoma, a traditional South African shaman,” Here he invites you to find: “I felt blessed by the ancient spirit of Africa, and We knew that I had started in a journey filled with magic and danger.” “ In Leopard Warrior, John shares a gripping accounts of his encounters and the wisdom he learned over years of schooling. John writes. • Powerful insights into the spiritual tradition of the Xhosa lineage of South Africa—the tribe of Nelson Mandela and Desmond Tutu • a core idea for recognizing and embracing our deep interconnection with all living things • Ubuntu— Ancestor medicine—how exactly we can learn to honor the bloodstream in our veins, the heritage of our soul, and our shared humanity • Recovering our forgotten knowledge about the wisdom of our dreams, the spirits of vegetation and pets, and the energy of the unseen globe In traditional African healing circles, the leopard represents intuition, instinct, and harmony with nature and the spirit world.” A leopard warrior is a spiritual soldier who mirrors the natural world and directs their gaze inward to answer the call of their spirit. As John Lockley writes, “ For John Lockley, shamanic schooling also meant learning to cross the immense divide of competition and tradition in South Africa. displaying how we can easily bridge the barriers that divide us, embrace the gifts of the ancestors, and reclaim the rightful place as compassionate caretakers of the world.



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John was so eloquent and inspiring! This book is a rare find. I am a white African living estranged from my homeland. John has captured the essence and power of a historical tradition and conveys its power most exquisitely. Informative, Interesting and Inspirational In this beautifully written reserve, you will not only find out about the extraordinary and challenging street John Lockley traveled to become sangoma in the Xhosa tradition, but also, and perhaps most importantly, find out ways to forge a deeper reference to your ancestors, with your dreams and ultimately with your own heart. people like john, need to help their own demonstrates all humans can handle spiritual advancement. The book covers the entire spectrum of shamanic training and the "calling sickness" recognized to many in the traditions of South Africa. One can also find out about this quality in Credo Mutwa's excellent book as well but John gives a compelling accounts of his personal shamanic disease and the instructor who brought him from it and into his destiny as a bridge between cultures. It documents his personal troubles to abridge cultures and discover acceptance in the African Communities touched by Apartheid and bigotry.. Some of this I owe to John Lockley and what he teaches in this book about ancestry, intuition, and dreams. Simply beautiful. This is a uncommon find. I examine it through in three times. Just as an aside, I visited John's web site to discover he was offering a work shop in Santa Fe, but he was entirely booked so I was unable to to possess a healing or reading. Nevertheless, this is a powerful publication. I believe it can transform your daily life if you embody its message. I am full of gratitude for John and MaMngwevu's courage in linking us back to our dreams and our ancestors. Only a wonderful and beautiful book. Courage to Cross the Cultural Divide This is a robust and important book. It's a sensitive however courageous tale of a white guy in apartheid South Africa who knows what he should do but is definitely blocked by cultural forces far larger than himself. As apartheid ends he finds his teacher, an older black medicine girl who offers dreamt of his coming. Despite oppositions from blacks and whites alike John Lockley and MaMngwevu press forward with his Sangoma teaching acknowledging the power of the spiritual contact. John's initiation in to the Xhosa medicine method had not been cultural appropriation. It had been a genuine spiritual call and it has already served many. I highly recommend this reserve for the times we have been in, depicting a humble understanding of dreams, plant life and connecting with our ancestors or adopted ancestors. If medicine power will come alive from words on a page, that is it! After reading John's book Personally i think relieved of the inner pain and turmoil I've carried since leaving Africa. Highly recommend. It can make you access your very own humanity at deeper amounts.. The books speaks to and reconnects its visitors with their ancestors and the significance of this attribute for all those disconnected from the aliveness of lifestyle. In doing so, you will be able to more fully embody the unique "medicine" you are designed to bring to the world, to discover your intrinsic 'Ubuntu' (humanity). It's actually interesting to hear about shamanism and curing through the perspective of the South African tradition.. And he includes particular practices to greatly help us all connect more deeply with our true selves, our community, nature and our very own health.. Thank you! What a good reserve! This real-life story is definitely both inspirational and useful for folks of all cultures wanting to connect to their hearts and live an awakened life. John Lockley shares his intense spiritual journey of becoming a normal African healer (as a white man from South Africa). This real-life tale can be both inspirational and .. Aside from the ancestors, the writer includes a deep and profound training in plant spirit medicine and herbal remedies. people like john, have to help their personal, because they are the ones in dire need of true spirituality. A wonderful book!! Very powerful read. I still use his heartbeat meditation over tea every night. I have been in a

position to make peace with older family pains, and do feel linked to my ancestors now.

