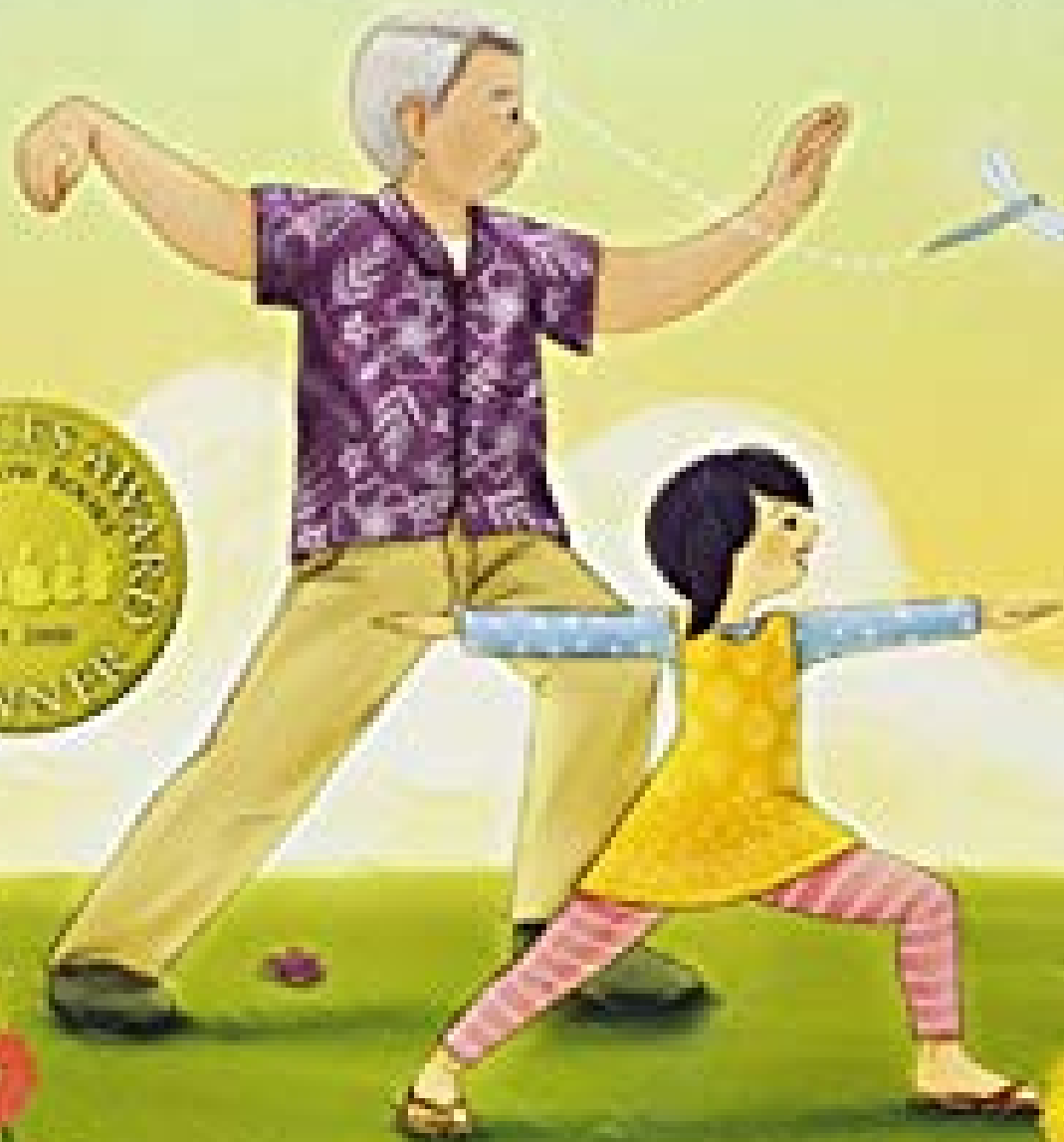


# A Morning with Grandpa



Sylvia Liu • illustrations by Christina Forshay

Sylvia Liu

## A Morning with Grandpa



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Mei Mei's grandpa is practicing tai chi in the backyard, and Mei Mei is wanting to interact. As Gong Gong attempts to teach her the sluggish, graceful motions, Mei Mei enthusiastically does them with her own flair. Will Gong Gong be able to grasp the stretchy, bendy poses? Then Mei Mei requires a turn, trying to teach Gong Gong the yoga she learned in college. Readers of all ages will want to try some tai chi and yoga exercise too! Champion of the LEE & LOW New Voices Award, this title celebrates, with lively spirit and humor, the special bond between grandparent and grandchild and the joy of learning new points together.



