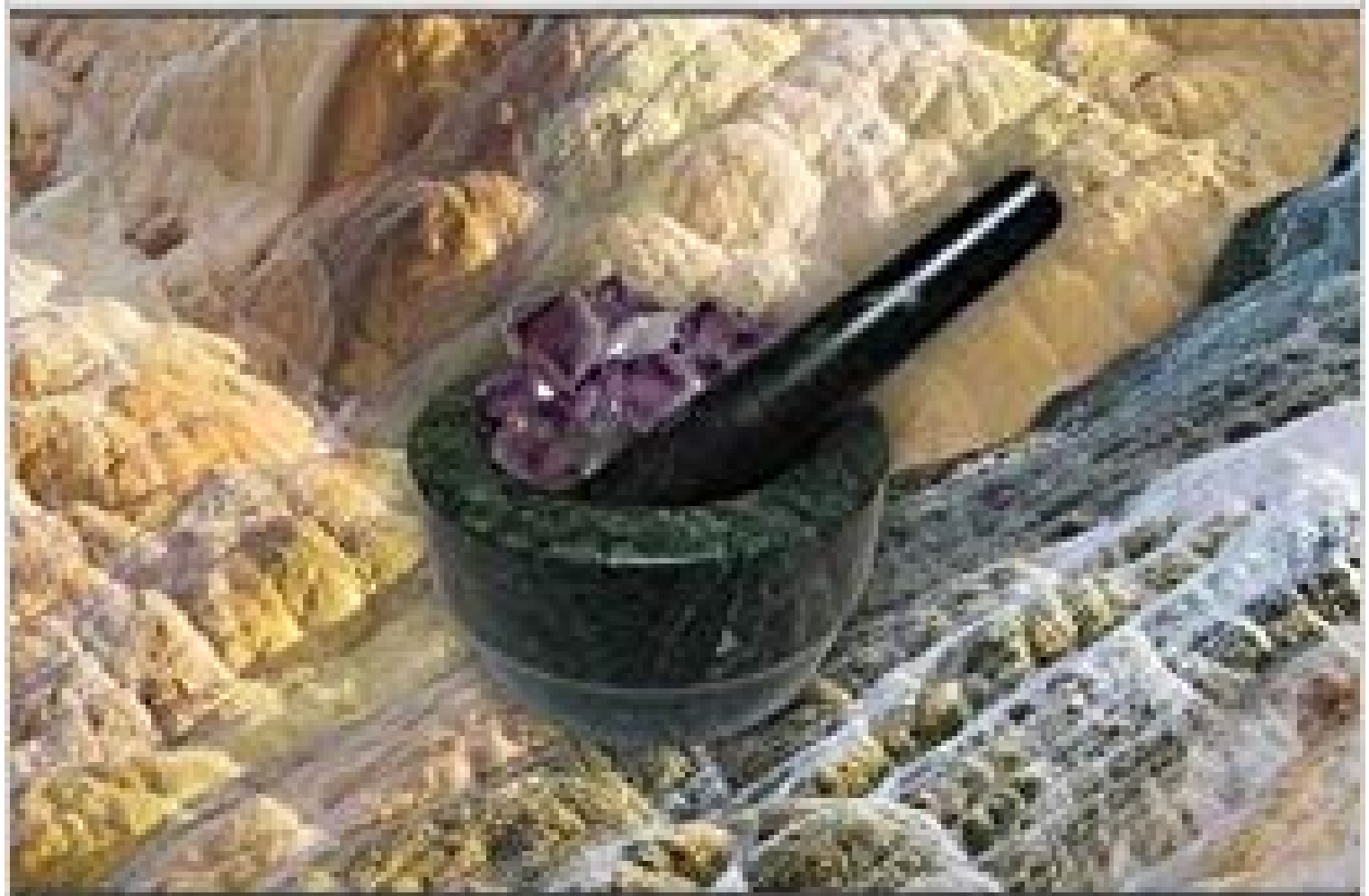


STONE MEDICINE

A CHINESE MEDICAL GUIDE TO
HEALING WITH GEMS AND MINERALS



LESLIE J. FRANKS

Leslie J. Franks

Stone Medicine: A Chinese Medical Guide to Healing with Gems and Minerals



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and by clearing Wind, Cold, Damp, and Heat conditions that can lead to disease. She discusses steps to make rock and crystal elixirs for inner and topical use, how exactly to charge quartz with the healing properties of various other stones, how exactly to cleanse and recharge a stone after use, and how to combine stones to create healing formulas for individual conditions. Explores the function played by the color of each rock, its Yin and Yang qualities, crystalline structure, chemical composition, and topical and inner applications•Detailing the therapeutic properties of 200 gems, stones, minerals, and crystals, Franks starts with an extensive look at 15 different types of quartz, followed by chapters on transformative stones, protective stones, nourishing stones, source energy stones, and alchemical stones. Yuen, a Taoist priest from the ancient lineage of the Jade Purity College (88th era) mastersIn addition to herbalism and acupuncture, Chinese Medicine has a rich custom of using stones as medicine, passed from era to generation for a large number of years. Jeffrey C. Based on the oral teachings of Dr. In this comprehensive guide and intensive Materia Medica, Leslie J. Franks presents the Stone Medication teachings of Dr. Jeffrey C. Yuen, an 88th era Taoist priest from the historic lineage of the Jade Purity College, which dates to the Han dynasty, 206 BCE. Explains how to make rock and crystal elixirs, use stones as healing jewelry, use them in therapeutic massage and energy work, and cleanse and recharge them• She clarifies the physical, emotional, and spiritual circumstances each rock can treat and how their color, type, hardness, and energetic qualities affect us relating to Chinese Medication. Includes an extensive Materia Medica detailing the recovery and spiritual properties of 200 crystals and stones predicated on Classical Chinese Medicine• She explains different techniques of wearing stones as curing jewelry and how to use them in massage and energy function. She examines the chemistry and sacred geometry of crystal structure, revealing how the minerals within the stones influence our physiology by supporting our Jing (Essence); by nourishing Qi (energy), blood, and liquids;A comprehensive manual for using crystals, gems, and stones to handle physical, emotional, and spiritual wellness conditions• Including a thorough primer on Traditional Chinese Medication and backed by modern scientific research, this book explains how stones gain access to our deepest layers, vibrating extremely gradually, to initiate deep lasting change.



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