

James Kavanagh and

Wilderness Survival, 2nd Edition: A Folding Pocket Guide on How to Stay Alive in the Wilderness (Pocket Naturalist)



Included is essential information on basic medical, including up-to-date measures for carrying out CPR.Wilderness Survival, 2nd Edition, is your survival tool for staying alive in case you are ever lost or immobilized in the wilderness. Made in the USA. Portable and light-weight, this valuable pocket guide can be an important source of information for outdoor experts and recreationists, and anyone energetic in a wilderness establishing. This information also provides information on creating a shelter, signaling for help, foraging for food and water?including recognizing edible plants?making a fire, staying away from outdoor hazards like animal encounters and dangerous climate, and navigating through the wilderness.



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Not very Useful To much in what to do and not enough on the subject of how to do it.



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