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Endearing diversity Sylvia Liu has written a wonderful story about a special romantic relationship between a little girl (Mei Mei, which means "little sister" in Chinese, Mandarin dialect) and her grandfather (Gong Gong, this means "maternal grandfather"). The love and trust they talk about are wonderfully conveyed with humor. They also share their different cultural knowledge and achieve a nice balance of both in the end, surpassing generational difficulties. Christina Forshay's pretty and whimsical illustrations perfectly complement the tale. I recommend this book for all those searching for picture books for #WNDB (WE ARE IN NEED OF Diverse Books) or just a joyous familial story in general. A fabulous read!!! I can't wait to talk about it with my granddaughter.. Reading this with your kids will help you both find out just a little tae chi and yoga as well! Sylvia Liu incorporates very specific tai chi movements, like Pick up the Needle from the Sea Bottom and Play the Lute, and will be offering suggestions on how exactly to breathe correctly to go the energy around appropriately. And the soft humor will be appreciated by everyone who hears the story.. As a teacher, I search for books with diverse characters and a general theme. the expressions on Mei Mei face are wonderful! Your investment coffee, there's no better way to start your entire day with A Morning hours with Grandpa. As a mother or father and grandparent, I really like books that showcase a multigenerational interaction...and my grandson, who usually won't read books which are about girls, is a karate college student, so I know he will want to listen to about another style, tai chi. I highly recommend this book! My daughter is doing yoga in school, so she was acquainted with some of the poses Mei Mei taught her grandpa, making it all the more relatable on her behalf.!! Vivian Kirkfield Author of Sweet Dreams, Sarah Large Praises For a Morning with Grandpa Mei Mei and her grandfather practice Tai Chi in the backyard and as Gong Gong (Mandarin for grandfather) tries to instruct her the graceful motions, Mei Mei does them in her very own childlike method. When Mei Mei then decides to teach Gong Gong Yoga exercises, the stretchy, bendy poses possess grandpa in a twist - and hilarity ensues. Sylvia Liu may be the winner of Lee & He's affected person with her as she actually is learning tai chi, and she actually is eager to teach him yoga exercise, which he enthusiastically tries. First of all, there is the loving relationship shared between Mei Mei and her Gong Gong. A gentle lesson of love Sylvia Liu's publication, A Morning with Grandpa, is a reserve to cherish for so multiple reasons. A Morning With Grandpa is an ideal Picture Book for Morning, Noon or Night! I loved how a bridge was constructed between your practice of the grandpa (tai chi) and that of the little girl Mei Mei (yoga exercises). Beautifully written and illustrated Many readers of different generations will discover themselves in the story of A MORNING WITH GRANDPA, where Gong Gong, the grandfather, and Mei Mei, the granddaughter, teach each other about the things they love (tai chi and yoga). It's beautifully created and illustrated! A Morning with Grandpa is also very educational. Liu also mentions well-known yoga poses like the Mermaid and Tree.. Filled with lively language and beautiful metaphors, this book shows an authentic relationship between child and grandparent. I loved this book so much that I produced a short little video about any of it within my Children's Book Academy blog Mondays with Mira. Simply wonderful! The essence - purchase this book and read it to children! (and yourself) I really like this book! I've practiced taiji for over 20 years and studied yoga philosophy for an identical time - this publication is so fresh and honest - the author and illustrator just work magic in this short book. Wonderful! Great intergenerational book! A Morning With Grandpa is an excellent children's picture publication that beautifully information the relationship between a girl, Mei-Mei, and her grandfather, Gong-Gong as they take a moment to exercise in the morning and teach each other Tai-Chi and Yoga. As a reader, I love books that are well written and beautifully illustrated. Great interactive experience each

time we read this one My boy and I enjoy reading this 1! After reading the reserve together, my children and I also copied the movements and learned some basic tai chi and yoga exercise. Mei Mei shares with her Gong Gong some yoga exercise poses that she has learned in college, and he will his best to copy her. Included in the back again matter is details for both Yoga exercise and Tai Chi. Once we find them interacting playfully, we learn about two great self-care practices: Tai Chi and Yoga exercise. I love the sweet bond between enthusiastic Mei Mei and her grandfather, Gong Gong - his expression by itself expresses such kindness and gentleness. I, for one, would love colleges to teach these practices every day and am wishing this book find yourself in lots of classrooms! A Lee and Low New Voices Award Champion, this book belongs on every child's bookshelf. Lovely book I browse A MORNING WITH GRANDPA to my kindergartener last night. Highly recommend! Each one teaches the other. The descriptions are lovely and reflect the quiet precision of the grandpa, the motion of the girl, and their shared success and bobbles.! The book celebrates romantic relationships with grandparents and the joy to be physically active together. The book celebrates associations with grandparents and the joy to be physically active together. Sylvia expertly uses similes and metaphors in a child friendly way, introducing emergent readers to the richness of language. Not merely is the book an excellent read aloud for small children, it is also a great introduction for just about any age child in to the great things about tai chi and yoga exercise. A beautiful picture book to talk about with a child. Tai chi and yoga exercises with Gong Gong! Summary: One morning hours Mei Mei notices her grandfather dance outside in the garden, and he tells her that he is practicing tai chi, a Chinese style. He invites her to join him and teaches her some of the actions, which she imitates, with her own private flair. It's an interactive experience each time at we read this at the house. A Morning with Grandpa includes a few elements to make this such an excellent book for young children. Coupled with Christina Forshay's amazing artwork, together they have made a masterpiece, A Morning with Grandpa celebrates the special relationship between grandparent and grandchild and the joy of learning new issues together. Low's New Voices Award. Both are only encouraging with one another. A Morning With Grandpa is an excellent children's picture reserve that beautifully information the relationship between . A Morning with Grandpa certainly hits a home run in every of these ways!. A Morning with Grandpa is such a sweet story of a grandfather and granddaughter who teach each . They both are unsure about performing the exercises, but grow to enjoy doing them with one another.. A Morning with Grandpa is such a nice story of a grandfather and granddaughter who train each other how exactly to exercise. The grandfather, or "Gong Gong," teaches Mei Mei his granddaughter tai chi. Mei Mei, in turn, teaches her gong gong how to do yoga.. My children and I love that it teaches tradition, family bonding, and actual tai chi and yoga exercise techniques. He loves to try the tai chi and yoga exercise poses described in the story, as we read. It is such a great, interactive, tale that also teaches about the Chinese lifestyle. Particular bond between grandfather and granddaughter A MORNING WITH GRANDPA expresses the special bond a little gal has with her grandfather as he attempts to instruct her tai chi and she tries to teach him yoga. The book is also an excellent first introduction to tai chi and yoga exercises for children.



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