Inspirational This is an inspirational journal through the obstacle courses of racism and cultural differences. Life changing! This book and audio... is highly recommended for anyone who longs for connecting with their own internal wilderness. was sticky beyond repair and covering it was the only way to keep it working today and in the foreseeable future. John's story and teachings are now embedded in my heart and soul and I now have access to part of my own self that I had dropped touch with... a long time ago... It's like a part of myself has come home. This publication and every one of the audio teachings as well. This book was great!. have a particular magic that should you open you to ultimately, can truly transform your life. This phenomenal book shares John's very personal story of transformation and ... This amazing book shares John's very personal story of transformation and his wonderful teachings in a manner that effortlessly reflects by myself journey as it offers a path to progress with grace. It teaches me how exactly to honor my ancestors, listen to my heart and watch my dreams. But he's coming through a lot more than I imagined possible.. He tells how he can to be accepted and loved with the aid of his visionary teacher who followed her personal manuals in teaching a white guy to enter the sangoma traditions while displaying how bigotry could work from two different cultures. This is a deeply human and aware publication. This ancestral wisdom is truly needed inside our difficult times!. We had tears in my eye after finishing this book. What a beautiful journey John takes us through. I feel as if I've get back. I recommend this book In this day of Neo-Shamanisms proliferation, 'Leopard Warrior' stands alone as a testament to one (white) man's courage to be completely whole and authentic, amidst the racially charged atmosphere of South Africa, his home property. John Lockley's journey to become a senior Sangoma can be a remarkable story into discovering self, using perhaps Humanity's oldest healing arts. In healing Self, remembering our dreams, connecting with Character and our ancestors, we have been better able to embrace our shared humanity and the wisdom in these web pages with our families, close friends and communities. Perfectly worth the examine. I highly recommend this publication. John Lockley's journey is normally a testament to humanity's inner beauty when permitted to blossom. In particular, more than his story, but a story from that portion of the globe where those folks in america don't often get to experience. This is the true transformational gift of John's story which book - it is a spiritual road map back home to yourself, even while enticing you to dance and play with the mystery also to experience the magical pulse of music and poetry in the organic world and your own heartbeat.. A wonderful book! and moreso (specifically in today's world) through the eyes of Apartheid. The publication goes into depth about how to heal, and where we easily fit into this globe. I am so swept with this understanding and ability WE ALL HAVE TO SPEAK WITH AND HEAR FROM THOSE WE LOVE WHO HAVE ALREADY PASSED OVER, that I am covering my robotic massage chair with leopard printing (the 2001 chair leather? I recommend it extremely! John gracefully paints a picture of the effects of Apartheid in South Africa and how his "contacting sickness" led him to the Xhosa custom initiating him on his path as a Sangoma. David Instinctual True Nature The magic and mystery infused in the book Leopard Warrior weaves a tale that feeds the spirit and heart on a cellular level. Leopard Warrior speaks to the courage and understanding it takes to get ones true character, by allowing endurance and stillness to rebirth the soul into being. His courage and dedication are healing balm for fractured peoples. A profound reserve. A dear and trusted friend took me, with resistance on my component, to a workshop that the author of the book led. I purchased the reserve from him that afternoon. Every single time I opened it and go through a full page or two (or more) I experienced a deep dream about my father who had

passed a few months prior. I've been feeling that the next book I write has to be about my conversation with my dead brother. Right before my dad died he said, "You and I'll have plenty of communication in the great right here and beyond." He previously poo-pood my communicating with my lifeless brother for 24.5 years. I suggest you get a copy today. This is a deeply powerful and wise book that provides one insight on how to awaken and talk to the ancestors. It's a great complement to anyone's library that really wants to learn more about the world and our place in it. Something I truthfully forgot I actually had.) I believe in John Lockley's gift, and in this book. Buy it, you will not regret it. Beautiful and powerful read This book is quite moving and I recommend it to everyone on the spiritual pathway. Wonderful, deep, and really unique I've had the enjoyment of conference John, the author, and it's really with that connection that I found the publication to be really great. His choices to continually be a conduit for love and a bridge between are inspiring. Leopard Power is Everywhere, UTILIZE IT! I definitely feel more rooted than ever!



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